Analysis of the value implication and path of integrating fine family style into the teaching of "Philosophy and Culture" in high school

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Abstract: In the high school education system, the course "Philosophy and Culture" carries the important mission of cultivating students' correct world view, outlook on life and values. Integrating fine family style into it can not only enrich the teaching content, but also inject profound cultural heritage into the ideological growth of students. Through literature research and analysis of teaching practice, this paper deeply discusses the path of integrating good family style into the teaching of Philosophy and Culture in high school, starting from the importance of fine family style and the existing problems, and expounds how to integrate family style stories into classroom explanation with the help of new teaching methods. The teachers should explore the use of hands-on activities to deepen students' understanding of philosophical and cultural knowledge through experience; the school also should improve the comprehensive literacy of teachers, imperceptibly influence students and other practical paths, and integrate fine family style into the teaching of high school "Philosophy and Culture". The purpose of this paper is to explore a practical teaching path, improve the quality of curriculum teaching, promote the all-round development of students, and realize the organic integration of traditional cultural inheritance and education and teaching.

1. Introduction

Family style, "refers to a family's relatively stable way of life, style of life, traditional habits, moral norms, as well as the way of dealing with people and things, the way of dealing with people, etc., and its core content refers to the tradition of a family's ideology." [1] Philosophy and Culture is an important part of the high school ideological and political curriculum, which plays an important role in cultivating students' world view, outlook on life and values. The fine family style is an important carrier of excellent traditional Chinese culture, which contains rich moral concepts, value orientations and behavioral norms. Teachers of high school ideological and political courses can integrate good family style into the teaching of high school "Philosophy and Culture", which can enable students to take the initiative to inherit and carry forward the traditional virtues of the Chinese nation and enhance cultural self-confidence while learning philosophy and cultural

knowledge, and it is also an effective way to implement the practical requirements of moral cultivation in high school ideological and political courses and improve the teaching quality of ideological and political courses.

2. The value implication of fine family style integrated into the teaching of "Philosophy and Culture" in high school

2.1 The fine family style traces back to the historical connotation of traditional Chinese culture and has inheritance

The fine family style is deeply rooted in the deep soil of traditional Chinese culture, traces its historical connotation, and inheritance is its distinctive feature. From the perspective of cultural inheritance, this is a powerful continuation of traditional Chinese culture. High school is a critical period for the formation of students' cultural cognition, and the course "Philosophy and Culture" provides a platform for students to get in touch with and understand traditional culture. As a living carrier of traditional culture, good family style carries the wisdom, values and moral code of the ancestors, and the integration of teaching can make students intuitively feel the charm and vitality of traditional culture, avoid traditional culture being forgotten in the development of the times, and let cultural genes be inherited among the younger generation. At the level of value shaping, its value is immeasurable. High school students are in an important stage of value formation, and the course "Philosophy and Culture" aims to help students establish a correct world view, outlook on life and values. The traditional virtues of respecting the elderly, caring for the young, honesty and trustworthiness, diligence and kindness contained in the fine family style are highly consistent with the educational goals of the curriculum. By integrating these values into teaching, these values are no longer abstract theories, but through vivid family stories and examples of family inheritance, they go deep into the hearts of students, guide them to practice in their daily lives, and shape good moral character and behavioral norms. From the perspective of cultivating philosophical thinking, the integration of fine family style into teaching can help improve students' thinking ability. The formation and development of family style contains rich philosophical principles, such as the dialectical unity in family relations, the development and connection in the inheritance of family style, etc. The introduction of family style cases in the teaching of "Philosophy and Culture" can help students better understand abstract philosophical concepts, learn to use philosophical thinking to analyze life phenomena, improve their dialectical thinking and logical thinking skills, promote students' all-round development, and lay a solid ideological foundation for their future life path.

2.2 Fine family style meets the basic requirements of the goal of cultivating people with virtue and has the ability to educate people

Ideological and political education is an educational and practical activity that cultivates and shapes the ideological and moral qualities of certain new people in society. [2] Cultivating people with virtue is the fundamental task of education, and high school is a critical period for students' growth and development, and education is very important. The fine family style is highly in line with the basic requirements of the goal of cultivating people with virtue, and has significant educational properties, and it can be integrated into the teaching of "Philosophy and Culture" in high school, which can open up a new path for the education work and create multiple values.

In terms of moral formation, the course "Philosophy and Culture" is an important position of moral education in high school, and there are rich moral norms in the fine family style, such as loyalty and family heirloom, good neighborliness and friendship, honesty and self-discipline, etc., which are vivid teaching materials for cultivating students' good moral character. Integrating good

family style into teaching can enable students to be influenced by traditional virtues while learning philosophical and cultural knowledge, establish correct moral cognition from the ideological perspective, guide them to practice moral principles in behavior, promote the cultivation of students' moral character, and help them become people with noble character and a sense of social responsibility. In terms of value guidance, a good family style contains the deep understanding and pursuit of the value of life by the ancestors, such as attaching importance to knowledge learning and emphasizing the contribution of personal struggle to the family and society. After being integrated into the course teaching, it can echo with the theoretical knowledge of values in the course "Philosophy and Culture", help students know the abstract value theory, guide students to establish a correct life value orientation, clarify the close connection between personal development and the country and society, and encourage students to work hard to realize the unity of personal value and social value, and grow into a new person of the era who takes on the great task of national rejuvenation.

2.3 The fine family style is in line with the teaching content of the ideological and political course in high school and has practical effect

The high school ideological and political course bears the important task of cultivating students' correct ideological concepts and political literacy, and the fine family style is highly consistent with the teaching content of the high school ideological and political course, and has significant effectiveness.

The course "Philosophy and Culture" contains rich content such as the basic principles of philosophy and the context of cultural development. As a carrier of cultural inheritance and family values, fine family style provides vivid and vivid cases for these knowledge. For example, when explaining cultural inheritance and innovation, taking the unique skills and family style stories passed down from generation to generation as an example can help students understand the profound connotation of cultural development in inheritance and innovation in development, make abstract knowledge concrete and sensible, enhance students' understanding and memory of knowledge, and improve the effectiveness of knowledge. At the same time, the emotional elements such as family affection and family and country feelings carried by good family style can arouse strong emotional resonance among students after being integrated into the classroom. When talking about the spirit of patriotism, the deeds of the ancestors in the family style of defending the country and dedication can make students more deeply realize that patriotic feelings are not empty slogans, but from the continuation of family inheritance and national spirit, so as to stimulate students' love for the country and the nation, and cultivate a positive emotional attitude. Finally, the code of conduct and ethics in a good family style, such as honesty and trustworthiness, respect for the elderly and love for the young, etc., provide students with a reference standard for daily behavior. After the fine family style is integrated into the teaching, it can closely connect the moral theory in the course with the reality of life, promote students to practice good moral character in daily life, realize the transformation from "knowledge" to "action", gradually evolve from the initial self-care to care for others, and finally transform into social responsibility and responsibility. [3]

3. At present, there are problems in the integration of good family style into the teaching of "Philosophy and Culture" in high school

3.1 Teachers don't pay enough attention

In the process of promoting the integration of fine family style into the teaching of Philosophy and Culture in high school, some teachers are unable to provide professional knowledge structure,

which is also a major reason for the integration of fine family style into the education system. [4] In terms of teaching philosophy, it is still limited to the traditional knowledge transfer, and the teaching focus is simply focused on the explanation of philosophical theories and cultural knowledge, ignoring the rich educational resources contained in the fine family style. This leads to the failure to incorporate good family style into the teaching system in teaching planning, and the lack of systematic teaching design and curriculum arrangement, which makes fine family style in a marginal position in teaching and difficult to play its due role. In teaching practice, the lack of attention is reflected in the superficial excavation of the content related to fine family style. Although teachers occasionally mention family style in class, they only give a brief introduction, which fails to deeply analyze the philosophical thoughts, cultural connotations and moral values behind family style, and cannot guide students to understand the internal relationship between fine family style and curriculum knowledge from a deep level. This superficial teaching method can not stimulate students' interest in learning, nor can it make students truly understand the essence of fine family style, which hinders the realization of teaching goals.

3.2 The teaching content is not deeply explored

In the process of integrating fine family style into the teaching of "Philosophy and Culture" in high school, teachers do not dig deep into the teaching content of fine family style, which has become a prominent problem affecting the teaching quality and educational effectiveness. When integrating fine family style with the course content, some teachers mostly stop at simple examples, but fail to deeply analyze the philosophical roots behind family style. For example, when talking about the philosophical principle of "the unity of contradictions", it involves the relationship between the elders and the young in the family style, the division of family responsibilities, etc., but only describes the phenomenon, and does not deeply explain the interdependence and mutual transformation relationship contained in it, so it is difficult for students to understand the vivid embodiment of philosophical theories in family life, and cannot deepen their understanding of abstract philosophical concepts with the help of family style examples. In addition, the high school "Philosophy and Culture" course contains rich cultural knowledge, and good family style, as an important carrier of traditional culture, carries unique elements such as regional culture and family spirit. However, some teachers only briefly mention the traditional customs in the family style, such as the Spring Festival ancestor worship and the Mid-Autumn Festival reunion, but do not dig deep into the cultural inheritance significance behind these customs and the continuation of family values, which makes the students' understanding of the cultural values carried by the family style superficial, unable to effectively feel the profound heritage of traditional culture, and is not conducive to the achievement of cultural inheritance and cultural self-confidence cultivation goals.

3.3 Classroom teaching method is single

In the practice of integrating fine family style into the teaching of Philosophy and Culture in senior high school, teachers' single teaching methods have become the key constraints hindering the improvement of teaching effectiveness and the all-round development of students. Most teachers still rely too much on traditional classroom teaching methods to unilaterally inculcate fine family culture in students. When explaining the story of family style, it is only told in a straightforward manner, lacking interaction and guidance, and students can only passively accept it, and it is difficult to think deeply about the philosophical and cultural connotations contained in it. In addition, there is a lack of interactive teaching methods, and interactive forms such as group discussions and role-playing are rarely seen in the classroom. There is also a serious lack of practical teaching. The fine family style comes from life, and through practical activities, students

can feel and inherit it more truly. However, teachers seldom organize students to carry out practical activities such as visiting family style museums, interviewing family elders and recording family stories. Without personal experience, it is difficult for students to closely connect the abstract concept of family style with real life, and it is difficult to transform the knowledge they have learned into practical actions, resulting in the weak influence of fine family style education in students' daily life.

4. The path of integrating fine family style into the teaching of "Philosophy and Culture" in high school

4.1 Strengthen teacher training

Strengthening teacher training is the key way to promote the effective integration of fine family style into the high school "Philosophy and Culture" course, which is of great significance to improve the quality of teaching and the effectiveness of education. Schools and education departments should regularly carry out special training on fine family style, invite cultural scholars and family education experts to deeply interpret the connotation, historical origin and value of fine family style, help teachers deeply understand good family style from the perspective of cultural studies, sociology, education and other disciplines, so that teachers can understand its unique role in the interpretation of philosophical principles and cultural inheritance education, so as to update the teaching concept and enhance the awareness and enthusiasm of integrating good family style into curriculum teaching. Schools should also organize regular training on teaching skills, and improve teachers' ability to integrate fine family style with curriculum content through case analysis, simulated classrooms, teaching seminars and other forms. For example, the schools should organize excellent teaching cases and help teachers analyze how to skillfully integrate family stories into philosophical theories, such as explaining the "universality of connections" and illustrating the interaction between family members. Then the schools also should guide teachers to discuss how to explore the cultural elements in family style and apply them to the teaching of culture-related chapters, so that teachers can master diversified teaching methods and skills, such as carrying out group cooperation to explore the influence of family style on cultural inheritance, organizing students to give keynote speeches on family style, etc., so as to enhance the attractiveness and appeal of teaching.

4.2 Dig into the teaching content

In-depth excavation of teaching content is an important practical path to realize the deep integration of fine family style and high school "Philosophy and Culture", which can effectively improve the teaching quality of the course and promote the all-round development of students. In the teaching of philosophical principles, the philosophical elements in the fine family style are fully explored. For example, when explaining "the unity of the progress and twists and turns of the development of things", take the story of family entrepreneurship as an example. Our ancestors have gone through hardships and setbacks, but they have always kept their beliefs and kept forging ahead, so that students can understand the philosophy that in the pursuit of their goals, despite the difficulties, the future is bright. When expounding the "dialectical relationship between the whole and the part", the relationship between the overall interests of the family and the personal development emphasized in the family style is introduced, and the students are guided to understand that the individual is an integral part of the family, that personal development will affect the family, and that the family atmosphere also shapes the individual, so that the abstract philosophical principles become vivid and concrete. Through in-depth excavation of teaching content, the fine

family style is fully integrated into the high school "Philosophy and Culture" course, so that students can inherit the excellent culture, establish correct values, and improve their comprehensive literacy in the process of learning knowledge.

4.3 Innovative teaching methods

In the practice of educating students, teachers can use fine family style not only in the field of German, but also in all levels of academic and practical practice. [5] Innovative teaching methods are a powerful way to promote the deep integration of fine family style into the high school "Philosophy and Culture" course, which can significantly improve the attractiveness and effectiveness of teaching, help students fully understand the connotation of the course, and inherit the fine family style.

Teachers can use the case teaching method to select representative cases of fine family style. Collect stories from different regions and different families that uphold the concept of "family harmony and prosperity", successfully resolve family conflicts and promote the harmonious development of the family, and guide students to analyze the philosophical and cultural principles contained in the classroom, such as the wisdom of interpersonal relationship handling and the importance of family cohesion, so that students can deeply understand the deep logic behind good family style and improve their ability to analyze and solve problems in specific case discussions. At the same time, teachers can also organize practical teaching activities, so that students can understand the family style in practice. The teachers are supposed to carry out the "Family Style Story Collection" activity to encourage students to collect family style stories from their own home or around them and organize them into a book. The "Family Style Inheritance Practice Month" can be held every month, requiring students to practice family customs such as respecting the elderly, caring for the young, being diligent and thrifty, and recording the practice process and insights. Through these practical activities, what is learned in the classroom is closely integrated with the actual life, so that the fine family style can be truly integrated into the daily life of students.

5. Conclusions

The fine family style is a source of fresh material for the teaching of ideological and political courses in high schools, which provides a profound force for the construction of ideological and political courses in high schools, and the rich connotations contained in it are the vivid embodiment of the traditional virtues of the Chinese nation and an important content of the core values of socialism. It is of great practical significance to integrate fine family style into the teaching of Philosophy and Culture in high school, and it can effectively integrate good family style into teaching, improve teaching quality, and promote the all-round development of students by clarifying the integration goals, digging deep into the teaching content, innovating teaching methods, expanding teaching resources, strengthening teacher training and improving the teaching evaluation system. In the future teaching, teachers should continue to explore and practice, let the fine family style play a greater role in the ideological and political education of high schools, and contribute to the cultivation of socialist builders and successors with all-round development of morality, intelligence, physical fitness, aesthetics, and labor.

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