

Certain recommendations for enhancing the quality of general education teaching in colleges and universities

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Keywords: General education; teaching method; teaching quality

Abstract: General education, as an important part of higher education, aims to cultivate students' comprehensive quality, broaden their knowledge horizon, and enhance their critical thinking and innovation ability. "The value of general education lies in communication and integration, and "Tong" is not only the meaning of extensive knowledge, but also the meaning of comprehensive understanding."^[1] General education has a long history and is very popular in colleges and universities, but in the process of promoting it, many problems such as one-sided, formalization and technicalization have been exposed. With the rapid development of society and the continuous update of knowledge, improving the quality of general education has become an important issue in education reform.

The purpose of general education is to enable the educated to obtain public knowledge through the popularity of generalist education, and cultivate students' comprehensive literacy and critical thinking ability. General education can not only make up for the problem of fragmentation and scattered knowledge brought by professional education. The purpose of achieving an open -minded field can also take an important step for the purpose of shaping citizens into "educated and complete people".

1. The history and current situation of general education

General education was first proposed by Virgilio, a humanist scholar in the Renaissance, who believed that the division and boundary between disciplines were very clear. So that students lack the ability to integrate the knowledge of different disciplines. Therefore, a general discipline is needed to break the discipline barriers and promote humanistic exchanges. So general education emerged, becoming a compulsory subject in European and American universities. At the beginning of the history of Chinese general education, some scholars believe that the earliest educational views of various schools contain general education ideas, and general education is similar to some ideas in traditional Chinese culture. "The first practice of general education was during the Republic of China, and educators such as Cai Yuanpei, Pan Guangdan, and other educators introduced China Higher Education School. They advocate general education and put forward the views of "cultivating students' complete personality, harmonious physical, intellectual, moral and beauty four education" and "general knowledge as the basis, professional knowledge second"^[2] Scholar Qian Mu also put forward the view of "intellectual and expensive can contemplate" in the "Reform University System". He believes that only after learning can only achieve the goal after integration. American educator Dewey also put forward the point of view of "education for life", advocating that education should

cultivate students' comprehensive quality, help students understand the complexity of the world, and cultivate the ability to solve practical problems. Nowadays, with the strong advocacy of cultural quality education concepts in China, the significance and importance of general education are quickly recognized. General education and cultural quality education are complemented and developed accompanied. The general education course has long been a compulsory course for Chinese students. On the one hand, students of different majors can also obtain knowledge in the same class and be able to integrate their majors to form their own knowledge system. The teaching of general courses can not only expand students' knowledge, but also improve students' sentiments of students through humanistic disciplines such as: history, aesthetics, philosophy, art and other knowledge, and finally realize the comprehensive development of students and realize true quality education. On the other hand, general education can help students learn to understand and cultivate their sense of empathy and responsibility. Educator Nusbam pointed out in the "Teach for Global Citizens" that general education courses should include cultural diversity, human rights, ethics, etc., in order to promote students to become citizens with a global perspective.

“Since the implementation of cultural quality education and general education since 1995, general education has indeed triggered profound and comprehensive changes in the field of higher education in China.”^[3] The cultural taste of university, promoting the comprehensive development of college students, and the cultivation of high -quality talents in the development of moral, intellectual, physical and artistic development, have played an irreplaceable and important role. In today's global background, the training of talents is no longer limited to a single major, so the needs of composite talents are particularly urgent. Therefore, college students are required to have extensive knowledge and critical thinking. Especially in the context of the rapid development of informationization and artificial intelligence, the importance of cross -disciplinary thinking is more prominent. Therefore, under the current college education system, improving the quality of general education has become one of the important topics of colleges and universities.

2. The existence and solution measures of college general education

In the process of the implementation of colleges and universities, general education has exposed many problems such as one -sidedness, formation, and technicalization. Therefore, it is necessary to improve from many aspects such as teaching concepts, teaching methods, and evaluation methods. In essence, “the improvement of general education on the one hand needs to be optimized inside the curriculum setting, teaching methods, and evaluation systems, and on the other hand, it is necessary to seek external support for social and policy.”^[4] For university education, teaching is an important part of college education and an important path to achieve general education. At present, most of the general education courses of colleges and universities in my country adopt traditional classroom teaching methods, and mainly teaching in large class teaching. The teaching method is single, the teaching process is relatively single. To measure the effect of student schools, so traditional classroom teaching methods are far from the goals that general education hopes to achieve. In other words, a single teaching method cannot fully achieve the goal of general education and teaching.

Therefore, we hope to improve the quality of general education courses by improving teaching methods, so that teachers can give full play to the role of classrooms and stimulate the interest and initiative of students' learning. Therefore, the following teaching methods can be used to improve the quality of teaching in the teaching of general courses in colleges and universities:

2.1 Use the teaching method of reversing classrooms.

In literature, philosophy and other humanistic generals, students can first learn the basic content independently through video, articles and other materials. Teachers can also recommend classic text

for students to read before class. Science and engineering courses (such as science and social courses) can also learn through the first video materials. Students can conduct interactive discussions in the classroom and actively analyze and answer questions. This method encourages students to prepare before class, and interact more deeply in the classroom, which will help cultivate critical thinking and expression ability.

2.2 Promote learning through projects

Students conduct research and solving problems around a practical project. Projects can be across disciplines, covering multiple fields of general education. For example, in the course of "online novel writing", students can form a group to discuss the topic of online novels and network environment security and express their own opinions. In this process, students can learn the knowledge of the writing methods of novels, network policies and other related fields. This project -based learning allows students to apply their knowledge in real situations, improve team cooperation and solve the ability to solve practical problems.

2.3 Case teaching method

During the teaching process, the case is used as the core of the teaching, guiding students to analyze the actual situation or real cases, and discuss solutions. For example, in economics or sociology courses, teachers can introduce classic cases such as global financial crisis and corporate social responsibility, allow students to analyze their causes and influences from different perspectives, and make suggestions. Case teaching can cultivate students' critical thinking and analytical ability, and help students apply theory to reality.

2.4 Question guidance learning.

Teachers guide students to conduct independent exploration and research by setting up issues, and encourage students to grasp knowledge in the process of finding answers. This teaching method is widely used and can be supplemented as other teaching methods.

2.5 Cross -disciplinary teaching.

This teaching method is in line with the characteristics of cross -disciplinary culture in the context of globalization. We can invite teachers from different disciplines to jointly teach on the same theme to help students enrich the multi -dimensional attributes of knowledge structure and understand complex issues, and cultivate students' cross -disciplinary thinking.

2.6 Service learning.

This teaching method is to combine curriculum with social service activities, and students obtain knowledge and experience through social practice. In sociological courses, students can participate in community services, investigate social issues (such as aging aging, educational unevenness, etc.), and share the research results in the classroom to propose possible ways to improve. By participating in social activities directly, students have a deeper understanding of their knowledge, while cultivating students' sense of social responsibility and empathy.

2.7 Collaborative learning

This teaching method emphasizes the cooperation and exchanges between students, and students

promote knowledge understanding through group discussions and cooperation tasks. Students can learn from each other and make progress together to improve communication skills and teamwork skills. This method can also be used as a supplement to other education methods.

2.8 Role -playing.

Students play a specific role to simulate the situation to stimulate students' thinking and participation. For example, in the "Law and Ethics" course, students can play roles such as judges, lawyers and plaintiffs to simulate the trial process of courts. This method can help students understand the legal processes and ethical dilemma. By combining theoretical learning and practice through role -playing to enhance students' ability to express and speculate.

The above teaching methods can be flexibly applied according to the content of college curriculum, student characteristics and teaching goals, which helps to achieve a more personalized and more efficient general education experience.

In the future, with the rapid development of technologies such as artificial intelligence, big data, and cloud computing, general education will pay more and more attention to personalized teaching. By analyzing students' learning behavior, interests and abilities, teachers can customize teaching more in line with students' needs. In this way we can improve the teaching effect, so teachers will also rely more and more to rely on digital and networked teaching methods. Teachers can also break the restrictions on time and space by building online courses, conducting live broadcast teaching, and using social media to interact with the use of social media, and provide students with more flexible and diverse learning channels. In the future, teaching will pay more attention to cultivating students' innovative consciousness and critical thinking ability. Through designing innovative courses and teaching methods, teachers will stimulate students' creativity and imagination, and cultivate their ability to think and solve problems independently. In terms of teaching practice, general education will pay more attention to practice and experience learning. Teachers can organize internship training, community services, project learning and other activities to allow students to learn in practice and enhance their hands -on ability and social practice ability. In terms of interdisciplinary disciplines, general education will pay more attention to the integration and integration of interdisciplinary knowledge. Teachers will help students establish a comprehensive knowledge system through design comprehensive courses and projects to cultivate their comprehensive literacy and cross -disciplinary thinking ability. In terms of international exchanges, general education will pay more attention to cultivating students' international vision and cross -cultural communication capabilities. In terms of teaching concepts, general education will also pay more attention to cultivating students' lifelong learning ability, help them build a sense of continuous learning awareness and habits, and lay a solid foundation for their future development.

3. Conclusion

The future development trend of university general education and teaching will show the characteristics of personalization, interdisciplinary, practical, internationalization, innovation, digitalization, and lifelongization. These trends will promote the continuous adaptation of the development of general education and make greater contributions to the comprehensive development of students and social progress. As an important part of higher education in colleges and universities, general education plays a huge role in improving student personality and expanding student thinking. Teaching is an important path to realize general education. A single teaching method can no longer meet the current social development. It is necessary to improve the teaching quality of college general education courses. With the deep development of globalization and the rapid development of science and technology, general education should pay more attention to cultivating students' global vision,

cross -cultural communication ability and lifelong learning ability. At the same time, with the popularity of online education, general education will also break the limitation of time and space, realize the sharing of high -quality educational resources, and promote fair education. In addition, with the diversification of social demand for talents, general education should pay more attention to cultivating students' creative thinking and entrepreneurial ability, and inject new vitality into economic and social development.

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