

Analysis on the Integration of "Curriculum Ideological and Politics" into University Sports Basketball Course in the New Era

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Abstract: In recent years, with the rapid social and economic development, people's quality of life has been greatly improved, and people also pay special attention to their own quality. Basketball is an important part of sports programs, especially for college students, which can improve students' physical literacy and achieve the purpose of physical fitness. On the university campus. Basketball course is a favorite course of students. After the new curriculum reform, there are new requirements for basketball course teaching. In this time, how to integrate "curriculum ideological and political affairs" into the university sports basketball course teaching in the new era.

1. Introduction

With the proposal and implementation of "curriculum ideological and political affairs", it has attracted much attention from all walks of life. In the current university education system, physical education is the compulsory course content, and basketball is a very favorite course of every student. In teaching, teachers should effectively integrate the concept of "curriculum ideological and political" according to the characteristics of basketball curriculum, actively infiltrate the ideological and political elements of the curriculum, change the traditional teaching methods, which can effectively improve students' physical quality and cultivate students' excellent personality and moral character, so that students can develop moral, intellectual, physical, aesthetic and labor in an all-round way.

2. The significance of integrating "course thinking and politics" into the basketball course

2.1 To comply with the inevitable trend of the national education system reform

General Secretary Xi once stressed that in order to implement the purpose of the whole process of college education, we should attach great importance to the foundation of moral education, and fully implement the ideological and political work in the whole process of education. As the main task and purpose of teachers in the new era is to educate people, the curriculum teaching and network teaching channels should be used scientifically, to ensure that the professional courses and ideological and political education courses are promoted simultaneously, so as to truly achieve the

purpose of complementing each other. Each discipline has its own construction rules, so, teaching and educating people also has its own uniqueness, and the basketball course of physical education major is also the fundamental task of cultivating moral education. In addition to teaching students correct theoretical knowledge and skills, teachers should also subtly let students form positive values and form excellent moral character, which is completely conforming to the inevitable trend of the reform of the national higher education system.

2.2 The fundamental requirements of implementing the objectives of the physical education curriculum

Physical education course includes a number of goals, social adaptation is mainly to let students have a good team spirit, standardize competition and cooperation, so that students have a positive social behavior. Mental health is to enable students to actively participate in sports activities, improve their mental health index, help students to improve their negative emotions, guide them to have an optimistic attitude, and let them have a strong will. Therefore, the goal of physical education curriculum is in consistent with the goal of "curriculum thinking and politics" in the field of basketball, which is also the basic requirement to achieve the goal of physical education curriculum.

2.3 The urgent need to improve the current situation of physical education teaching

In the teaching of basketball course, most teachers only pay attention to students' participation and sports skills, but do not pay attention to students' mental health, and neglect the attitude of social adaptation. Many teachers think that students' ideological and political education work should be arranged for ideological and political teachers, which has nothing to do with them. Also some PE teachers themselves are not familiar with the ideological and political education work, education ability is limited, although in the teaching into the corresponding ideological education, but because teachers have not received professional training, difficult to effectively mine ideological elements of physical education course, in the physical education teaching reasonable ideological education, to achieve the ideal education effect. Therefore, it is an urgent need to improve the current situation of physical education to combine curriculum education and physical education with the concept of physical education^[1].

3. Characteristics of the college sports and basketball course

University physical education course includes many subjects, which are an important part of basketball course. The teaching goal of basketball course is to make students get good physical and mental development, let students gradually form a sense of competition in the learning process, and let students form a sense of cooperation. From the basketball course itself, its characteristics is mainly characterized by team, competition and confrontation. Team is to effectively divide the personnel of the two parties, and each party forms a team, requiring each member of the team to obtain the corresponding results in the situation of joint efforts. The latter is mainly competitive events, where teams belong to the offensive and defensive relationship and participate in the competition within the prescribed time and space. Therefore, during the teaching period of basketball course, it can not only improve the physical ability of students, but also make students have a firm will and have the belief to win.

4. Understanding of the concept of "curriculum thinking and politics" in the new era

The stable development of the motherland and the great rejuvenation of the nation all need the support of talents. The young generation is an important backbone, their outlook on life and values are gradually mature, but they still need to give them positive guidance, put an end to being too blind to the future and produce bad emotions. "Curriculum education" specific to establish full and the whole education concept, combining different forms of courses and courses education, on the basis of "khalid ents" concept, to optimize and adjust the teaching content, correct ideological education to students, help them solve the problem, the purpose is to cultivate good successors for the society. The use of ideological course is not the ideological content complete applied to other disciplines, mainly on the characteristics of specialized course itself and ideological course content effective fusion, strengthen the professional course content, and effective mining of education elements, improve the value of ideological leading role in course teaching, let students form a positive values^[2].

5. University sports basketball course course ideological and political development of the key and difficult points

5.1 Key points

As in the implementation of basketball courses in colleges and universities, in order to effectively integrate the ideological and political education of the course, we must design the course reasonably with scientific thinking and the talent training plan, and then implement it truly, so as to lay a good foundation for the role of ideological and political education of the course. We should pay attention to the following points. First, we should fully implement the moral education. The implementation of curriculum ideological and political education is fundamental to cultivate people by virtue, which is conducive to solving all kinds of problems existing in education, and the teaching ideas should be actively innovated in the curriculum ideological and political mode, so as to achieve the purpose of educating people. Secondly, the curriculum for ideological and political education must be optimized. The rigorous implementation of ideological and political courses has significantly transformed traditional teaching methods, thereby deeply enhancing the educational system. In order to construct the basketball course teaching under the ideological and political course, it is necessary to optimize the teaching process, update the teaching methods and teaching contents, and improve the teaching evaluation support, so as to better penetrate the course ideological and political teaching in the basketball course teaching to ensure the healthy development of students.

5.2 Difficult points

After the implementation of the ideological and political concept of the curriculum, various universities have paid special attention to the ideological and political education work, and have effectively integrated the ideological and political education of the curriculum with other disciplines. However, the current ideological and political course is not mature enough, and the practice time is short. In terms of mining the meeting point, it is necessary to effectively integrate ideological and political courses and basketball teaching, and deeply excavate the ideological and political elements, so as to lay a good foundation for the development of education work. Learning knowledge points, the combination of ideological and political courses and basketball courses requires the transmitted knowledge points, in contrast, ideological and political courses mainly focus on the compatibility of knowledge points. Practice and integration point, effectively connect theory and practice, avoid the

occurrence of mechanically copying, and fully show the ideological and political education function of the course through innovative teaching mode.

6. "Curriculum politics and politics" into college sports basketball courses

6.1 Education lacks the advanced nature

The development of education and teaching work should keep pace with The Times, integrate the modern teaching ideas and ideas into the traditional teaching, and improve the advanced nature of education and teaching. However, for the current situation of university course teaching, it is difficult to highlight the advanced nature of education, and many teachers' educational concepts are still too traditional, and the teaching mode is relatively simple. Teachers think that basketball course teaching only needs to explain the corresponding skills to students and improve students' physical quality. However, with the continuous improvement of our living standards, people have more demanding requirements for physical education. Sports can not only strengthen the body, but also help people to reduce the psychological and mental pressure, so that people love life more. However, many teachers do not realize this at all, which leads to their failure to actively integrate advanced teaching concepts in teaching, because the teaching mode is relatively old and the education lacks advanced nature, it is difficult to achieve the ideal teaching effect.

6.2 Teaching formalization is prominent

With the implementation of ideological and political concept of curriculum, colleges and universities are required to take ideological and political education as the guidance, deeply optimize and adjust the current physical education system, and innovate the teaching mode and methods. But the current college basketball course education teaching situation, in basketball course education elements lack of deep excavation, physical education in college formalized problems, especially the ideological education of basketball courses more significantly, teachers of the lack of clear understanding of college students, cannot effectively measure the course teaching quality, due to the formalized problems, lead to basketball course ideological teaching effect is not ideal, difficult to have a positive impact on college students.

6.3 The ideological and political content of the course is not targeted

To carry out ideological and political education in basketball teaching in colleges and universities, colleges and universities need to perfectly integrate the two, actively innovate and reform physical education and ideological and political courses, and lay a foundation for college students to strengthen their physical fitness and establish correct values. In the specific teaching, the course teaching content still takes basketball knowledge and skills as the main content, but does not effectively integrate the ideological and political content, and the content is not targeted. Some teachers teach with their own feelings in the classroom, and do not reasonably integrate ideological and political theoretical knowledge into the classroom, so it is difficult for college students to experience high-quality learning experience. In this context, the ideological and political education of college basketball courses is in a disordered state, leading to the teaching content is not targeted.

6.4 Weak teaching staff

Teacher strength is the key to ensure the quality of course teaching. At present, how to play the positive role of curriculum politics and politics in the basketball course is the key. At present, many

colleges and universities lack professional and good quality teachers, and ideological and political education is insufficient, unable to provide scientific guidance to students' moral character and behavior. To foster a shift in the values of students, the current challenge that necessitates urgent resolution lies in the improvement of teachers' performance.

7. The new era of "curriculum ideological and political" into the university sports basketball curriculum path

"Curriculum ideological and political" is the new requirement of the state for relevant education departments and education work in the new era. The implementation of the concept of "curriculum ideological and political" is conducive to the promotion of the construction of socialism with Chinese characteristics in the new era. The implementation of ideological and political courses can not only teach students theoretical knowledge, but also truly realize that ideological and political concepts have leading value. The teaching task of basketball course in colleges and universities is not heavy. Teachers can implement the education work through basic theory and practical teaching, so as to enhance students' sense of competition and gradually have the sense of cooperation. Through the cultivation of cooperation consciousness, students can form the concept of "collectivism". The antagonistic rules require students to have a sense of competition, which is inseparable from the "enterprising spirit" in the field of "curriculum ideological and political affairs".

7.1 "Collectivism" and team integration

No matter in basketball teaching or in basketball games, the team is very outstanding. Usually, outstanding teams have players with good professional skills, but each member should have outstanding cohesion. Therefore, team cultivation is particularly critical. The team members should understand and trust each other, and they should help to deal with the problems occurring together. The concept of "curriculum ideological and political affairs" to solve problems is mainly the core of "collectivism". "Collectivism" requires that everyone is an individual value, should put the collective interests in the first place, everyone should be based on the collective interests, and then show their own individual ability, and promote the development of collective value in the process of making their own value promotion.

The purpose of improving students' sense of cooperation is to let students have good collectivist thinking. For the construction of this thinking, we need to constantly enhance students' sense of cooperation. The relationship between them is mutually promoting, which will have a promoting effect on each other. By deepening the sense of cooperation, the connotation of "collectivism" will be fully highlighted, which can effectively guide students to form positive spiritual thoughts. During the actual teaching or training period, it can form good cooperation behavior, improve students' own quality, and then let students get good development, and ensure the teaching efficiency^[3].

7.2 "Enterprising spirit" and competitive antagonism

Basketball is a competitive sports project, the purpose of skill teaching and training is mainly to let students have good physical literacy and awareness to participate in the competition. Competitive sports have very demanding requirements on athletes' skills and movement norms. Running, jumping, dribbling and other skills should be in a harmonious state, and the training period is usually relatively boring. As the course deepens, students' spiritual will will be affected. However, if you want to use it as a skill to obtain the corresponding result in the competition, it is

necessary to constantly practice the movements. During this period, the reasonable integration of "enterprising spirit" can be perfectly combined with competition and confrontation, so that students can gradually have the courage to challenge and willpower. Therefore, during the training period, it should be appropriate to integrate the "enterprising spirit", perfectly combine the value concept, and promote it step by step, to promote students to form a positive sense of competition and values. It is imperative to comprehensively demonstrate the significance of the concept of "curriculum ideological and politics" in moral education, ensuring that while students acquire commendable physical literacy, their ideological literacy is concurrently cultivated and enhanced.

7.3 Explore the ideological and political elements in the basketball course

(1) The ideological and political elements in basketball techniques and tactics. Basketball technology and tactics are a process from shallow to deep. During the learning period of this technology, there are strict requirements on the load measurement and load intensity during the practice. Students need to bear hardships and stand hard work during the practice, but also have the spirit of perseverance. For example, after teaching the "one-handed shoulder-shooting" technique, the teacher can divide the students into different groups and let them practice in groups, so that the students can master the key points of skills in helping each other. During the period of teaching "two and three joint defense" tactics, as a defensive personnel needs to take into account the ball, the defenders should unite and cooperate, but also to trust each other^[4].

(2) Ideological and political elements in basketball games. The study and training of basketball technology is to let students actively participate in the game, and obtain the corresponding physiology. In the actual teaching, the process of basketball game is not invariable. Teachers need to let students know how to analyze problems, to deal with problems calmly, to think about problems from an objective perspective, and to promote students to have outstanding ability to resist frustration. Basketball game and other projects, belong to the team sports, players will inevitably appear mistakes, if this happens, teachers need to teach students to understand, tolerance, cannot constantly complain, let its understand basketball itself for competitive projects, winning or losing as the norm, for the results, teachers to teach students "victory and lose with grace" attitude^[5].

7.4 Improve teachers' educational ability

Students are the hope of the development of the motherland, but also the main force of national rejuvenation. Teachers should devote their efforts to build a dream builder for the great rejuvenation of the Chinese nation, and build a solid bridge for students and the classroom. Teachers' words and deeds have a great impact on the formation of students' moral character and the establishment of values. Because of the implementation of ideological and political education of the curriculum, the requirements of teachers have also changed differently. Among them, it is clearly required to strengthen the ideological and political education level of teachers, promote teachers to be the promoters of new ideology and culture, and give correct guidance for the growth of students. In order to provide high-quality education for students, teachers must first receive education first. In view of this, teachers should actively understand the social hot topic topics and advanced teaching content, effectively integrate modern content and examples into the classroom, mobilize students' interest in learning, and stimulate students' driving force in learning. Teachers should actively improve their ideological and political ability of the curriculum, and a communication platform should be established to allow teachers to interact with other educators and learn from their experience. In addition, teacher training should be actively carried out, such as piano training and teacher ethics training, so as to improve teachers' educational ability and ensure the quality of teaching.

8. Conclusion

Generally speaking, the integration of "curriculum ideological and political" in the sports and basketball courses in universities has achieved good teaching results, but there are still many problems in the specific teaching. Therefore, teachers should actively explore the elements of "ideological and political curriculum", and perfectly integrate with the curriculum, change the teaching concept and methods, and then promote the all-round development of students.

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