

Research on treating leukemia with the "method of harmonizing qi and blood"

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Abstract: Leukoaraiosis belongs to the category of "Fox and Confusion Disease" in Chinese medicine, which is a systemic vascular inflammatory disease caused by autoimmune system disorder. The causative factors of the disease include dampness, heat, insect, poison, stasis, etc. The main responsibility is dampness, heat and toxicity. Prof. Yin Kejing believes that the basic pathogenesis of the disease is the loss of harmony between qi and blood, and damage to collaterals and veins, and the evidence of this is the deficiency of the standard and the actuality of the symptoms, and the treatment should be to regulate qi and blood as the main method, and the identification of the meridian, the identification of the period of the combination of the right and the right to eliminate the evil.

1. Introduction

Leukodystrophy, also known as Behcet Disease (BD), is characterized by recurrent oral-ocular-genital ulcers, which may be accompanied by lesions of the digestive system, cardiovascular system, neurological system, and joints, etc. ^[1] and is characterized by alternating episodes of "flare-ups and remissions". ^[2] The pathogenesis of the disease is still unclear, and it is believed to be related to genetic factors, pathogenic infections, environmental factors and emotional factors ^[3]. Modern medicine mostly uses non-steroidal anti-inflammatory drugs and glucocorticoids, which have obvious short-term efficacy but are prone to recurrence and have many side effects, and biologics are expensive, making it difficult for most patients to afford them in the long term ^[4]. According to the dialectical thinking of Chinese medicine, the use of traditional Chinese medicine and external treatment, the therapeutic effect is remarkable ^[5,6].

Prof. Yin Kejing is a national famous old Chinese medicine practitioner, doctoral supervisor of China Academy of Traditional Chinese Medicine and supervisor of the second and fifth batch of Chinese medicine experts' academic experience inheritance. Prof. Yin has devoted himself to the apricot grove for more than 60 years, has rich clinical and teaching experience, is well-read and well-versed in the ancient books, has his own unique insights into the difficult and miscellaneous illnesses and is good at meridian diagnosis and precise treatment, with remarkable results. Through

years of clinical experience, Prof. Yin concluded that the disease is related to the heart, liver, spleen and kidney, and the eight organs are associated with qi and blood disharmony, and advocated the treatment of "harmonization of qi and blood" as the main method of treatment throughout the entire process of treatment, and is now sharing Prof. Yin's experience in the diagnosis and treatment of leukocele with a view to providing clinical reference.

2. Etiology and pathogenesis

Leukoaraiosis belongs to the category of "Fox Confusion Disease" in Chinese medicine. "Typhoid Miscellaneous Diseases" cloud "fox confused for the disease, like typhoid fever, its face at first red, at first black, at first white." Professor Yin Kejing believes that the pathogenic factors of the disease include dampness, heat, insects, toxins, stasis, etc., mainly responsible for the dampness, heat and toxins, the basic pathology for the loss of harmony between qi and blood, collaterals and veins are damaged, the evidence is the standard and solid, the treatment should be to regulate the qi and blood for the law, identify the meridian, identify the combination of the period in order to support the right to get rid of the evil.

2.1. Disorders of qi and blood as the intrinsic basis of pathogenesis

Leukoaraiosis is mostly characterized by systemic vasculitis, damage to the oral cavity and genital mucosa of the skin. The basic lesion is small vessel vasculitis, which can be seen as congestion and thrombosis of the lumen, and it is a disease in which both internal and external factors play a joint role. Prof. Yin believes that BD is caused by deficiency of heart, liver, spleen and kidney, and imbalance of qi and blood, which is caused by diet, environment and emotion. *Jingyue Encyclopedia* said: "Where the spirit of the seven orifices, for the use of the limbs, for the softness of the tendons and bones, for the muscle abundance, as well as nourish the internal organs, An Shen soul, Run color, full of camp and guards, the passage of fluids, the two yin to be adjusted, all the form of the quality of the birth of all non-gas and blood." Gas is the commander of blood, blood is the mother of gas, gas main warm, blood for moistening, qi and blood harmonization is full of pulse, qi and blood smooth and balanced is the basic condition of human health, is the necessary link in the treatment of disease, but also in the treatment of the important basis. Spleen deficiency in the vegetative body leads to Qi stagnation, and Qi stagnation leads to blood stasis, which is seen in generalized vasculitis. According to Prof. Yin, in the early stage of BD, dampness-heat toxicity hits the blood directly and causes damage to the collaterals, which is called "new disease entering the collaterals", and can be seen as redness, swelling and pain on the ulcerated surface, and bright red skin color at the proximal end of the ulcer; in BD, heat and toxicity of prolonged disease depletes the yin and fluid, and the flow of blood is blocked, or dampness and stagnation in the spleen obstructs the qi, and stagnant gas and blood stasis block the collaterals, which is called "prolonged disease entering the collaterals". Long-term disease into the collateral", visible ulcers are difficult to heal, pain reduction; BD consolidation stage can be seen in the yin deficiency for a long time, yin damage and yang, spleen and kidney yang deficiency, the successive heaven's capital deficiency, qi and blood biochemical lack of source, qi and blood yin and yang have varying degrees of deficiency, its clinical symptoms basically disappeared, more attention should be paid to the aggravation of the condition due to qi and blood deficiency. As stated in "Su Wen - The Theory of Regulating Menstruation", "When qi and blood are not in harmony, all kinds of diseases are born." Therefore, Prof. Yin believes that qi and blood imbalance is the intrinsic basis of leukemia, which runs through the entire course of the disease.

2.2. Damage to the complex veins as the basic pathologic manifestation

The basic pathological change of BD is vasculitis, which can involve all types of blood vessels, and vasculopathy accounts for 1.8% to 51.6% of its prevalence, which is the main cause of disability and death in BD [7]. The 2012 Chapel Hill classification criteria for systemic vasculitis defines BD as variant vasculitis.^[8] It has been found that hypercoagulability is prevalent in many patients with BD [9]. Inflammation induces vascular endothelial cell damage, releases procoagulant factors, inhibits the fibrinolytic system, and thus activates the coagulation cascade [10]. Plasma vascular hemophilic factor (vonWillebrandfactor) is elevated in patients with active BD, and promotes coagulation by binding platelets to exposed collagen, thus causing thrombosis. This causes thrombosis^[11] and triggers vascular inflammatory lesions.

Prof. Yin believed that the vasculitis of BD causing endothelial damage is in line with the characteristics of Chinese medicine, which is characterized by "complex disease", as pointed out in "Su Wen - The Treatise on Regulating the Meridians", "The disease is in the blood, and the complexes are regulated". Through the diagnostic criteria of "Diagnostic Efficacy Criteria of Chinese Medicine Diseases", it can be concluded that BD has almost all the clinical manifestations of cutaneous small vessel vasculitis, so it is considered as a kind of cutaneous small vessel vasculitis. The veins are the carriers and channels for the operation and flow of qi and blood, with the structural characteristics of crisscrossing, wide distribution, and smoothness by passage, which were first recorded in the "Yellow Emperor's Classic of Internal Medicine", which detailed the concept, distribution and physiological characteristics of the veins, such as "the meridians are the lining, and those that are branched and transversal are the veins, and the veins are different from those of the Sun." " Blood and the Sun vein first full of overflow, is injected into the veins, are full, is injected into the meridians " " meridians, so the line of qi and blood and camping yin and yang, moistening the muscles and bones, and joints also ". Modern scholars, Wu Yiling academician^[12-13] on the theory of disease of a comprehensive and systematic study, put forward the "veins - vascular system of the system of bearing system leveling", "three-dimensional network system" theory, that the veins and the modern medical vascular system has a high degree of internal consistency, and will be the most important part of the modern medicine. High degree of internal consistency with the vascular system of modern medicine, and will be used for the prevention and treatment of vascular diseases. The spatial location of collaterals in the body shows the distribution law of external (the surface of the body, such as floating collaterals for yang collaterals), central (for meridians), internal (the internal organs, such as the large collaterals for yin collaterals), and this spatial distribution law of collaterals matches with the location of the systemic multi-systemic involvement of leukemia.

2.3. Damp-Heat and Toxicity as the Key Disease Mechanisms

According to Prof. Yin, the onset of BD is mainly attributed to dampness-heat and toxicity, which invades the veins and channels. Its onset of prolonged and difficult to cure and easy to recur, and the wet nature of the disease, the onset of hidden slow, long and repeated course of the disease is closely related to the characteristics of damp-heat evils have internal and external. When the deficiency of positive qi exogenous dampness and heat of the evil Yu in the surface of the poison, damage to the surface of the body Yang Luo, stagnation and injury to the skin and mucous membranes, then see the ulceration of the overflow of blood; endogenous poisonous evil transmission: the spleen and stomach, the heart of the meridian in the mouth of the place of the orifices; the liver of the meridian to the eyes, the eyes, the lower part of the nether regions. Due to the lack of innate endowment or environmental factors, improper diet and other injuries to the spleen, spleen deficiency is unable to transform dampness, dampness for a long time to generate

heat. Spleen orifices in the mouth, dampness and heat steamed in the mouth through the meridian, dampness is swollen, heat is painful, turbidity is trapped in the rotten, dampness is hot and rotten, trapped in the voice of the knot mouth and tongue sores, and dampness is heavy and turbid, easy to attack the yin position, the "Suwen - Taiyin Yangming theory of the book": "Injured in the dampness, the next first to be affected by it." Dampness and heat toxic injection into the two yin is seen vulvar ulcers, or even perianal abscesses. Exogenous dampness and toxicity of heat evil retained not dispersed for a long time into the meridians, and the stagnation of the veins of the endogenous poisonous evil encounter, dampness and heat toxic evil more prevalent, positive and evil competition, the disease in the meridians, delayed, for a long time into the internal organs of the yin and lead to blood stasis, blockage of qi, the long term will be depleted positive qi, loss of internal organs, leading to more organs involved.

3. Treatments

3.1. The main method of treatment - harmonizing qi and blood

Harmonization of qi and blood is the main principle of Professor Yin's treatment of BD, "Nei Jing" first set up to harmonize qi and blood, and clearly put forward the harmonization of qi and blood is the basic principle of treatment of disease.^[14] "Suwen - regulating menstruation" cloud: "the owner of the person, blood and gas ear blood and qi disharmony, all diseases are changes and birth."^[15] qi and blood do not and cause Wei Qi Ying blood disorder, viscera and meridians and, is a variety of skin lesions occurring and development of the root. Qi and blood is the body's health and the normal function of the internal organs to play the necessary conditions, blood dysfunction is also a variety of diseases common pathological changes, such as the "Materia Medica Diffractive General Description" contained: "Mrs. life to the blood for this, people are sick, there is not the first injury to their blood." Therefore, the harmonization of qi and blood is of vital importance in the process of disease treatment. If the clinical treatment of the disease only focuses on the cause of the disease, but does not know how to investigate the evolution of the process, and harmonize the qi and blood, the disease is not only prolonged and difficult to cure, but also prone to recurrence^[16].

Prof. Yin believes that this disease has a close relationship with qi and blood, and the disease mechanism always belongs to qi and blood disharmony, Ying and Wei disorders, so the treatment attaches great importance to dredging the internal organs and qi, and regulating qi and blood operation. Skin ulcers, although the shape of the external and hair in the internal, no internal disorder, shall not be outside the patient, so the treatment emphasizes the importance of the overall view of traditional Chinese medicine, harmonization of qi and blood, balance of yin and yang, internal organs and meridians dredged and smooth, internal disorder level is outside the patient elimination. The prescription closely follow the stagnation of qi and blood, the passage of this main mechanism, pay attention to drugs, organs, qi and blood, such as static, elevation, cold and heat balance, in the adherence to qi and blood for this at the same time, cold and heat, qi and blood with the same adjustment, in order to achieve with the spleen and stomach and, and the sky and the earth and the static in the heart and, and the effect of the health of the neutralization and so on.

3.2. Meridian identification and treatment

According to Prof. Yin, BD disease is located in the collaterals, involving the heart, liver, spleen, kidney and other organs. On the one hand, it is related to the law of meridian circulation, the syncopal liver meridian follows the femoral yin, enters into the hair, rings the yin apparatus, and its branches, from the eye system to the lower cheeks, ringing the lips; the foot-taiyin spleen meridian

hosts the pharynx, connects with the tongue, and disperses under the tongue; the foot-shaoyangyin kidney meridian follows the throat, and hosts the tongue. On the other hand, according to the functional connection of internal organs, the liver in the eye, liver and gallbladder dampness and heat offenders, or liver and kidney yin deficiency, deficiency fire inflammation, essence cannot reach the eye, the eye loss of moistening the eyes dry and red pain, that is, ocular uveitis; the heart in the tongue, the heart and the tongue through the meridian interconnections, the heart inflammation of the tongue and mouth sores; the spleen in the mouth, dampness and heat through the meridian on the steaming tongue and mouth sores, and the spleen main limbs and muscles, the spleen is weak, then the qi and blood biochemistry Lack of source of the spleen, limb muscle weakness paralysis; kidney main hidden essence, chronic disease and kidney, kidney essence, kidney yang insufficiency, then the color of the face, dark around the eyes, that is, "its face and eyes at first red, at first black, at first white", leukemia patients appear in the late stage of dark around the eyes. Therefore, when the evil qi flows and gathers in each meridian, when it attacks the upper part of the body, there will be ulcers of the mouth and tongue, redness and swelling of the eyes, and abnormal color of the face, and when it attacks the lower part of the body, there will be ulcers of the second yin. Therefore, in the treatment of leukoplakia, we should pay attention to the treatment of different meridians, starting from dampness, heat, blood stasis and deficiency, and at the same time, pay attention to tonifying the spleen, nourishing the heart, dredging the liver, benefiting the kidneys, and regulating the functions of the internal organs.

4. Experiences in the use of medicines in clinical practice

4.1. Self-designed formula for harmonizing Qi and Blood - Lily Fox Confusion Formula

Prof. Yin emphasized on regulating qi and blood as the fundamental treatment method, and used the self-formulated formula of Lily Fox Confusion to dredge blood and qi, regulate yin and yang, and at the same time take care of the root of the latter, so that qi and blood can be regulated and peace can be achieved. Formula composition: Astragalus 15g, Scutellaria baicalensis 9g, Radix Bupleurum Chinense 9g, Radix Paeoniae Alba 12g, Curcuma longa 6g, Atractylodes Macrocephala 9g, Glycyrrhiza Uralensis 6g, Astragalus is good at replenishing the qi of the whole body in the formula, and Mr. Yin commonly used raw Astragalus in clinic, so as to replenish the qi without stagnation, replenish the qi and also move the qi to rate the blood to stimulate the qi and blood to run. Mr. Yin believes that when Qi and blood are out of harmony, Qi deficiency cannot move blood, and blood stagnates in the veins and obstructs the Qi mechanism, then it will further aggravate the blood stasis and aggravate the damage to the blood vessels and veins, so on the basis of replenishing Qi and moving Qi, it is necessary to add the products that can activate blood and move blood stasis. Prof. Yin clinically often uses Astragali and Curcuma longa as a pair to support the correctness of blood stasis and move the Qi to dissipate the stagnation. Curcuma longa work specializing in breaking blood and dispersing knots, "Tang Liquid Materia Medica" cloud curcuma longa, "break the blood in the gas, into the gas medicine hair of all the incense, although for the leakage of the agent, but also can benefit the gas", the two are compatible, tonifying the gas without stagnation, break the blood without harming the positive. Chaihu can clear the stagnant Qi of liver and gallbladder, clear the cold and heat, and Scutellaria baicalensis can clear the heat within the stagnation by bitterly descending, the two are used together, one scattering and one draining, one ascending and one will, and organize the Qi lifting and entering and exiting. In addition, for those who suffer from loss of harmony between qi and blood, Prof. Yin often uses the pair of Chaihu and Paeonia lactiflora to harmonize qi and blood. Chaihu is pungent and bitter, which is a key drug for regulating qi, while Paeonia lactiflora is acidic, astringent and bitter, which can soften the liver and nourish the blood, and the two of them are used in conjunction with each other, so as to make qi and

blood smooth and to activate the blood and remove blood stasis. The formula is supplemented with *Atractylodes macrocephala* and *Glycyrrhiza glabra* to replenish the middle Jiao, preventing damage to the spleen and stomach, and protecting the foundation of the latter, so as to provide a source of qi and blood biochemistry. The whole formula together play adjusting qi and blood, protect the spleen and stomach, flat lift treatment, through the adjustment of qi and blood Ying and Wei, reconcile Yin and Yang, and restore the qi lifting and lowering, so that the person's qi and blood internalized physiological internal organs and official body around the body, then all the symptoms since the elimination of the disease.

4.2. Emphasis on adding and subtracting with the prescription in the clinical evidence

Lily Fox confusion formula has the characteristics of less medicinal flavor and small dosage. Combined with the complexity and variability of leukemia disease mechanism, Prof. Yin emphasized that the prescription should have different focuses in different stages of the disease, and advocated the flexibility of tailoring according to the time, place, person, disease, evidence, and medication, stressing that the elevation and sinking of the medication should be combined with the theory of elevation and sinking of the qi, blood, internal organs, and the qi mechanism, so as to make the prescription lively and dynamic.

BD acute stage is mostly caused by dampness, heat and toxicity, the standard is mainly, the treatment should focus on the elimination of evil, the liver meridian fire inflammation, astringent pain in the eyes, plus celosia, chrysanthemum, mimulus flowers, etc. BD remission period tends to stabilize the condition, the evil is gradually removed, but the positive qi deficit, the deficiency in the spleen qi for the most part, the qi and blood biochemistry Insufficient, the treatment is to support the positive and dispel the evil at the same time. For those who suffer from spleen deficiency and have poor appetite, loose stools, and a fat tongue, add fried yam, fried *Coix lacryma*, and fried *atractylodes* to strengthen the spleen and transport dampness, and if the middle jiao is healthy, then the water and dampness will be transformed by itself. If there is Yin deficiency and internal heat, Yin should be nourished and cleared. If there is insufficient Yin in the stomach, such as thirst and heat, dry throat, add maitake, dendrobium, yellow essence to benefit the stomach and promote the production of fluids, which will nourish the liver and kidney and replenish the blood of the Yin. The basic disappearance of clinical symptoms, the evil has gone and the positive is not back, treatment to support the positive is the main, the condition is prolonged, the whole body function is reduced, the disease is long hot evil depletion of yin, yin loss and yang, appeared in the face white, palpitation, shortness of breath, fatigue and other signs of yang deficiency, or even appear to be afraid of the cold cold limbs and other real yang deficiency, the drug more fried yam, ginseng, immortal spleen, etc. Long-term disease qi deficiency sweating add floating wheat, ephedra root, cornelian cherry, qi solid surface to stop sweating, yin deficiency night sweating add dibasic dermatophyte to clear heat and nourish yin, damp-heat for a long time, or due to the disease of the late liver and kidney yin deficiency, frying the blood, the blood does not flow smoothly and blood stasis, the skin appears nodular erythema, and eliminate blood stasis and open up the network.

4.3. Focus on internal and external treatment

Professor Yin believes that the disease mechanism is complex, the symptoms change repeatedly, lingering difficult to cure, and the dampness and heat of the evil fumigation in the outside, every skin and mucous membrane damage outside the symptoms, clinical medicine should be a combination of diagnosis of the disease and diagnosis of the evidence, the prescription of drugs not only in line with the theoretical system of the dialectical treatment of traditional medicine, but also take into account the results of the study of modern pharmacology, both internal and external

treatment in an attempt to slow down. The medicines that Mr. Yin often chooses for external cleansing formula are Dibotanicals, Snake Bed Seed, Qu Mai, Polygonum aviculare, Momordica charantia, Cephalotaxus, Ailanthus, etc. Dibotanicals clear heat and remove dampness. Groundnut seed clears heat and removes dampness, dispels wind and relieves itching, and contains triterpenoid saponins with significant anti-inflammatory, antipruritic and antiallergic pharmacological effects [17]. Serratia marcescens dries dampness, dispels wind, kills insects and relieves itching, which contains coumarin-like compounds, mainly sericin, with anti-inflammatory and analgesic, antibacterial and antipruritic, and other pharmacological effects [18]. Polygonum aviculare, quomai for the medicinal properties of cold and can drain heat diuresis drugs, quomai contains saponins and other chemical components, polygonum aviculare contains polygonum flavonoids and its glycosides, phenolic acid components are its main antibacterial components, decoction of external wash can reduce urinary tract infections [19-20]. The external use of Morinda citrifolia and Cephalotaxus nigra both have insecticidal effects, and Morinda citrifolia contains Morinda citrifolia alkaloids, which have pharmacological effects such as insecticidal and antimicrobial effects [21]. The volatile oil of mugwort leaves mainly contains monoterpenes and their derivatives with anti-inflammatory, antibacterial and antiviral effects [22]. The combination of all the drugs together play the function of clearing heat and drying dampness, killing insects and relieving itching.

5. Case examples

Patient Yang, female, 48 years old. On August 3, 2023, she was admitted to Shengdetang Outpatient Department of Shaanxi University of Traditional Chinese Medicine Hospital (hereinafter referred to as our hospital) with the main cause of "recurrent mouth sores, throat ulcers, and itchy perineal sores for more than half a year, which had been aggravated for half a month". The patient developed aphthous ulcers half a year ago without any obvious triggers, and did not pay attention to them after self-medication. About one month later, ulcers of varying sizes appeared on the perineum, so she consulted a local hospital and was diagnosed with leukodystrophy syndrome. After symptomatic treatment (specific drugs are not known), he was discharged from the hospital, and then came to see the doctor after a month without any obvious trigger. The symptoms: clear consciousness, poor spirit, fatigue, dry mouth, poor appetite, sleep, burning and astringent pain in urine, small amount of tea-colored, loose stools. Swelling of the eyelids and lower limbs, multiple red spots of varying sizes on the face, a few with white flaky scales, ulcers of varying sizes in the mouth and throat, swelling and ulceration of the vulva with a small amount of yellow exudate, mild ocular pain, and unfavorable flexion and extension of the knee joints. The tongue was red, the moss was thin, yellow and greasy at the root with mild cracks, and the pulse was stringy. Western medicine diagnosis: Leukocoria syndrome; Chinese medicine diagnosis: Fox Confusion Disease (heat-toxin stasis, qi and blood disharmony certificate). Legislation: harmonize qi and blood, clear heat and toxin to protect the collaterals. Yuan Shen, 15g, Jade Bamboo 9g, white fresh skin 15g, Wei Ling Xian 9g, Glycyrrhiza glabra 6g. 7 doses, one dose per day, decocted with water, morning and evening, take warm. External washing drugs to kill insects to stop itching, dry dampness and astringent sores for the treatment, the proposed formula is: 15g, 15g snake bed seed, Qu Mai 30g, Polygonum aviculare 30g, Bacopa monnieri 15g, Cephalotaxus 12g. 7 dosages, one dose a day, decoction water wash in the vulva, twice a day.

On August 10, 2023, the second consultation, the patient felt better than before, the ulcer pain is slightly reduced, the color of the sore surface turns pale, the degree of eye pain is reduced, because of recent worries, sleep in general, the tongue is red with yellowish greasy moss, cracks are improved than before, the pulse is smooth. Treatment: harmonize qi and blood, tranquilize the mind and strengthen the spleen. The above add smallpox pollen 15g, nightshade 15g, Acacia 15g, Poria

15g. 7 doses, one dose per day, decoction of water, morning and evening warm service. External washing drug effect does not change the formula.

On August 17, 2023, the third consultation, erythema, papules obviously subsided, scabs off, oral ulcers basically healed, vulvar ulcers are still occasional newborns, astragalus dosage adjusted to 15g. 7 doses, the use of the same as the above, the effect of external washing medication does not change the formula. After the third diagnosis, the patient felt that the condition was stable and stopped taking Chinese medicine by herself.

Comment: The patient is a middle-aged woman, usually endowed with intolerance, feel the fire-heat evil, fire inflammation, then see repeated oral ulcers; fire-heat evil YuJiuHuaToxin, heat and toxicity in the skin, so YingWei disharmony, the meridian blockage, qi and blood stagnation, so the lower limbs see purplish-red pimples, plaques; heat and venom corrosive flesh, then see the ulcers; qi and blood stagnation, do not pass, then the pain; tongue red, moss thin root slightly yellowish greasy, the number of pulse strings for the heat and toxicity of the phenomenon of condensation. Chinese medicine soup in addition to the main formula lily fox confusion formula plus and minus to regulate blood and qi, and add Huanglian, dicotyledonous grass, Poria cocos, play a total of detoxification and cool the blood, clearing the triple jiao heat toxin function; Qu Mai, Polygonum aviculare, Dioscorea villosa, Cangzhu to facilitate the dampness and drying of dampness, so that there is a way out of the evil; Shengdi, XuanShen, yuzhu to clear the heat of the upper focal point and nourish the yin, treating its dry mouth and bitter mouth, and the amount of yin nourishing medicine, to prevent the dampness and heat for a long time to prevent the depletion of the fluid; Mr. Yin believes that, all disease all diseases need to take care of the middle Jiao, the spleen is the foundation of the latter day, the spleen and stomach and the disease from the peace of mind, to be fried yam, fried Coix Seed, fried Atractylodes macrocephala to strengthen the spleen and drying dampness, to the source of dampness; to be Loxiden, Wellington's joints. At the second consultation, the patient's symptoms were reduced, but the dry mouth did not improve much, and due to anxiety and poor sleep, the patient was given nightshade, Acacia, Poria to relieve depression and tranquilize the mind, and added pollen of smallpox and maitake to play the role of clearing heat and nourishing yin, and the combination of all the medicines yielded a good result. At the third consultation, erythema and papules subsided, scabs fell off, ulcers basically healed, and the dosage of Astragalus was adjusted to benefit the qi and toxin to generate muscle. After taking the medicine for 1 month, the skin lesions basically subsided, and there was no new eruption, so the patient stopped taking the traditional Chinese medicine.

6. Conclusions

According to Prof. Yin, the pathogenesis of leukoplakia lies in the imbalance of qi and blood, and the disease develops under the action of pathogenic factors such as dampness, heat, insects, poison, stasis, etc. It is an evidence of deficiency of the original standard, and the course of the disease is easy to be repeated and changeable. The imbalance of qi and blood is the root of the occurrence and development of various skin lesions and vascular lesions, although skin sores and ulcers are shaped in the outside and developed in the inside, the treatment is to regulate qi and blood, in the process of treatment, the use of medication according to the patient's different clinical symptoms and different stages of the disease for the corresponding addition, subtraction, and compounding, and the effect is significant, and it is worthwhile to promote in the clinic.

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