

Study on the influencing factors of family environment on the learning habits of primary school students in middle school

Wen Yiting

Changsha Normal University, Changsha, 410100, China

Keywords: Elementary school students, family environment, study habits

Abstract: Good learning habits are the basis of primary school students' learning, and environment is an important factor restricting the formation of primary school students' learning habits, among which family environment factors are particularly important. The study found that factors such as family atmosphere, parents' education level, parents' attitude, and parents' education style all have important influences on the formation of primary school students' learning habits.

1. Introduction

Mr. Cai Yuanpei, a famous educator in China, has a famous saying: "The family is the initial school of life. The character of a lifetime, which is said to remain unchanged from its ancestors, is mostly embryo in the family." Since entering the new century, Chinese leaders have increasingly attached importance to family education. As the first teachers in a child's life, parents also play an important role in cultivating good learning habits. With the increasing attention of the country and society, many researchers have begun to conduct research on family education^[1]. However, during the investigation of numerous research results, the author found that there is relatively little research on the impact of family environment on the development of learning habits in primary school students. In previous studies, researchers have divided learning habits into eight dimensions, including classroom learning habits. Through investigation and analysis of these learning habit dimensions, it has been found that there are still many problems with the learning habits of primary and secondary school students in China in recent years, especially those in primary and secondary schools. Among these students, there are some who are late to submit their work, those who talk in class, those who lack concentration when doing homework, and those who plagiarize other classmates. The primary and secondary school stage is the most important and critical period for students to develop good learning habits. Developing good learning habits can effectively promote students' mastery of knowledge and future life development, while bad learning habits can only hinder students' progress in learning and even bring many troubles to their future work and life.

2. Survey basic information

2.1 Survey subjects

The survey subjects of this project are mainly students from grades three to four of a primary school in Changsha, and some students from grades three to four of other central primary schools were also surveyed. On this basis, we also conducted dialogue interviews with some parents and teachers of third to fourth grade students to gain a deeper understanding of the current situation of primary school students' learning habits.

2.2 Survey methods

The survey methods used in this article mainly include questionnaire and interview methods. Firstly, researchers reference a large number of relevant questionnaires and compile them through collection, screening, and self-drafting. Secondly, researchers distribute the prepared questionnaire to students in the middle school stage of the primary school and some other students in the middle school stage for filling out. Finally, researchers collect the questionnaire for data analysis and organization. After collecting the questionnaire, the author conducted dialogue interviews with some students' parents, teachers, and multiple students. Through dialogue interviews, we aim to delve deeper into the impact of students' family environment on their learning habits.

3. Analysis of the survey results and the influencing factors

3.1 Finding

3.1.1 Family financial situation

According to the survey, more than half of the students' family economic level has reached the middle or above, and still 31% of the students' family conditions are still relatively tight. According to the survey, the learning habits of students living in urban areas are generally better than those of students living in rural areas, and the learning habits of students with middle family income are generally better than those with lower family income, which shows that there is a great relationship between the family economic situation and the formation of students' learning habits.

3.1.2 Parents' educational level

Table 1: Educational level of the parents

project	option	number of people	Percentage (100%)
The education level of the parents	Junior high school below	56	18.7%
	Junior high school or technical secondary school	102	34%
	High school or junior college	95	31.7%
	College and above	47	15.6%

According to Table 1, 52.7% of parents are in technical secondary school or below, 31.7% of parents are in high school or junior college, and only 15.6% of parents are in college or above. It can be clearly seen that the parents of the students in the primary school and middle school are generally not high education level, and many parents have only received junior middle school education. The analysis of the survey also found that the more educated parents, the more consciously cultivate students' learning habits, while the less educated parents often ignore the cultivation of students' learning habits. In addition, parents with higher education level will have

many good learning habits, which will also subtly promote the formation of students' learning habits.

3.1.3 Parents' hobbies and work

According to Table 2, more than half of the students' parents are engaged in other jobs. Among the jobs listed above, 15% are businessmen, 18.7% are workers, and a few are farmers. There are also a few parents who are currently unemployed.

Table 2: Parents' hobbies and work

project	option	number of people	Percentage (100%)
Parents' jobs	businessman	45	15%
	worker	56	18.7%
	Civil servants, personnel of enterprises and units	15	5%
	peasant	22	7.3%
	Unemployed, unemployed	4	1.3%
	other	158	52.7%
A hobby of my parents	Play mobile phone, computer	88	29.3%
	Reading and reading newspapers	75	25%
	Playing cards and playing mahjong	60	20%
	Travel, do sports	15	5%
	other	62	20.7%

According to the analysis of the questionnaire, the proportion of parents playing mobile phones in their spare time is as high as 29.3%, and 20% of parents will play cards and mahjong in their spare time. These bad habits will subtly affect the students' habits, and some students will even imitate their parents' bad habits. The answers also showed that only 5 percent of parents would like travel and sports, 25 percent of parents would read books and newspapers, and 20.7 percent had other hobbies.

3.1.4 Parents' parenting style

Table 3: Educational methods of parents

project	option	number of people	Percentage (100%)
The way your parents educate you	Criticism and criticism	95	31.7%
	be indifferent to	21	7%
	Reason education	127	42.3%
	Inclusive guidance	57	19%
When your academic performance is not good, Will your parents?	Encourage you,	83	27.7%
	Try to get good results next time	105	35%
	Let yourself reflect and adjust	28	9.3%
	Find the cause together with you	84	28%

According to Table 3, 42.3% of parents gave reasoning education to students, and 19% of parents gave inclusive guidance to students. However, 31.7% of parents still criticize and educate students, and 7% of parents take an indifferent attitude towards students' study and life. Such education method is not conducive to stimulating students' interest in learning and cultivating students' good study habits.

3.2 Analysis of Factors Influencing Learning Habits of Primary and Secondary School Students

3.2.1 The impact of family atmosphere on the learning habits of primary and secondary school students

The family is the basic unit of educating children. A good family atmosphere and education are crucial for personal growth and success. And the atmosphere of every family is a relatively fixed and unchangeable lifestyle that takes a long time to form. By observing students in the middle school section of Weishan Central Primary School, it was found that children who grew up in a negative family atmosphere find it difficult to develop good learning habits, while children who grew up in a positive family atmosphere often have good learning habits. The family atmosphere is so important for cultivating the learning habits of primary and secondary school students. To create a good family atmosphere, both parents need to make multiple efforts. Not only should we provide students with a suitable learning environment, but we should also create a harmonious, democratic, and loving family atmosphere. Parents should lead by example and subtly influence their children.

3.2.2 The impact of parents' education level on the learning habits of primary and secondary school students

The education level of parents also has a significant impact on the formation of learning habits among primary and secondary school students. By analyzing the survey results, we can come to the conclusion that the higher the education level of parents of primary and secondary school students, the better their learning habits will be. Generally speaking, well-educated parents also possess good learning habits and effective learning methods, so when they educate their children, they can impart these habits and methods to their children. Such parents can not only provide students with a lot of learning assistance, but also effectively cultivate their excellent moral character and develop good learning habits. Parents with relatively low levels of education find it difficult to provide excessive help in their studies and daily lives, and often educate their children more simply and rudely. Such parents often have a feeling of being willing but unable, which leads to a deviation from the school's educational methods, which is not conducive to the physical and mental development of primary and secondary school students, nor is it conducive to the formation of their good learning habits^[2].

3.2.3 The impact of parents' attitudes on the learning habits of primary and secondary school students

The attitude of parents is a decisive factor in the formation of good learning habits among primary and secondary school students. In modern society, many primary school students are only children, who are the "apple of the eye" and "little emperor" of the family. The love and care of their family involve various aspects, even to the extent of indulgence. A survey found that many parents of primary and secondary school students mistakenly believe that as long as elementary school students have good grades, everything else is indifferent. They only pursue final exam scores and do not plan for their future learning and life, neglecting the importance of cultivating learning habits. Many parents of primary and secondary school students have incorrect attitudes, which not only hinders family school cooperation, but also hinders the long-term development of primary school students. Often, teachers work tirelessly to cultivate good learning habits among students in school, and after a holiday, students' learning habits disappear. So parents must establish a correct attitude, recognize the importance of developing good learning habits among primary and secondary school students, and consciously cultivate their learning habits, rather than just focusing

on and pursuing exam scores. The middle school stage of primary school is a crucial stage and also a transitional stage towards the upper grades of primary school. Therefore, the cultivation of learning habits among primary and secondary school students is crucial and important. Only through mutual cooperation between parents and principals can we help primary and secondary school students steadily grow and develop good and lasting learning habits.

3.2.4 The impact of parents' educational methods on the learning habits of primary and secondary school students

After analyzing the survey, it was found that parents of primary and secondary school students have many educational methods for their students, but there are also not a few parents who are not attentive to their students' education. Many parents of primary and secondary school students like to play cards and mahjong, and are indifferent to their students' learning situation and grades. If students do not perform well in school, they will scold or even play without asking the reason. Parents always hope that their children can become the best in the school, with excellent grades and no need to worry about themselves. But I didn't lead a good lead and set the right example for my child, instead, I helped them develop many bad habits. Students in primary and secondary schools are younger and have weak self-control, but they have strong plasticity. If parents want to correct their children's bad habits and cultivate good habits, they should start to reflect on their own education methods from now on and pay more attention to their children^[3].

4. Conclusion

With the progress of the times, more and more people realize that family is the key to a child's growth and success, and in order for a child to form good learning habits, it also depends on the efforts of each parent. The primary and secondary school stage is a critical period for primary school students to form good learning habits. Parents and teachers should seize this critical period, strive to do a good job in family and school education, create a suitable family and school environment for primary school students' learning, and promote their comprehensive development!

References

- [1] Chen Qinggui. *On the Impact of Family Environment on Children* [J]. *Dali Daily Digital Newspaper Platform*, 2010 (7)
- [2] Chen Zhongmei. *Home school cooperation is an inevitable choice for modern education - exploration of collaborative education practice in urban primary schools* [J]. *Education Monthly*, 2018 (06): 86-91
- [3] Chen Weidong. *Parents are mentors for cultivating good habits in children - Makarenko on learning* [J]. *Research on Children and Adolescents*, 2002 (12): 20