

Optimization Strategies for College English Education Model under the Guidance of New Liberal Arts Concepts

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Keywords: New liberal arts concept; college English; education optimization

Abstract: During the period of reform in college English education, it is necessary to firmly adhere to the new liberal arts concept as the guide, in order to further optimize the model of college English education, so as to make college English education more effective and in line with the requirements of the times. In this context, this paper provides a detailed analysis of the significance of the new liberal arts concept in optimizing the college English education model and the difficulties in optimizing the college English education model under the new liberal arts concept. Based on this, it proposes the opinions and suggestions on how to better promote the optimization of the college English education model under the new liberal arts concept, in order to make college English education more in line with the requirements of the times, and to further demonstrate the effectiveness of college English education and provide some reference.

1. Introduction

The new liberal arts concept, characterized by problem-oriented and interdisciplinary integration, has a very important impact on the development of traditional liberal arts disciplines. As an indispensable core general education course in the process of university education, college English education plays a very important role in promoting the comprehensive development of college students. Especially at present, college English education is in a period of transformation, and the importance of English education is gradually decreasing in the context of the times. There are many related questions about "the significance of college English existence" and "the proportion of college English education should be reduced". [1] The emergence of these problems is closely related to the social and historical background, as well as the difficulty of adapting to the needs of society in the current college English education model and the inadequate construction of its own education model. Therefore, applying new liberal arts concepts to promote the optimization and reform of college English education models has become a practical and feasible path to promote the further development of college English education.

2. The Importance of Optimizing the Model of College English Education under the New Concept of Liberal Arts

The new liberal arts concept plays a very important role and significance in further optimizing the model of college English education. It not only makes college English education more adaptable to the requirements of society, but also further promotes the innovative development of college English education, enabling it to cultivate more high-quality talents that meet the requirements of the times.

2.1. Further Strengthening the Social Adaptability of College English Education

Firstly, the further development of the new liberal arts concept has put forward more requirements for college English education. In order to adapt college English education to the development environment of the new liberal arts concept, it is necessary to continuously optimize the education mode, enhance the adaptability of college English education, and better grasp the diversified teaching skills of English education under the new liberal arts concept, promote the further improvement of the quality of college English teaching, and promote the further transformation and upgrading of college English education. In addition, the new liberal arts concept can further optimize the teaching mode of college English to improve the adaptability of college English. Under the new liberal arts concept, college English teaching can be problem oriented for practical application education, promoting English education to improve the effectiveness of English education based on practical problems, and thus making college English education more suitable for the current needs of society.

2.2. Further Improving the Innovative Development Level of College English Education

The new liberal arts concept can further promote the innovative development of college English education models. It is necessary to clearly deepen innovation in college English education and ensure that it remains forward-looking, which is one of the key factors for further improving the quality of college English education and teaching under the new liberal arts concept. The new concept of liberal arts requires that college English education should not only focus solely on English knowledge education in the past, but also develop towards the integration of multi-disciplinary applications. [2] It is necessary to combine professional courses to build a comprehensive college English education model while understanding the employment prospects and actual employment needs of college students, in order to better achieve innovation in the integration of college English education and disciplines, and make college English education more professional and personalized. On this basis, the new liberal arts concept can also promote the further development and innovation of specific college English teaching curriculum content, teaching plans, and teaching concepts, effectively achieving a balance in college English curriculum teaching, and thus proposing new development ideas and models for the reform of college English teaching curriculum.

2.3. Further Cultivating More High-Quality Talents for Comprehensive Development

The new liberal arts concept not only promotes innovation in college English education models, but also cultivates more high-quality talents that meet the requirements of the times. Under the guidance of the new liberal arts concept, college English pays more attention to the cultivation of students' application abilities, and can utilize cutting-edge educational concepts to carry out targeted college English education based on the professional and employment needs of college students. It

can help college English education break away from traditional educational thinking and educate students from a higher teaching dimension, thus fully meeting their professional and employment needs. It can promote college English education to be no longer a vague and traditional educational paradigm, but a subject with professional applicability that can effectively help improve students' abilities in future work and life, thereby improving their overall quality, and promoting the comprehensive development of students.

3. The Dilemma of Optimizing the Model of College English Education under the Guidance of the New Liberal Arts Concept

Although the new liberal arts concept has a positive impact on the development of college English education, there are still many difficulties in the optimization process of college English education models under the guidance of the new liberal arts concept, which seriously hinders the further optimization of college English education models and hinders the further improvement of the quality of college English education.

3.1. Lack of a Comprehensive Teaching Guarantee Mechanism

In the current process of English education, many universities only attach importance to the curriculum construction for college English education, while neglecting the construction of a comprehensive teaching guarantee mechanism. As a result, the implementation of college English education in many universities is often superficial, making it difficult to fully leverage the effectiveness of college English education under the new liberal arts concept. On the one hand, under the guidance of the new liberal arts concept, many college English education models have been optimized and reformed blindly, failing to optimize according to students' learning characteristics and needs, resulting in many students having difficulty adapting to the pace of college English education for a while. On the other hand, many universities have established a relatively comprehensive interdisciplinary English education mechanism in the process of implementing the new liberal arts concept, and have achieved a collaborative development of English teaching mode to some extent. However, there is still a lack of scientific methods and skills to ensure the smooth integration of educational practice and curriculum teaching in the specific process of English education practice and actual classroom teaching.

3.2. Lack of Interdisciplinary System Integration

The college English education model under the new liberal arts concept is a development model of interdisciplinary integration. However, many universities have not yet established a development concept of interdisciplinary integration in the optimization process of college English education models, making it difficult to leverage the language advantages of college English to expand the research boundaries of English disciplines, which is not conducive to the integration and development of emerging disciplines and English. In addition, the concept of interdisciplinary integration and development has not been fully utilized to optimize the content of college English education according to the actual needs of society, resulting in the optimization of college English education models under the new liberal arts concept being superficial and difficult to truly deepen.

3.3. The Construction of the Evaluation System is Incomplete, and the Ability of Professional Teachers is Still Lacking

A scientific evaluation system and teachers' educational abilities have a very important impact on

college English education. On the one hand, many college English teachers have not yet changed their educational concepts and have not formed a systematic understanding of the new liberal arts concept, making it difficult to optimize the English education model under the new liberal arts concept. On the other hand, the comprehensive quality of many English teachers still needs to be improved, and the learning of new teaching techniques and concepts is not yet in place. In addition, the construction of the new liberal arts concept must be supported by a sound evaluation system. However, the single evaluation method, incomplete evaluation content and form, and objective and fair evaluation have become important factors hindering the optimization of college English education models under the new liberal arts concept.

4. Strategies for Optimizing the Model of College English Education under the Guidance of the New Liberal Arts Concept

In order to further optimize the teaching mode of college English under the new liberal arts concept, it is necessary to start from multiple perspectives, in order to establish and improve a scientific model of college English education, and better promote the development of college English education.

4.1 To Improve the Construction of Teaching Guarantee Mechanism for College English Curriculum Education

Firstly, it is necessary to improve the guarantee mechanism of English curriculum education in order to improve the effectiveness of English education. On the one hand, it is necessary to fully understand students' learning abilities and characteristics, carry out a tiered college English education model, classify teaching based on students' specific learning situations, and ensure that every student can keep up with the reform of English education models under the new liberal arts concepts, so that students can better adapt to new concepts and models. On the other hand, it is necessary to further build a diversified English education practice platform, fully utilizing advanced modern teaching technology to empower English education models. We need to build a collaborative development of online and offline curriculum teaching models and a systematic English education curriculum practice system to meet the professional and work needs of students, thereby providing a teaching guarantee mechanism with lasting momentum for the further optimization of university English education models.

4.2 To Further Promote the Integration and Development of College English Subject Education System

Secondly, we must learn to seize historical opportunities and focus on promoting the reform and development of the university English subject education system. Firstly, it is necessary to fully leverage the language advantages of English and make full use of its instrumental properties. And according to the professional needs and student employment needs, we will shape the university English education model, innovate the reform of the university English discipline, highlight the humanistic characteristics of university English, extend the application boundaries of university English, and effectively promote the integration and development of university English and other disciplines under the new liberal arts concept, enhancing the professionalism and effectiveness of college English education. In addition, it is necessary to deeply implement the application of new liberal arts concepts in the process of college English education, continuously optimize and develop college English education according to the needs of economic development and social progress, to ensure that the model of college English education can always keep up with social development,

and to promote college English education to always be forward-looking. [3]

4.3 To Enhance the Ability Construction of Professional Teachers and Establishing a Comprehensive and Scientific Evaluation System

Finally, it is necessary to enhance the teaching ability of professional teachers to assist in further optimizing the college English education model. On the one hand, it is necessary to continuously improve teachers' comprehensive teaching ability, establish their correct understanding of the new liberal arts concepts, and enable them to identify the target positioning of college English education in the process of college English education and under the guidance of the new liberal arts concepts, and continuously optimize and improve the teaching objectives of college English. On the other hand, it is also necessary to establish a scientific assessment and evaluation system, strengthen the assessment and evaluation of teachers, strengthen the assessment of teachers' teaching ability, classroom effectiveness, professional title evaluation, and other aspects, in order to better control college English teachers and promote the further development of college English education. In addition, a scientific assessment and evaluation system for students should also be established, changing the traditional single evaluation method and establishing a complete and scientific assessment and evaluation system. In the process of constructing an evaluation system for students, a combination of process evaluation and comprehensive evaluation should be adopted. [4] The construction of the evaluation system should not only cover all students, but also pay attention to the scientific and fair nature of the evaluation. It is necessary to enrich the main body of the evaluation, carry out mutual evaluation between teachers and students, and promote a more scientific evaluation structure.

5. Conclusion

In summary, in order to leverage the leading role of the new liberal arts concept in college English education and optimize the model of college English education, it is necessary to deeply understand and implement the integration of the new liberal arts concept with English education and teaching, and promote the integration and development of college English education and other disciplines from multiple perspectives, in order to establish a new model of college English education and teaching that is continuously innovative and collaborative.

Acknowledgement

This work was supported by The Planning Research Projects of the China Association of Private Education (Category of School Development) titled Research on High Quality Innovative Development of Private Universities under the New Development Concept (Approval number of planning research projects: CANFZG23433).

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