

Research on Cultivating the Struggle Spirit of College Students in the New Era under the Path of "Mutual Assistance" and "Trinity"

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Abstract: In order to effectively improve the effectiveness of cultivating college students' struggle spirit in the new era and enhance their struggle spirit and skills, this article, guided by Marxist theory, strives to systematically explore the practical problems, difficulties, and challenges of cultivating college students' struggle spirit in the new era, analyzes and summarizes the connotation and significance of college students' struggle spirit, and based on the current situation of college students' struggle spirit, Construct feasible ways and methods for cultivating college students' struggle spirit in the new era that can be used for reference.

At present, the world is experiencing a great change that has not happened in a century. The adjustment of the international pattern and the conflict of national interests are deepening. The conflict between Russia-Ukraine conflict is intensifying. The country is in the critical period of reform, and the phenomenon of unbalanced and inadequate development is still prominent. In order to realize the Chinese dream of the great rejuvenation of the Chinese nation, we must carry forward the spirit of struggle in the new era. College students in the new era, as active forces in this "great struggle", as qualified builders and reliable successors in the cause of socialism with Chinese characteristics, must strengthen their ideals and beliefs, strengthen their will to struggle, sharpen their fighting skills, and devote themselves to the great struggle practice of the new era with a high spirit of struggle.

1. The Basic Connotation and Realistic Significance of Struggle Spirit

In semantics, struggle generally has three levels of meaning. One is that both sides of the conflict conflict with each other, and one side strives to defeat the other; Second, theoretical criticism or disclosure; Third, strive hard. From the perspective of traditional Chinese culture, it is recorded in "Huainan Zi's Main Skill" that "for the wise, we must work with cunning, and for the brave, we must work with struggle." The struggle here refers to the struggle between politics.[1] At the same time, in the philosophical context, struggle actually belongs to the category of the laws of contradiction in dialectics. Contradiction is the fundamental driving force of the movement of things, and it exists absolutely everywhere and at all times. The struggle between both sides of the contradiction promotes the eternal development of the world. Therefore, contradiction is the prerequisite and foundation for the existence of struggle, and the universal objectivity of contradiction determines the universal

objectivity of struggle.

Spirit is a positive and dynamic reflection and creation of the objective world, and it is one of the achievements of the highest level of human consciousness activities. As scholar Xu Doudou pointed out, "The 'spirit' is the highest product of the material world, which is different from the general thinking consciousness and emotional will of people, but rather the pursuit and refinement of beautiful values formed by a nation or individual in practice for excellent moral qualities, ideals, beliefs, and intellectual abilities. [1] From this perspective, the spirit of struggle in Chinese history is the steadfast consciousness, indomitable spirit, national character, and relentless spirit of self-reliance formed by the Chinese nation in overcoming various natural disasters, withstanding hardships, defeating foreign invasion, and calming internal disputes, among which is a rich philosophy and wisdom of struggle.

The quality of adolescents plays an important role in the future development of a country and nation. This importance is reflected in the following aspects: First, cultivating new people for the country who can shoulder the great task of national rejuvenation. With the strengthening of national awareness education, more and more people have realized the importance of ideological work. However, at present, some college students still have a weak sense of struggle, a lack of ideals and beliefs, and even a phenomenon of lying flat, lacking the spirit of struggle. "Socialism with Chinese characteristics has entered a new era, and the domestic and international environment is becoming more complex. The great changes that have not occurred in a century have profoundly affected the world. We are bound to face greater challenges, which require developing the spirit of struggle, enhancing the ability to struggle, cultivating the wisdom of struggle, and striving to realize the Chinese Dream of the great rejuvenation of the Chinese nation."

The second is to win the struggle in the ideological field. From the perspective of historical development, the struggle in the field of ideology has always been one of death and endless. Colleges and universities are important positions for ideological work. We should abandon the recognition that colleges and universities are ivory towers and peach gardens. From leaders to teachers and students, we should shoulder corresponding responsibilities, implement the responsibility system for ideological work, dare to struggle, and dare to shine the sword. "If someone denigrates Marxism and negates its guiding position under the name of 'academic freedom', they should take a clear stand and resist it." Third, strive to create a harmonious society with a clean and upright atmosphere. Currently, there are still money worship, hedonism, lack of integrity, moral degradation, egoism, and historical nihilism among college students. Colleges and universities should strengthen the cultivation of struggle spirit, deeply analyze the causes of current social problems, guide students to understand the essence of problems through analyzing superficial phenomena, cultivate their struggle consciousness, improve their struggle skills, enable students to view social phenomena and handle problems more rationally, and consciously resist adverse social trends and social trends.

2. The Current Situation of Cultivating College Students' Struggle Spirit in the New Era

Practice is the only criterion for testing truth. Without investigation, there is no right to speak. This article analyzes the overall situation of the struggle spirit of college students in the new era through a questionnaire survey, finds out the problems and dilemmas existing in the struggle spirit of college students in the new era, and then analyzes and sorts out the causes, with a view to comprehensively and objectively reflecting the true situation of the struggle spirit of college students in the new era, thereby providing useful reference and reference for the construction of the struggle spirit of college students in the new era.

The sample of this questionnaire survey is mainly from college students from Harbin Institute of Technology in Heilongjiang Province, who are distributed among male and female students in various majors and academic years. A total of 650 questionnaires have been collected, with 618 valid ones.

In the survey of college students' cognitive level of the connotation of struggle spirit, only 1.8% of them do not understand the struggle spirit, 15.1% of them generally understand the connotation of struggle spirit, and 83.1% of them relatively understand the connotation of struggle spirit. According to the data of "Please evaluate your fighting spirit", only 8.6% of college students believe that their fighting spirit is very weak. 97.3% of college students affirmed the importance of struggle spirit for their own development, while only 1.4% of college students held a completely negative attitude. This reflects the importance that college students attach to the spirit of struggle, laying a good foundation for cultivating the spirit of struggle in the future. In terms of "college students' evaluation of their lack of struggle spirit," 70.8% of students believe that they lack struggle methods, struggle skills, and struggle will, lack awareness of struggle strategies and skills, and have a weak sense of risk and hardship, often following the trend. Based on the above data analysis, it can be concluded that although college students in the new era can recognize the importance of struggle spirit for personal growth, they do not have matching cognitive abilities and practical abilities to solve problems.

3. Constructing a "Mutual Aid" and "Trinity" Cultivation Path for the Struggle Spirit of College Students in the New Era

Firstly, it is necessary to construct a "two-way aid" path of cultivating the struggle spirit of college students in the new era, which is online+offline. Currently, new media and new technologies are widely used. Therefore, ideological and political courses should give play to the advantages of new media technology and adopt a hybrid teaching method of online learning and offline interaction to make ideological and political courses lively, deep, and practical. "Living up means that ideological and political lessons are not rigid theoretical preaching, but rather transforming theories into classroom language, making ideological and political lessons closer to students and more vivid and interesting." Through online production of micro videos to teach important and difficult theories or knowledge, building a video resource library, online case library, teaching work display platform, and offline case teaching, situational teaching, and flipped classroom methods, the classroom can be animated and animated, making the ideological and political class more attractive. Deepening up means that theoretical teaching is not a simple interpretation, but an in-depth analysis from the perspective of academic theory, achieving the unity of history and reality, the unity of knowledge and logic, and the unity of theory and practice. In fact, school party committee leaders should take the lead in the construction of ideological and political courses, and school leaders should take the lead in entering the classroom and teaching ideological and political courses well. For example, during learning and practical activities such as implementing the spirit of the 20th and 19th National Congress of the Party, the party committee secretary of Harbin Institute of Technology interacted with students on the spot, encouraging them to closely integrate their personal future and destiny with the Chinese Dream of the great rejuvenation of the Chinese nation, which has played a good ideological guiding role for young students.

Secondly, it is necessary to build a new era of college students' struggle spirit cultivation path that integrates society, school, and family.

Society: Tamping the cornerstone of cultivating college students' struggle spirit. From past experience, economic development and social environment play an important role in ideological and political education. Therefore, it is necessary to consolidate the cornerstone of college students' spiritual cultivation from both economic development and social environment. In recent years, influenced by the global economic recession, the COVID-19 and the wave of anti-globalization, the domestic economy has also been deeply impacted, which has led to the shrinking of the employment market, increased employment pressure and high cost of living in big cities, making college students constantly "introverted" and having a negative impact on their struggle spirit. In this regard, the

government should stabilize the economy, ensure employment, create more employment opportunities for college students, and let them see development and hope. The rapid development of the Internet economy has also profoundly changed the ideology and value orientation of college students. The lack of integrity and online fraud in the Internet economy have weakened the moral sense of college students, thereby weakening their aggressive struggle spirit. Therefore, the government should strengthen network supervision, improve systems and regulations, standardize the content information on the network, and create a clean and positive network ecology; It is necessary to strengthen the promotion and dissemination of excellent traditional and revolutionary culture in society, stimulate the patriotic feelings of college students, and serve the country.

Colleges and universities: the main front for strengthening the struggle spirit education of college students. Colleges and universities are the main battlefield for ideological and political education of college students, as well as the main battlefield for cultivating the spirit of struggle. Colleges and universities should focus on youth work as a strategic task, implement the fundamental task of cultivating morality and cultivating people, grasp the classroom position, strengthen the construction of activity positions, deeply cultivate patriotism, strengthen ideals and beliefs, and enhance struggle awareness and skills. Teachers of ideological and political courses should adhere to the requirement of "integrating explicit education and implicit education" and extensively explore resources for ideological and political education. They should tell the stories of China to achieve the comprehensive goal of educating all students. Before teaching ideological and political courses, teachers should clarify the course positioning, teaching objectives, and teaching methods. In specific teaching practices, methods such as case-based teaching and seminar-style teaching can be introduced. Additionally, teachers should fully tap into cases and resources that embody the spirit of the times and the ideological and political education resources of the school, integrating them into the teaching of ideological and political courses. By telling the stories of China, teachers can inspire students' strong sense of mission and responsibility, enhancing their awareness of struggle and wisdom. At the same time, we should actively strengthen the construction of campus cultural positions, carry forward the socialist theme, strengthen the propaganda of mainstream ideology such as Core Socialist Values, and carry out colorful activities. Finally, universities must attach great importance to the construction of the ideological and political course teacher team. Ideological and political course teachers are the main participants and executors of ideological and political course cultivation, and play an important role in the quality and effectiveness of ideological and political courses.

Family: Casting the soul of college students' struggle spirit. Parents are the first teachers of children, and everything they say and do affects their children's thoughts and behavior. Therefore, in daily life, parents should carry forward the spirit of struggle, resolve the difficulties, setbacks, and challenges in life with perseverance, determination, and perseverance to face difficulties, in order to help children establish a sense of struggle and enhance their ability to fight. When entering college life from high school, college students often encounter problems such as maladjustment, unclear learning goals, and social phobia. Parents should also understand the psychological and growth characteristics of college students, learn in a timely manner, update their concepts, provide understanding and tolerance to the problems that arise, and provide rational help and guidance to encourage them to form a positive practice, fearless struggle will, and increase their struggle skills. In addition, youth is the most active and dynamic force in the entire social force. Youth is the hope of a country and the future of a nation. As important members of the family, young people also bear the primary responsibility for cultivating the spirit of struggle. They should fully unleash their initiative and take on the mission of embracing the world and standing out among others, making contributions to the development of the country and the rejuvenation of the Chinese nation. They should possess selfless dedication to their country, concern for the world and a compassionate heart for humanity, as well as perseverance, a sense of urgency, and high moral standards. They should not fear risks, be afraid of failure, or shirk

responsibilities. Instead, they should continuously deepen the will and spirit of struggle among contemporary university students, enhance their fighting abilities and wisdom. Only by doing so can we establish a cultivation path for the spirit of struggle in the new era, integrating online and offline elements, and involving the cooperation of society, schools, and families. Through this tripartite approach, we can make greater contributions to the comprehensive construction of a socialist modern country and the great rejuvenation of the Chinese nation!

References

[1] Song Y. *Introduction to the scientific spirit of the new era [D]*. Central Party School of the Communist Party of China, 2018.