

# *Research on the Practice Path of Aesthetic Education for Normal University Students*

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**Abstract:** In the aspect of college undergraduate personnel training, aesthetic education is an important part. It refers to the cultivation of college students' knowledge of beauty, their ability to create beauty, and their appreciation for beauty. This kind of aesthetic education aims to cultivate individuals who possess specific qualities and talents. The research focuses on what kind of people to cultivate, how to cultivate them, and for whom to cultivate them. The fundamental purpose is to nurture morality, intelligence, physical beauty, and labor talent for the socialist construction. However, there are differences in aesthetic education among different majors, which require different methods and strategies to fully leverage the value of aesthetic education. In this regard, the article takes a university in Chengdu as an example to explore the practical approach to aesthetic education in universities with undergraduate students from various majors.

## 1. Introduction

Aesthetic education plays an important role in the growth and development of talent. In the context of education in the new era, a new goal has been proposed for talent cultivation in colleges and universities. This goal requires all colleges and universities to cultivate talents with a comprehensive development of morality, intelligence, physique, aesthetics, and labor skills. In the construction and development of colleges and universities, the training of normal university students differs from other majors, and there are also variations in the demand for aesthetic education. Therefore, the current research on the practical path of aesthetic education for normal university students has a positive and influential value in shaping them with sound morality, intelligence, physical fitness, aesthetic appreciation, and labor skills.

## 2. The Value of Implementing Aesthetic Education for Undergraduate Students Majoring in Education in the New Era

### 2.1 Help students form good psychological qualities

When it comes to the cultivation of professional talents in colleges and universities, the development of aesthetic education courses can not only nurture the psychology of college students

and shape their sound souls, but also encourage them to develop fine qualities such as being rigorous, careful, and practical, avoiding arrogance and impetuosity, maintaining strong self-confidence and a positive attitude, and being hopeful about life [1]. Moreover, scientific aesthetic education practices can cultivate a sense of unity and cooperation among college students. For instance, participating in music choruses can make students in education programs experience the collective power and foster a healthy psychology.

## **2.2 Help cultivate aesthetic concepts in education students**

As part of aesthetic education, aesthetic education mainly focuses on nurturing the appreciation of ideas through the enhancement of aesthetic abilities. Through music aesthetic education, students can develop a healthy aesthetic taste and aesthetic concept, enabling them to form correct understandings and pursuits of beauty. Furthermore, aesthetic education in colleges and universities, tailored to students from different majors, can provide an inexhaustible source of inspiration and vitality for the development of students' creativity [2]. Specifically, for education students, aesthetic education practices can effectively enhance their aesthetic concepts.

## **2.3 Help education students shape sound personalities**

From a constructivist perspective, aesthetic education plays a significant role in personality development. This is primarily because aesthetic education educates and influences college students with various fine qualities found in art, society, nature, and the human body. Consequently, students are subtly influenced and impacted by beauty during music appreciation practices, leading to the purification and elevation of their thoughts and emotions. This, in turn, promotes the development of education students' personalities towards truth, kindness, and beauty. Through aesthetic education, education students can further improve and perfect their self-personalities, thereby shaping sound personalities that are more conducive to their future practical work.

# **3. Explore the Practical Path of Aesthetic Education for Education Students**

## **3.1 Change the concept of talent training and explore the innovative potential of students**

Differences in talent training concepts directly affect the quality of talent training [3]. Traditional aesthetic education in colleges and universities often places excessive emphasis on theoretical education while neglecting practical education. In the context of the new era, colleges and universities should pay greater attention to cultivating high-quality talents, advocate new educational concepts, and promote the development of students' innovation and collaboration abilities. Society requires not only applied talents but also creative talents. Creative talents possess unique aesthetic tastes, lively and imaginative thinking, and a passion for creativity. It can be said that traditional intellectual education neglects aesthetic education, thus not providing the best foundation for cultivating applied talents. Therefore, for undergraduate students majoring in different disciplines, the development of aesthetic education in colleges and universities should actively change the concept of talent training, align it with the specific disciplines, continually explore the innovative potential of students, foster their practical application abilities, and cultivate talents with comprehensive development of morality, intelligence, physique, aesthetic appreciation, and labor skills [4]. In the context of aesthetic education curriculum for education majors, it is crucial to cultivate professional talents that society needs. When implementing aesthetic education practices, such as using music education, it is necessary to provide professional guidance and combine the teaching objectives of aesthetic education with those of music education to enrich the content of music teaching. This approach can also enhance the psychological

qualities of college students. For example, choral activities can foster unity and cooperation among students. Appreciating musical works can improve college students' aesthetic sensibility and develop strong psychological states through emotional sublimation. These efforts provide the necessary qualities and abilities for their professional training.

### **3.2 Strengthen the construction of aesthetic education courses, and combine intellectual education with aesthetic education organically**

Throughout the talent cultivation work in China, there are differences in the development of aesthetic education practice in different stages. In primary and secondary schools, music courses and fine arts courses are the main courses. In university, professional courses have heavy learning tasks, and these courses have been replaced by professional courses, or have become marginalized elective courses. Many college students also study for the purpose of collecting credits, and do not conduct in-depth research on music education, let alone give play to the aesthetic education value of music education [5]. In terms of music aesthetic education courses, the real practice of aesthetic education requires college students not only to know the name and content of music art works, but also to have a rough understanding of their artistic value, and teachers to cultivate students' independent learning ability, so that students can actively look up relevant materials and understand the beauty of art in the process of no guidance [6]. Taking the practice of music aesthetic education in normal majors in colleges and universities as an example, normal university students usually pay more attention to the teaching theory learning of core professional courses rather than aesthetic education courses. For the practice of music aesthetic education in normal majors, it is necessary to strengthen the construction of aesthetic education courses, such as music appreciation courses. Through the construction of general elective courses, students are encouraged to choose music related courses. At the same time, it is also necessary to build a platform for music teaching and practice for students, integrate aesthetic education practice into professional knowledge teaching, carry out teaching skills display related to music aesthetic education practice, and promote students' comprehensive ability.

### **3.3 Cultivate students' ability to fully feel beauty**

To feel beauty is mainly to train students to have a keen sense of art and beautiful things in real life. Excellent architectural works are also the crystallization of various kinds of beauty. For example, for the aesthetic education work carried out by architectural majors, they should be helped to have the ability to feel the beauty of ancient and modern classics at home and abroad. It includes the beauty of building appearance, artistic conception, environment and so on. Colleges and universities also need to use various ways and techniques to cultivate students' aesthetic taste, so that their ability can meet the needs of all people [7] First, various architectural works of famous masters at home and abroad should be presented. If conditions permit, schools can organize students to visit outside the school, so that they can taste the unique artistic conception and flavor of architectural works, guide students to feel the creative ideas of famous masters, and encourage students to discover the hidden beauty. For example, visit Tianfu Square, Tianfu Panda Tower, New Century Global Center and many other places to feel the spectacular architecture, taste the unique design and creative ideas. During the summer and winter holidays, teachers are also needed to guide them to visit scenic spots around the country, through a variety of art works, to increase students' knowledge, expand their vision, and help them establish a good aesthetic concept.. Second, organize different types of activities to mobilize their initiative, awaken students' hidden desire to learn, imperceptibly enhance their aesthetic ability, and do a good job in the cultivation of students' vision, accomplishment and knowledge.

#### 4. To do a good job in aesthetic education through art associations

Both the teacher and the student are important components of the teaching process, which requires the teacher to highlight the subject status of the student. In particular, the teaching work of exhibition should achieve this goal. Through various means and methods, students' aesthetic emotions should be enhanced to promote their all-round growth and development. However, in order to show the effectiveness and timeliness of aesthetic education practice, students should be made aware of the unique beauty of art education, so as to improve their aesthetic ability and appreciation ability, and gradually produce a strong sense of innovation [8-9]. Whether it is moral education or today's aesthetic education, it should be thoroughly implemented and guided by an active way to actively participate in it. Otherwise, it will be impossible to achieve the basic goal of aesthetic education. Colleges and universities set up various associations, can become an important carrier of aesthetic education, all colleges and universities have a variety of associations, is the backbone of cultural construction, can bring more colorful cultural activities for students. Colleges and universities can also absorb a variety of artistic expression, hold a variety of club activities, effectively integrate art edification and aesthetic education, attract more and more students' attention and enhance the actual effect of aesthetic education. For example, guitar association, street dance club, chorus club and so on, especially for teachers major students, can mobilize their enthusiasm, guide students to take the initiative to participate in it, according to their own preferences and interests, choose the corresponding clubs, and they participate in the activities organized by the club, through skills display performance, I can also communicate with peers in the community, evaluate each other's creations, learn from each other's strengths and advantages, and make up for my own shortcomings and problems. The most important thing is to make full preparation in the competitions held by the club, and to win the final victory through continuous practice and learning through participation in various concerts or guidance from others [10]. So, in this link, students' artistic quality will certainly be effectively edified, but also can enhance their aesthetic ability and artistic quality, for their progress and growth in the subsequent stage has a more critical role. Therefore, when carrying out aesthetic education work, teachers must pay more attention to club activities, help students grow and develop quickly, enhance their aesthetic taste, let them realize the importance of art major, can continue to learn, participate in a variety of club activities, achieve the double improvement of learning effect and learning quality, and promote students to achieve all-round growth.

#### 5. Conclusions

In a word, under the new development situation, the society has begun to pay more attention to the cultivation of talents, especially their cultural literacy, which must be improved accordingly. Contemporary college students are the key training target of national aesthetic education, and bear huge responsibilities and obligations. College normal university students are a representative group of students. If you want to realize the task of educating people by virtue, colleges and universities must focus on the development of art education or aesthetic education, change the original thinking concept, pay more attention to aesthetic education, and promote the growth of students of all majors through various ways and means. In this way, we can cultivate the successors of socialism, strengthen the cultivation of students' artistic quality and aesthetic taste, enhance the final educational effect and quality, and lay a solid foundation for the progress and development of students in the subsequent stage.

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