

# *Cheerleading Teaching into the Course of Ideological and Political Analysis*

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**Abstract:** Cheerleading is a very popular sport, usually done by a team. This drill usually involves a variety of gestures, movements and slogans to inspire the audience or support the team. Cheerleading is a fun sport that is also widely used in schools, sports competitions, and other social situations. Integrating cheerleading into the ideological and political development of the course can make it give better play to the function of education, and promote the overall development of students and the improvement of their comprehensive quality.

## 1. Introduction

In the subject course teaching, the government implements the national curriculum reform and ideological and political work policies, integrates moral education with intellectual education, physical education and aesthetic education, and cultivates the teaching process of people's comprehensive development and comprehensive quality. Its purpose is to promote people's all-round development and improvement through the implementation of ideological and political courses, enhance people's ideological and moral quality and social responsibility, and cultivate new people to shoulder the great responsibility of national rejuvenation. Cheerleading movement originated from the cheering ceremony of ancient tribal society. Today, this sport has evolved into one of the unique dance style sports with super impact and shock, including performance, skill and competition. With the continuous expansion and deepening of the concept of quality education in schools in China, the development of personality and ability of primary and middle school students, physical and mental health has become the core and focus of education [1]. It can not only cultivate people's physical quality and coordination ability, but also improve the spirit of collective cooperation and sense of responsibility, is a good curriculum ideological and political carrier. Guide different groups to promote solidarity, mutual assistance and communication between them. It is a good way of education and teaching practice to combine the cheerleading and political education, realize the organic integration of moral education, physical education, intellectual education and aesthetic education, and cultivate students' comprehensive development and comprehensive quality.

## 2. Cheerleading Teaching Status Quo

Cheerleading teaching, as a new sports project, has received more and more attention and attention for its popularization and development worldwide. In various countries and regions, the development of cheerleading teaching also has its own characteristics.

In the United States, cheerleading operation is a popular campus sports project, and its teaching and competition have a certain scale and system. As the birthplace of cheerleading, cheerleading teaching in the United States has a long history and developed early, making positive contributions to the development and promotion of cheerleading. In the United States, major universities and cheerleading associations have actively participated in the promotion and development of cheerleading teaching, continuously improving its level and influence. In addition, cheerleading teaching in the United States also pays more attention to creativity and expressiveness [2], especially in competitions, where more emphasis is placed on the differentiation of music and choreography, which provides more possibilities and opportunities for cheerleading teaching.

In Japan, cheerleading teaching has been widely promoted and applied. Cheerleading teaching in Japan emphasizes teamwork and the cultivation of expressiveness, as well as the training and improvement of skills. In Japan, cheerleading has also become a popular campus sports event, attracting many young people to participate. In addition, the teaching of cheerleading in Japan also pays attention to the positive impact of cheerleading on women, emphasizing that cheerleading can help women improve their self-confidence and expression, which also provides strong support for the development and promotion of cheerleading in Japan.

In China, the development of cheerleading teaching has also made great progress. The government and education departments have increasingly attached importance to and invested in cheerleading teaching, which has further improved the scope and influence of cheerleading teaching. Organizations such as the Cheerleading Association also actively participate in the promotion and development of cheerleading teaching, providing professional guidance and support [3]. At the same time, with the development of Internet technology, the emergence of online education has also made cheerleading teaching further expanded and popularized. In China, cheerleading teaching is also widely used in various fields, including sports competitions, artistic performances, campus activities, and so on, with its influence and application value continuously increasing.

At the same time, cheerleading teaching in China also faces some problems and challenges. First of all, the popularity and acceptance of cheerleading teaching in China are relatively low. Compared to other sports, cheerleading teaching still needs more publicity and promotion [4]. Secondly, the faculty and training mechanism of cheerleading teaching also need to be further improved to improve the quality and level of teaching. In addition, the standardization and standardization of cheerleading teaching in China also need to be further improved in order to better promote and develop cheerleading teaching.

In general, cheerleading teaching, as an emerging sports project, has its own characteristics in the development and promotion of various countries around the world.

Improve ideological and political education effectiveness in colleges and universities, must give full play to the classroom education main channel, according to the "do good university of socialism with Chinese characteristics, to insist on khalid ents, cultivate and practice the socialist core values into the teaching process" the basic requirement, the subject resources, academic resources into educational resources, realize "knowledge" and "value lead" organic unity, promote "education courses" to "course education" three-dimensional education transformation [5]. Cheerleading teaching has a long history in China, and has been widely promoted in some universities, primary and secondary schools, communities and other places. The development of cheerleading teaching can be explained in detail from the following aspects:

## 2.1. School Teaching

With the promotion of mass sports, more and more schools begin to incorporate cheerleading into the content of physical education teaching, or promote it as a part of campus cultural activities. For example, Peking University, Tsinghua University, Fudan University, Shanghai Jiao Tong University and other universities have all opened cheerleading teams and courses, attracting a large number of students to participate. College cheerleading students not only participate in intramural competitions and performances, but also in various regional and national cheerleading competitions and performances. For example, every year, there is a national college student cheerleading championship, and the college cheerleading team can register for it and have the chance to get excellent results.

Primary and secondary school cheerleading has been widely carried out in the country, primary and secondary schools have cheerleading clubs. Especially in the city center schools, cheerleading activities are more popular, and some middle schools will also invite professional cheerleading coaches for guidance [6].

The teaching quality of cheerleading in primary and secondary schools is related to the development of the situation, some high-level school cheerleading teams, with professional cheerleading coaches, students can systematically learn cheerleading knowledge and skills. At the same time, primary and secondary school cheerleading team to participate in competitions and performances, is also an important means to improve the quality of teaching and enhance students' motivation. The number of participants in cheerleading is relatively large, which also shows the students' love for cheerleading. Students who participate in the cheerleading team can not only exercise their bodies, enhance their physical fitness, but also learn the spirit of cooperation, improve team awareness, and cultivate leadership and performance ability.

## 2.2. Community Activities

The application of cheerleading in community activities is also becoming increasingly popular. Some community cultural centers, gyms and other institutions will open cheerleading courses, and invite professional coaches for guidance. In this way, the surrounding residents can be attracted to participate in the training and performance of cheerleading, and enhance the physical quality and cultural and entertainment living standards of the community residents [7]. In some large community events, the cheerleading performance has also become one of the important programs.

## 2.3. Mass Sports

Cheerleading is also widely used in mass sports activities across the country. For example, in civil society competitions, cheerleaders are held as competitions. In addition, la la operation as a national fitness activity, has also received the attention and support of the government and all sectors of society, some parks, squares and other public places will regularly organize cheerleading training and competition activities, attracting a large number of citizens to participate [8].

## 3. Ideological and Political Activities and Cheerleading Combined Development Path

In today's society, the goal of education is no longer just the transmission of knowledge, but also the all-round development of talents. Therefore, the organic combination of ideological and political and cheerleading can achieve the dual purpose of education and fitness, but also help to cultivate students' sense of social responsibility and team spirit.

### **3.1. Integration of Teaching Content**

Cheerleading operation is a form of physical exercise, its teaching content includes dance movements, skill training and so on. The socialist core values and other ideological and political content throughout the cheerleading teaching, so that students in the learning cheerleading at the same time also accept the ideological and moral edification, strengthen the penetration of ideological and political education. For example, there can be some hot social topics or current affairs news introduced in the cheerleading training, so that students can understand the social reality and cultivate social responsibility while mastering sports skills.

### **3.2. The Cultivation of Teamwork and Cooperation Spirit**

Cheerleading is a form of collective and cooperative movement. Through the cultivation of teamwork and cooperation spirit in teaching, students can realize the impact of individual behavior on the team and improve their teamwork ability. For example, students can be organized to participate in team building, collaborative creation and other activities in cheerleading training to enhance students' collective consciousness and teamwork spirit.

### **3.3. Inheritance and Innovation of National Culture**

Lala operation is a kind of sports dance, and its movement design also has a certain national cultural background. In the design of cheerleading into the national cultural elements, let the students understand and understand their own national cultural traditions, and on this basis of innovation, so that cheerleading more in line with the needs and characteristics of contemporary society. For example, traditional ethnic costumes, Musical Instruments and other elements can be integrated into the cheerleading movement design, so that students can understand and inherit the ethnic culture while exercising.

### **3.4. Promote the Spirit of Volunteer Service**

Cheerleading can participate in public welfare activities, volunteer service and other forms, let different groups understand and participate in social construction, cultivate them to carry forward the spirit of volunteer service is another development path of the combination of ideological and political and cheerleading [9]. By participating in public welfare activities and volunteer services, we can understand the social reality and improve our social responsibility and civic awareness. For example, in a cheerleading competition or performance, you can combine the volunteer service projects to let everyone participate in it and reflect the positive energy conveyed by the cheerleading [10]. At the same time, the relevant volunteer service knowledge can also be introduced in the classroom, so that students can understand the meaning, method and process of volunteer service, and cultivate their spirit of volunteer service.

### **3.5. Combine Education and Entertainment**

Cheerleading is not only a way of physical exercise, but also a recreational activity. In the cheerleading training and competition, students can enjoy the process of sports and learning more by adding the elements of game and fun, and also stimulate students' interest in learning. For example, you can add small games, competitions and other forms in the cheerleading training, so that students can enjoy happiness while learning.

## 4. Conclusion

The development path and teaching of ideological and political combination and cheerleading are diverse, which need to be explored and constantly improved in practice. By integrating a variety of elements, such as education, cooperation spirit, cultural inheritance, volunteer service and entertainment, the dual purpose of thinking, politics and sports can be realized, and everyone can develop in a more comprehensive way. The development path and teaching form of combining ideological and political education and cheerleading sports are also constantly innovating and improving. With the development of society and the changing needs of students, relevant departments and educational institutions continue to optimize teaching content and methods, increase attention and support for students, making teaching combined with ideological and political education and cheerleading more diverse and flexible, adapting to students at different levels and needs. At the same time, this teaching model has also been widely recognized and welcomed by society and students, and has become an indispensable and important part of university education. Therefore, it can be said that the development path and teaching form of combining ideological and political education with cheerleading has achieved significant results, and has broad development prospects and important social value. The benefits of ideological and political education and cheerleading are not limited to individual students, but also have a positive impact on the development of society and the country. This teaching model not only cultivates students' teamwork and leadership skills, but also enhances their sense of social responsibility and cultural self-confidence, laying a good foundation for their future development and social role playing. This training method meets the requirements of modern society for talents, and is also conducive to improving the country's cultural soft power and international competitiveness. Therefore, the teaching model combining ideological and political education with cheerleading has comprehensive and far-reaching significance.

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