

# *Study on the Practice System of College English Education Teaching Based on Course Ideology and Politics*

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**Abstract:** The construction of ideological and political education teaching system has become the teaching focus of Chinese universities. The construction of college English curriculum aims to cultivate college students with strong cultural quality and English ability. Therefore, the importance of ideological and political education system and English teaching system is beyond doubt. However, the current construction of the curriculum ideological and political education system is still in the exploratory stage, and is faced with many deficiencies. This chapter tries to explore a more reasonable and perfect college English curriculum system by systematically analyzing the problems facing the current college English curriculum and the basic principles of establishing an innovative English curriculum system on the ideological and political basis.

## **1. Introduction**

The current concept of university education is gradually transforming from ideological and moral education in theoretical and political courses to ideological and moral education with a variety of courses, which brings new needs and challenges to university curriculum teaching[1]. How to deal with these changes quickly is critical, especially for college English courses, which have a key strategic position in the college curriculum. At present, the combination of Chinese university English major and ideological and political teaching is facing many problems and difficulties. Based on this, this paper briefly studies the difficulties faced by the current university English education teaching research system based on curriculum thought and theory teaching, and gives specific measures.

## **2. Problems Existing in the Teaching Practice System of College English Education Based on Curriculum Ideology and Politics**

In the process of ideological and political theory course education, we should make full use of the ideological classroom, the main teaching channel, which is a major issue emphasized by the general secretary in the provincial ideological and political education work conference of institutions of higher learning, and has formed a synergistic effect in the teaching of various

subjects[3].The so-called curriculum ideological and political affairs refers to the overall curriculum system formed with all ideological and political aspects as the core. And university language is a linguistic category based on human nature. It is of great significance to the education and integration of ideological and political theory courses. Therefore, in the process of college English teaching, in addition to the relevant courses of the subject, we should also conform to the current development trend of ideological and political theory course education, specifically integrated into the corresponding courses, in order to gradually complete the current English teaching construction[4].

For a long time, a common problem in college English teaching is that students' learning motivation is too utilitarian and negative[6]. This is affected by long-term exams. The learners in English learning are mainly CET 4 and CET 6. They can learn and apply for work through IELTS, TOEFL or related English competitions. In this student group, only a few students learn English out of interest, and want to learn to communicate freely with foreigners. In addition, students' learning motivation is too utilitarian, and a considerable number of students still show a relatively negative attitude towards English learning. The University is a relatively independent place of study. Its learning frequency is different from that of the high school English courses. Two English classes a week gradually let the students relax. In the traditional English teaching, the separation of English context from other contexts is very obvious. Students put the English subject in a position completely independent of the daily context, failing to notice that the learning of traditional Chinese culture and ethical thinking are actually closely related to the English subject[7]. This thinking trap is not formed overnight, so changing the fixed way of thinking is the main difficulty and key point of the application of curriculum Thinking and Politics in college English teaching.

## 2.1 Work Level

At present, many colleges and universities in China still only stay in the political and ideological teaching stage of ordinary general education classes, and do not really incorporate ideological and political teaching into other disciplines[8]. This situation is also very prominent in the English courses of Chinese universities. College English teachers' understanding of the significance of ideological and political teaching is not deep enough. There is a lack of ideological and political teaching in the classroom. Therefore, the implementation effect of college English education based on ideological and political teaching in the classroom also needs to be improved urgently.

## 2.2 University Level

As for the problems existing in the English education teaching and practice system of colleges and universities based on the curriculum ideological and political theory, some colleges and universities are also carrying out research and rectification and do not pay too much attention to the talent selection during the rectification period[10]. There are defects in the recruitment and training of teachers, and the evaluation and support system needs to be improved urgently. When recruiting and training English professional teachers, some colleges and universities often only pay attention to the teaching level of teachers' professional courses, but do not pay much attention to teachers' ideological and political and educational ability. It can be seen that Chinese higher education must pay more and more attention to the construction of college English education and teaching research system based on subject ideology and politics.

## 2.3 Course Design Level

The construction of the Chinese university English education curriculum research system based on the curriculum ideology and politics requires the schools to strengthen the curriculum design[2]. At present, due to the lack of attention to curriculum ideological and political teaching in some domestic colleges and universities, the weak curriculum construction of college English education system and curriculum practice system based on curriculum ideological and political teaching appears. The synergistic effect of English curriculum and ideological and political teaching also needs to be improved urgently[5].

## 2.4 Support Level

At present, some local colleges, universities, families and communities across the country to jointly promote the construction of college English education teaching and practice system based on curriculum ideological and politics has not been fully established, and the atmosphere of the whole society to pay attention to and support the construction of college English education teaching and practice system based on curriculum ideological and politics has not been strong. In the integration of English courses and ideological and political education, the international understanding is not enough, and the domestic support for it is also obviously insufficient[11-12].

## 3. Build a College English Education and Teaching Practice Based on Course Thinking and Politics

University English professional construction should focus on the subject characteristics and resource advantage, in-depth study subject teaching objectives, further explore and cultivate English language humanistic cognitive system teaching has the thinking value and spiritual content, scientifically and reasonably expand the breadth and depth of teaching system, improve the system teaching knowledge and humanity, improve the leading timeliness and openness. School English teachers should have a broader vision, focus on every link of the course, and for the course content education design, using ideological education method for classroom ideological and political teaching, to avoid the classroom content and ideological and political teaching is not integrated, make the course content and ideological and political education to achieve "integration"[14].

### 3.1 Improve Students' Comprehensive Literacy

Foreign language teaching, especially in school foreign language courses, is the main part of general education teaching[6-7]. Foreign language teaching is indispensable to the formation of cultivating students' scientific thoughts, humanistic quality and values. In addition, it also has the advantages of large quantity, wide coverage, long time, and most of them are concentrated teaching. It can always become the forefront of Chinese ideological and political education and teaching, and play the ideological and political effect of the curriculum, which is its natural advantage. Under such a curriculum implementation system, learners can not only master the English ability in the course, but also can comprehensively improve their own quality.

### 3.2 Learn Advantage Culture

The process of foreign language teaching is to enhance the world competitiveness by mastering the cutting-edge culture, understanding and actively responding to global civilization, multicultural and global rules, and enhancing cross-cultural understanding and communication ability.

### **3.3 Better Understanding of Chinese Culture**

Learning a foreign language helps them to better understand and master the language and culture, and thus improve their awareness and creativity[15]. College English teachers should "tell Chinese stories well", build a "bridge" for the integration of Chinese and Western cultures, and train and improve the level and skills of contemporary college students to tell Chinese stories well.

### **3.4 Improve Students' English Learning Ability**

College English professional teachers should understand and grasp the basic characteristics and basic rules of university foreign language teaching, improve subject literacy, optimize curriculum design, innovative teaching mode, according to the curriculum design of high quality interactive teaching, depth processing students' knowledge, personalized, cooperative, hybrid teaching, improve students' participation consciousness, effectively enhance students' learning enthusiasm and initiative.

## **4. The purpose of Building a College English Education Teaching Practice System Based on Course Thinking and Politics**

### **4.1 Enhance Students' Interest in English Learning**

For a long time, a common phenomenon in school English classes is that their learning motivation is more simple and more utilitarian[10-11]. Most students learn the language to pass the fourth and sixth level tests. Just individual students to learn language out of their own interests. In addition, the school is also a relatively unique language teaching place, the frequency of English courses is also relatively low, students usually take two classes a day. In the long run, students are also looking more relaxed. In the traditional English teaching, the distinction between English contexts and other contexts is very obvious[13]. These schools put the English curriculum entirely independent of the daily context, and do not pay attention to the close relationship between the traditional Chinese culture and the English curriculum. In fact, the school English teaching also has its own advantages. And simple ideological and political course teaching material, the situation education in college English classroom, can put the power of ideological and political teaching into English teaching activities, help students more relaxed and happy ideological and political teaching, so as to arouse students' patriotic passion, students' political ideological consciousness, give students spiritual weapon, silent, also help students to form a better political morality, further enhance the level of ideological and moral character.

### **4.2 Deepen Students' Understanding of Chinese Culture**

In order to cultivate their cross-cultural communication skills, college English classes have put forward high requirements for their listening, speaking, reading and writing level[7]. The main purpose of the school English class is not only to cultivate their test scores, but also to cultivate their practical skills in the language communication environment. This requires college English teachers to integrate the ideological and political ideas of the course into their English teaching, so as to understand the differences between Chinese and Western cultures and the characteristics of Chinese culture. At the same time, college English teachers must do a good job of ideological and moral education for students, in order to cultivate their deep understanding of the Chinese national culture, and to improve their cultural pride.

## **5. Measures to build a college English Education Teaching Practice System Based on Curriculum and Politics Mechanism for Practical Teaching**

### **5.1 Strengthen the Construction of the Guarantee Mechanism for Practical Teaching**

Institutions of higher learning should build an undergraduate English education curriculum system based on the national curriculum ideology and policies, form a complete operation mechanism, and set up a national curriculum supervision leading group composed of the supervisors of institutions of higher learning[12-13]. Institutions of higher learning should actively respond to the call of national and local education departments, and make overall management and allocate special funds for the establishment of English education courses in ideological and policy colleges and universities. In order to improve the construction of professional teachers, institutions of higher learning should absorb excellent teachers of relevant majors as the main ideological and political teaching force of college English courses. Institutions of higher learning should also regularly organize teachers to conduct external examinations to broaden their international vision, get familiar with the world, national conditions and human feelings, and encourage them to design and guide practical teaching activities scientifically.

### **5.2 Enriching Professional Professional Practice Teaching**

Colleges and universities should constantly improve the practical curriculum plan of ideological and political teaching in order to improve the ability of combining classroom theoretical knowledge and practical application[9]. In college English classes, teachers should lead students to discuss hot social topics based on current affairs. For example, during COVID-2019, teachers can familiarize students with the disease, including the origin and prevention methods, before teaching. Students will also share their views through group discussions and with group members. Finally, the teacher will make summaries and instructions. Teachers in higher education should actively think about innovative teaching methods. With the vigorous development of information technology today, higher education teachers should constantly strengthen the integration of information technology and college English classroom ideological and political teaching, and adopt the new teaching method of online and offline integration. And college English teachers should also constantly enhance their practical teaching ability to enrich the connotation and expression form of the classroom. When carrying out classroom education, teachers should have the courage to break through the traditional teaching methods and actively guide more students to participate in the classroom. At the same time, teachers should also strengthen ideological and political teaching, enhance students' ability to grasp cutting-edge ideas, and better integrate frontier theory and advanced thinking methods into English teaching in colleges and universities[6].

### **5.3 Improve the Teaching Evaluation Mechanism**

In order to better promote the English ideological and political course education in colleges and universities, colleges and universities must constantly improve the curriculum teaching evaluation system. At the university level, institutions should also set up professional teaching supervision groups to check the quality and effect of the course content regularly, they should guide teachers to improve the English education curriculum research system based on curriculum ideology and politics; At the student level, schools can also regularly organize teaching evaluation and point out new problems in the classroom.

## 6. Conclusion

It is crucial to establish a curriculum research system of college English education courses based on curriculum ideology and politics[8]. It not only has revolutionary significance for English teaching in universities, but also improves the university teaching system in China. Ideological and political education in the school English class can enhance students' understanding of English culture, so as to enhance students' understanding of foreign culture. By integrating ideological and political education into English classes, English teachers in the school can make students enhance their understanding of domestic culture while learning foreign languages, so as to enhance students' ideology and help students to form correct social values.

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