

Practical Exploration of Ideological and Political Education Teaching Curriculum Based on the Cultivation of Teenagers' Cultural Self-Confidence

Xiaoling Guo

Taishan University, Taian, Shandong 271000, China

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Abstract: As builders and successors of Socialism with Chinese characteristics, teenagers' cultural consciousness and self-confidence are directly related to the realization of great cause and the victory of great struggle, and are the key qualities to promote the further sustainable and healthy development of our country. The practice of integrating cultural self-confidence into teenagers' IPE(Ideological and Political Education) is to stimulate teenagers to realize value inheritance, emotional identification and spiritual sublimation in learning and inheriting Chinese excellent traditional culture, revolutionary culture and advanced socialist culture, so that the quality of IPE in middle schools and the effectiveness of educating people can be comprehensively improved. Based on a brief analysis of the concept of cultural self-confidence, this paper clarifies the significance of integrating cultural self-confidence into middle school IPE, analyzes the problems faced by middle school IPE teaching reform, and puts forward the corresponding practical path of IPE teaching course based on the cultivation of teenagers' cultural self-confidence, with a view to deepening teaching reform and improving the effectiveness of teenagers' education.

1. Introduction

The cultivation of cultural self-confidence is one of the main contents of IPE (Ideological and Political Education) in middle schools. Teenagers' cultural consciousness and cultural self-confidence reflect the overall quality and level of the nation to a certain extent. As builders and successors of Socialism with Chinese characteristics, teenagers' cultural consciousness and self-confidence are directly related to the realization of great cause and the victory of great struggle [1]. At this stage, the education of middle school curriculum pays too much attention to the education of professional knowledge, ignoring the educational concept of moral education, which makes the middle school curriculum education show the phenomenon of separation of culture and moral education. Many middle school teenagers have a low awareness of China's excellent traditional culture and a weak sense of cultural inheritance, which leads to the lack of cultural self-confidence of contemporary teenagers [2-3]. On this basis, a new educational concept is put forward, that is, the educational concept with cultural self-confidence as the core.

2. The Basic Connotation of Teenagers' Cultural Self-Confidence in the New Era

Culture is an extremely rich and complex comprehensive system [4], which is derived from the historical development of human society. Culture is developing, and its external forms are different in different historical periods [5]. Cultural self-confidence has rich connotations, and understanding its connotation is the basis of establishing cultural self-confidence. Cultural self-confidence means that the country and the people have an open and inclusive attitude and eclectic tolerance towards foreign cultures, which reflects the rational sublation of their own culture, dialectical absorption and modest reference of outstanding foreign cultural achievements. At the same time, it can accurately reflect the people's spiritual and cultural pursuits, reflect the development and changes of the times, and has the characteristics of keeping pace with the times. It can be seen that the cultural self-confidence we advocate has rich connotations and strong internal support.

The practice of integrating cultural self-confidence into teenagers' IPE is to stimulate teenagers to realize value inheritance, emotional identification and spiritual sublimation in learning and inheriting Chinese excellent traditional culture, revolutionary culture and advanced socialist culture, so that the quality of IPE in middle schools and the effectiveness of educating people can be comprehensively improved. Then it is mainly to carry out socialist IPE for teenagers, including: Marxist world outlook, outlook on life, values, Socialism with Chinese characteristics theory system, etc. [6-7]. The continuous improvement and development of human subjectivity is a rational sense of social responsibility reflected in the active transformation of nature and society; The coordinated development of man, nature and society is the mutual promotion and common development of human development and social development. The conclusion of the transformation of the main contradictions in our society is also to let the people get better and more comprehensive development.

3. The Significance of Integrating Cultural Self-Confidence into Middle School IPE

3.1 Enrich IPE Content

In the process of IPE, teenagers can learn about the content of China traditional culture through the study of teaching content, and teachers must also have cultural consciousness when imparting knowledge to students. In IPE, moral education, patriotism education, ideals and beliefs education are all closely related to cultural self-confidence. The organic integration of these contents can promote the innovation of IPE content and is also the basic requirement of teaching reform. Have a sense of identity with socialist core values; Help teenagers shape a sound personality and set up lofty ideals and ambitions. In a word, it is inevitable for middle schools to carry out IPE, which is guided by teachers in a purposeful and planned way, and promotes young people to become people with firm stand, noble character and civilized behavior.

3.2 The Key to Building a Socialist Cultural Power

From the perspective of cultural development, it is not only the embodiment of prosperity, but also the transformation to a cultural power. There is still a certain gap between the teenagers' cultural self-confidence and the goal of becoming a cultural power [8], and China still has a long way to go. These cruel realities require us to speed up the pace of cultural construction and build a socialist cultural power as soon as possible. Therefore, cultivating teenagers' cultural self-confidence and strengthening teenagers' cognition and recognition of Chinese culture can better stimulate teenagers' enthusiasm and initiative to participate in cultural construction and realize their sense of responsibility for cultural rejuvenation, thus improving the competitiveness of Chinese

culture and accelerating the realization of the goal of strengthening the country through culture.

3.3 Establishment of Values

Socialist core values are the value guidance for building a great modern socialist country with Chinese characteristics and realizing the Chinese dream of national rejuvenation. The growth and all-round development of teenagers cannot be separated from the guidance of correct values. As shown in Figure 1: A survey of the core values of socialism shows that 13.56% of the students understand it well, 69.49% of the students understand it basically, and 16.95% of the students do not understand it. This shows that the current young people's understanding of the core values of socialism is not comprehensive and profound enough.

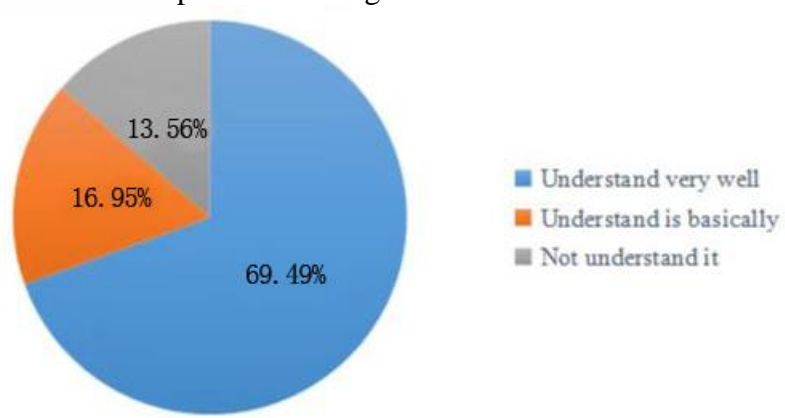


Fig.1 Teenagers' Understanding of Socialist Core Values

Cultivating teenagers' cultural self-confidence is to help them sort out their cultural beliefs, which is an important force to promote the social development of the motherland. Due to the lack of cultural self-confidence and insufficient cultural consciousness, many teenagers blindly worship western culture.

Teenagers are based on their existing value orientation in the process of recognizing and inheriting their own traditional culture and learning from the world's excellent culture. Forming correct values has a guiding role for teenagers to inherit their own traditional culture and learn from the world's excellent culture. Therefore, the formation of correct values is the key to cultivate teenagers' cultural consciousness and self-confidence. In the process of education, one pays attention to the indoctrination from the outside, and the other pays attention to the infiltration and infection from the inside out. The two complement each other and echo each other to jointly promote the all-round development of teenagers. In the era of globalization and information technology, and in the conflict and collision of multiple values at home and abroad, the socialist core values should be actively practiced.

4. The Practical Path of IPE Teaching Course Based on the Cultivation of Teenagers' Cultural Self-Confidence

4.1 Carrying Forward Chinese Excellent Traditional Culture and Enhancing the Effectiveness of Adolescent IPE

Teenagers' understanding of Chinese excellent traditional culture is not deep enough and thorough enough, and they can't fully understand and appreciate the influence of Chinese excellent traditional culture on cultivating teenagers' excellent conduct. As shown in Figure 2: A survey of

the current level of understanding of Chinese traditional culture among young people. In the question "Are you interested in Chinese traditional culture", 65.09% of the respondents chose general interest, 26.42% of the respondents chose very interested. 7.55% chose not to be interested, and 0.94% chose not to be interested at all.

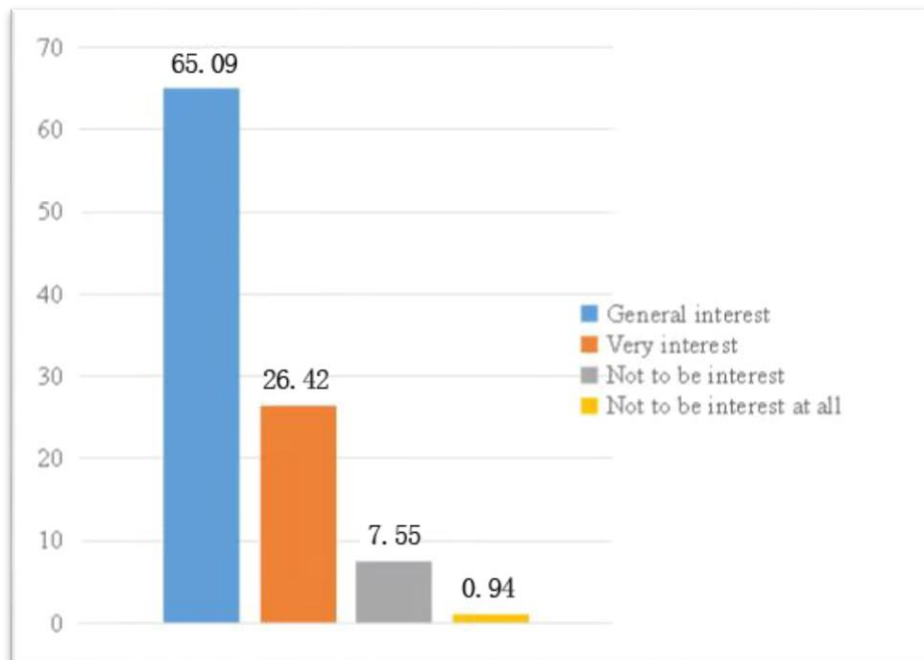


Fig.2 Young People's Interest in Excellent Traditional Chinese Culture

Chinese excellent traditional culture is not only an important source of cultural self-confidence, but also an important content of adolescent IPE. Vigorously promoting Chinese excellent traditional culture is conducive to improving the cultural self-cultivation of young people, cultivating their excellent moral character and deepening their national cultural identity. Teenagers can be organized to visit traditional cultural education bases, experience traditional folk customs and so on, and enrich the teaching forms of Chinese excellent traditional culture courses. Only in this way can teenagers really like Chinese excellent traditional culture, and they will learn and pass it on voluntarily, so as to enhance their cultural literacy to a greater extent.

Carrying out educational activities of Chinese excellent traditional culture can not only organize literary and artistic works competitions of traditional culture in the whole school, but also set up reward rules to arouse the enthusiasm of young people to actively participate in activities; You can also organize young people to visit historical and cultural sites, museums and other cultural places, which are the concentrated expression of the Chinese nation's life concept, customs and habits, emotional expression, etc. Through these profound experiences, Chinese excellent traditional culture can continuously nourish the spiritual world of young people. We can make full use of the sense of ritual for education and hold activities with a sense of ritual on important festivals and anniversaries, which can attract the attention of teenagers to a greater extent and deepen their cognition.

4.2 Promoting the Reform and Innovation of IPE Teaching in Middle Schools

The author thinks that we should strengthen the construction of IPE courses, cultivate and enhance teenagers' cultural self-confidence, by optimizing IPE courses, tapping curriculum resources, innovating education and teaching modes, and broadening practical channels.

Contemporary youth groups are not strong in the subjective consciousness of China's excellent traditional culture, lack of understanding and learning of traditional culture, and fail to form a correct and scientific understanding of traditional culture, which leads to some biased evaluations in reality. IPE course should shoulder the task of cultivating Marxist world outlook, establishing good moral and legal views, understanding the social development process of China since modern times, and enhancing self-confidence in socialist road, theory, system and culture. The cultivation of teenagers' cultural self-confidence in the new era needs to combine the development requirements of the times, grasp the cultural development trends in time, and constantly improve the curriculum system and optimize the IPE curriculum on the premise of student-centered.

At present, IPE teaching in many middle schools still continues the traditional teaching mode, blindly instilling students with pure theory, lacking teaching innovation, which makes the classroom boring, difficult to arouse teenagers' interest in learning, and leads to poor cultural self-confidence. Attention should be paid to the use of teaching carriers, especially with the wide application of the Internet, online teaching is more convenient and flexible, which is quite popular among teenagers. Therefore, to cultivate teenagers' cultural self-confidence, we can adopt the "online+offline" course teaching method, make full use of the advantages of new media in a timely, effective and transcending time and space [9].

The process of practical teaching of IPE course should itself be a process of practicing cultural self-confidence. The author thinks that the practical design of IPE teaching course based on cultural self-confidence is a useful exploration to improve the systematic and scientific practice teaching of IPE course. To cultivate and carry forward the socialist core values unremittingly, we should guide the teachers and students to consciously practice the socialist core values and persist in promoting the harmony and stability of middle schools. Middle school teachers must constantly innovate the way of education, optimize the educational structure, understand students' needs in real time.

4.3 Dig Deep into the Teaching Content of IPE Class, and Carry out Cultural Self-Confidence Education Throughout the Teaching of IPE Class

Digging deep into the teaching content of IPE course and teaching cultural self-confidence education through IPE course is a comprehensive course in middle school. Especially in the aspect of cultivating teenagers' cultural self-confidence, it is necessary to give full play to the role of educating people by combining the advantages of other professional disciplines, which is not only an effective supplement to IPE course, but also can improve teenagers' cultural self-confidence education. Middle schools should base themselves on the demand for talents in the development of the new era, attach importance to cultivating teenagers' cultural practice ability, increase IPE class practice hours, enrich teenagers' second class, and give full play to the role of all staff in educating people in all directions and in the whole process. To cultivate teenagers' cultural self-confidence, we should not only pay attention to teenagers' theoretical and practical study in school, but also let them go out and feel the cultural world in social activities [10]. Middle schools should actively create opportunities for students to participate in social practice.

Relying on the revolutionary education practice base to carry out national spirit and spirit of the times education for teenagers, we should be good at grasping favorable opportunities, favorable conditions and favorable resources to carry out practical activities. Grasping favorable conditions means that teachers should make full use of existing funds, equipment, personnel and other organizations to carry out appropriate practical activities. After entering the society, students will further acquire resources and materials, and then their social perception will be greatly improved, so that teenagers can truly understand the profound meaning of socialist core values.

5. Conclusions

Culture is an extremely rich and complex comprehensive system, which is derived from the historical development of human society. Culture is developing, and its external forms are different in different historical periods. Cultural self-confidence has rich connotations, and understanding its connotation is the basis of establishing cultural self-confidence. Many middle school teenagers have a low awareness of China's excellent traditional culture and a weak sense of cultural inheritance, which leads to the lack of cultural self-confidence of contemporary teenagers. It is of great theoretical and practical significance to study the teaching reform of IPE course in middle schools from the perspective of cultural self-confidence. Strengthening teenagers' cultural self-confidence plays a very important role in promoting the formation, inheritance and development of China's socialist values and promoting the healthy development of the country and society. Therefore, in the large-scale high school education, we should pay attention to the cultural self-confidence education of young students.

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