

The Development Path of Traditional Martial Arts in China in the Context of the Development of Globalization

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Abstract: In today's economic, social and cultural globalization, all aspects of China's social sphere are gradually converging to the international level, especially China's sports business has begun to grow and gradually move towards a global development model. But nowadays, China's sports development path is mainly based on the Western modern sports development model, resulting in China's excellent traditional martial arts programs being left out and lagging behind, which is a problem worthy of deep consideration by every Chinese. To this end, the article uses research methods such as the literature method to study the development path of China's traditional martial arts in the context of cultural globalization, with the aim of promoting the development and inheritance of China's traditional martial arts.

1. Introduction

Martial arts is one of the most important and outstanding representatives of traditional sports culture in China. Although globalization has brought about the development of traditional martial arts in China, there are many difficulties in its development, leading to the sluggish development of traditional martial arts programs in China. In the current background of globalization development, it is a very important event to study the development and inheritance of the traditional martial arts culture [1]. In order to make the development of our traditional martial arts better, in the current context of globalization development, we must think deeply and actively explore the development path of the traditional martial arts, and make it come out of a path of development belonging to our own Chinese people with Chinese characteristics.

2. The Current Situation of the Development of Contemporary Traditional Martial Arts Culture

The globalization development strategy is undoubtedly a new development practice for China's traditional martial arts culture. Today, with globalization, people's values and psychological perceptions have changed tremendously, but the traditional imprint still remains. It has become an indisputable fact that traditional culture has become a national pain and needs to be saved and protected. The psychological level or spiritual level is the deepest level of traditional culture. Especially after being called intangible cultural heritage, martial arts practitioners have become complacent, not seeking to forge ahead, stagnant, closed doors serious, lack of initiative

development awareness. Of course, the martial arts are worthy of being passed on. However, as far as the concept of development is concerned, it is undoubtedly sad that the better is the worse. Shaolin and Taiji are well developed in contemporary times. As a development of traditional culture, they are globally known and in step with the world. This is also “thinking is changing, changing is generalizing, generalizing is reaching”. Therefore, traditional martial arts seriously lack the role of development consciousness and subjective initiative. Of course the view is only to illustrate the importance of the issue, there is no negation of the development status quo.

The contemporary development of the technical level of wushu in China is mainly based on the centralized government system, which dominates the overall development. However, in order to develop and excessively pursue the western sports development concept, high, difficult, beautiful and new as the development orientation, resulting in martial arts and dance are not separated. Martial arts stays lonely. From the light of national essence to no one asking for it, the development of martial arts is obsessed with the pursuit of quantitative assessment and the urgent desire to join the Olympic family, leading to resistance in the hearts of traditional martial artists, which affects the rapid development of martial arts and is crowned as Oriental ballet and Chinese gymnastics, which neither reflects the unique charm of Oriental culture nor the core value of martial arts, let alone the significance of our traditional martial arts culture.

3. The Impact of Globalization Development on the Development of Traditional Martial Arts in China

The development of our traditional martial arts culture has been nurtured and grown up for thousands of years, and is the wisdom crystallization of our people's unique traditional sports, which is the excellent national cultural heritage of the Chinese nation. It is rich in connotation and profound in meaning, with a philosophy unique to China. Its cultural connotation is diversified and multi-layered. It not only has noble moral education value, but also has diversified functional value, not only pursuing the cultivation of man and nature to shape. At the same time, martial arts is full of the spirit of self-improvement, courageous struggle, active practice and courageous exploration. However, the development of globalization is an era of cultural communion, and it has been dominated by Western culture in recent times. They believe more in intuitiveness and quantification. With scientific data as their goal, they advocate the use of Western fine science to explain and transform Chinese martial arts, completely abandoning traditional philosophical ideas of Chinese martial arts such as the five elements of yin and yang. Such a view, on the other hand, is clearly contrary to the traditional cultural characteristics of martial arts. Although demanding faster, higher, stronger transcendental development, but in the development of the purpose of participation in martial arts learning alienated to the gold medal strategic purposes. Especially in the last hundred years had the invasion of the Eight-Power Allied Forces and the Eight-Year War of Resistance against Japan, the nation deeply felt the power of imperialism, technology and industrial gap. The national inferiority complex led to blind westernization and blind identification with western culture. The impact and influence of Western culture directly and indirectly seriously affected the process of cultural connotation development of martial arts. At present, there are two tendentious views on the development of martial arts. One is to be skeptical and critical of innovation. The development of martial arts separates national traditional sports from the development of world sports and modern society. The other is to completely interpret and analyze our national stuff with Western theories, adding the footnotes of Western and world sports to the national traditional sports.

4. The Significance of the Development of China's Traditional Martial Arts in the Context of Globalization Development

The development of traditional martial arts in China has a long and profound history [2]. It is an organic part of the most glorious traditional culture of China. Cultural clashes take place silently, but their impact is enormous. With the development of globalization, the traditional martial arts in China have also brought about the struggle between Chinese and Western cultures in their development [3]. In the process of deepening globalization step by step, the development aspect of China's traditional martial arts has been influenced by the modern western sports and lost its own development direction. It does not highlight the excellent cultural characteristics of our own nation, leading to the low development of excellent traditional martial arts programs, and no one is willing to develop and inherit it. In such a development background, if our traditional martial arts want to have their own characteristics, they have to follow the Western sports model while not losing their own national cultural characteristics. It has to assume the responsibility for the inheritance of our own national martial arts culture and try to carry forward the traditional martial arts culture of the Chinese nation. Only by developing traditional martial arts culture to a certain status will traditional martial arts culture be able to go global and get the attention of people all over the world.

5. Problems Faced in the Development of Traditional Martial Arts Culture

5.1 Deficiencies in the Teaching of Martial Arts Education in Schools

Wushu teaching has been incorporated into the syllabus of China's gymnasium teaching. Especially in recent years, with the development of the martial arts six-improvement project, martial arts courses have been carried out in many institutions of higher learning in China, and have also trained a large number of martial arts researchers, contributing to the development of China's traditional martial arts culture. However, in school education, the idea of putting mental pursuits above material arts is particularly serious, especially the high score and school selection and future employment are more public concerns. Relevant bars and policies can not be guaranteed and carried out. Despite the continuous efforts of the relevant work departments, the implementation needs to be improved. Although individual schools carry out more prominent, they neglect the teaching contents and theories related to martial arts, especially the development of martial arts education and moral education. Moreover, the team of martial arts teachers is weak. In addition, the development of martial arts sports has been seriously resisted due to the small space for further studies and narrow employment in martial arts majors.

5.2 Martial Arts Research Lags Behind

In recent years, martial arts scientific research in general has shown characteristics such as topicality, application, innovation, extensiveness of research objects and fields, and synthesis of research methods and means. However, the basis and support relative to martial arts exercise and martial arts sports are insufficient, especially because martial arts has always relied on Chinese medical theory as the basis, and its theory and function are not westernized and more intuitive, resulting in martial arts scientific research then is still in a lagging state. During the ten years of cultural Revolution, our traditional cultural materials were seriously destroyed, and martial arts were not spared. In the "Cultural Revolution", many ancient martial arts books and handwritten boxing songs and scores were destroyed, and many old martial artists and boxers deviated from the humanistic tradition and sportsmanship of martial arts under the misguided policy of "left" [1]. In the 1980s, the martial arts excavation and organization work was carried out nationwide. The

government conducted a major mapping and inventory of the martial arts heritage scattered among the folk in various places, which to a certain extent promoted martial arts scientific research. Currently, martial arts scientific research has depth in general, but lacks sufficient breadth. It also lacks a relative lack of systematicity and hierarchy. There are too many studies on “status quo investigation” and too few predictive studies. Many research results lag behind the development of martial arts, especially scientific research is enough for most universities and related institutions, but the purpose of scientific research for the sake of scientific research, for title evaluation and performance and scientific research, seriously alienated the real purpose of scientific research.

5.3 The Choice of Social Modernization Has Narrowed the Space for the Development of Traditional Martial Arts Culture

The development trend of globalization nowadays makes diversified world cultures constantly collide, exchange and integrate with each other. The development of the Western competitive sports culture represented by the Olympic Games has brought about great changes in the external environment for the survival and development of our traditional culture, which has almost occupied the entire space for the development of sports culture. This has invariably squeezed the sports culture of all nationalities in the world. The same is true for the development of traditional Chinese martial arts culture. Faced with the strong invasion of Western competitive sports culture, people's sports concept has undergone a great change. Those who advocate “higher, faster, stronger” have become extremely enthusiastic about competitive sports, while ignoring the Chinese martial arts, which focus on technical combat. This has posed a serious challenge to the spread of Chinese martial arts culture. For this reason, China's traditional martial arts culture should absorb and learn from the reasonable achievements of the world's excellent sports culture and discard its own undesirable cultural characteristics. Wushu needs to make use of the excellent traditional culture it possesses and absorb and integrate heterogeneous cultures. In this way, the traditional wushu culture in the context of global cultural development will be more vital.

6. The Development Path of Traditional Martial Arts in China in the Context of Globalization Development

6.1 To Follow the Path of Development with Chinese Characteristics

From the history of China's social development, the development and progress of human beings are inseparable from their mutual exchange and understanding and common development [4]. In the current context of globalization, the development of China's competitive sports has made a qualitative leap. However, the development of China's traditional martial arts is not very smooth, traditional martial arts culture is one of the most outstanding cultures in China, but also China's national treasure. In the context of global development, China's traditional martial arts should grow and develop together with competitive sports. Relevant departments should actively promote China's traditional martial arts culture while focusing on the development of competitive sports, and let the development of China's traditional martial arts take the road of Chinese characterization development, in highlighting China's traditional cultural characteristics as well as national characteristics [5].

6.2 To Create a Good Atmosphere for Social Development.

The development of sports in China is inseparable from the constraints of some social factors, which is what makes the development of sports in China different from other countries [6]. The

development background of society to a certain extent can really control the development of sports culture and regulate its development direction. Therefore, under the background of globalization development, the relevant departments should create a good social development atmosphere for the development of traditional martial arts culture. Relevant departments should actively build the software and hardware measures needed for the development of traditional martial arts, and vigorously promote the national spirit and martial arts spirit in China's traditional martial arts culture, so that people can actively carry out various traditional martial arts activities in a good atmosphere and make China's traditional martial arts culture develop better [7].

6.3 To Actively Promote the Characteristics of Traditional Martial Arts Culture

Martial arts originate from people's life, and are a kind of sports activity gradually formed and developed by the Chinese masses during their long-term production work, fighting with nature, and wars in the Cold Weapon Age [8]. Not only can it strengthen people's physical strength but also can be pleasant to the mind, so we should fully understand these characteristics of traditional martial arts and also use them to explore the fitness function of traditional martial arts. In this way, the traditional martial arts culture can return to society and to its roots little by little [9]. In the context of global development, we actively control the development direction of traditional martial arts. We should actively cloud promote the fitness and heart-healthy characteristics of traditional martial arts culture, spread the national spirit and cultural spirit in traditional martial arts, and let the whole world recognize and accept it.

7. Conclusion

In the context of globalization and development, the development of Chinese traditional martial arts requires profound thinking. It is necessary to establish the core values of Chinese society, and we must insist on developing the national traditional martial arts characteristics of our own country. For some modern sports in the West, while taking in its essence, it is not possible to take it all in. We should insist on fighting a protracted war to defend Chinese traditional martial arts culture, so that the development of traditional sports in China can break through the encirclement of Western sports development style, and come out of a development path belonging to Chinese characteristics, so that traditional martial arts culture can be recognized and well received in the world.

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