

Parental Complex of Vocational College Students' Career Choices

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Keywords: Career choice, Parental complex, Vocational college students

Abstract: Under the dual influence of the epidemic and employment pressure, vocational college students are more difficult to choose careers, which have attracted much attention. Through research, it is found that the career choices of vocational college students are greatly influenced by their parents. This influence mainly includes three aspects: the father's occupation and education level; the mother's occupation and education level; the harmonious degree of parental relationship. In-depth research has found that the parents of higher vocational college students are generally less educated, and most of them are individual practitioners, so it is difficult to effectively support the career choices of higher vocational college students. The degree of harmony of parental relationship of higher vocational college students has a greater impact on occupational orientation. Students with harmonious parental relationship generally choose careers that are beneficial to others. Under the condition of unharmonious parental relationship, college students generally choose the opposite direction and show more dissatisfaction, not confidence and anxiety.

1. Introduction

Ideas are the forerunners of behavior, and behavior is the result of ideas. The career views of the students in higher vocational colleges is the basic viewpoints and opinions of college students when choosing a career and designing their future career, which can reflect their future career orientation and career value. The concept of career choice is essentially a state of mind and belief, which not only reflects the career ideals of college students and affects their career choice behavior, but also directly represents the employment mentality of college students. A correct career choice view can help college students to establish a reasonable career development plan, so as to guide them to make adequate career preparation and reduce career risks^[1].

According to data released by the Ministry of Education, in 2022, the number of college graduates in my country will hit two records: the number of graduates will reach a new high, which is expected to reach 10.76 million; the number of graduates will increase the most, with a year-on-year increase of 1.67 million. The number of college graduates in 2020 was 8.74 million, an increase of 400,000 year-on-year; the total number of college graduates in 2021 was 9.09 million, an increase of 350,000 year-on-year. In 2022, the employment situation of college students will be more severe. Under such a severe employment situation, what is the outlook on career selection of vocational college students? To this end, we carried out a survey on the career choices of college

students in higher vocational colleges. Through the investigation, it is found that vocational college students are more seriously influenced by their parents when they choose their careers, ranking first among the 12 main influencing factors. In order to further analyze the specific factors of parents that have an important impact on college students' career choices, we conducted an in-depth investigation.

2. Basic Information of the Respondents

In December 2021, the research team conducted a survey on the status quo of vocational college students' career choices. The survey objects were mainly college students in Jiangsu Maritime Institute, covering transportation engineering, energy power and materials, electronic information, and finance and commerce, and other classes of professions. The survey is in the form of a combination of questionnaires and interviews. During the survey, a total of 525 valid questionnaires were recovered. See Table 1 for the basic information of the returned questionnaires.

Table 1: Basic Information of Survey Samples

Entry		Number of People	Proportion(%)
Gender	Male	115	21.9
	Female	410	78.1
Specialty	Engineering	168	31.8
	Management	357	68.2
Living Environment	City	186	35.4
	Township	339	64.6

As shown in Table 1, women accounted for about 3/4 of the survey, students in economics and management accounted for about 2/3, and students from townships accounted for about 2/3. This situation is in line with the actual situation in the current school. This also affects the formation and change of students' career choices to some extent.

3. Basic Content of the Survey

The parental complex for vocational choice of vocational college students is mainly carried out from three aspects: father complex; mother complex; harmonious relationship between parents.

3.1 Father's Complex

The father complex in this investigation mainly refers to the education level of the college student's father, his occupation, and the college student's psychological experience of his father. The educational level of the father directly affects the career vision and career understanding of college students. The occupation of the father directly affects the occupational intimacy of college students. Through the investigation of the original family information of father's education level and occupation, we hope to find the original driving information of college students' career choices.

3.1.1 Father's Education

The different education levels of fathers will first affect the integrity and rationality of their views on their occupations, and this understanding will have an impact on their children's career choices, especially for children who obey their father's authority.

From the statistical results, only about 10% of college students' fathers have received college education or above, while nearly 90% of college students' fathers have not received college education. That is, they have not conducted relevant research from a macro perspective or platform. Vocational education, therefore, it is difficult for them to form a more systematic career concept,

and it is impossible to produce a more rational career guidance for their children. The occupations they experience are more of a feeling level, such as income and physical comfort.

3.1.2 Father's Occupation

The father's occupation is different, and the professional experience and understanding are also different. From the perspective of work methods, some occupations require higher overall cooperation and mutual cooperation for practitioners at work, such as industrial and commercial enterprise employees, management and technical personnel in enterprises, government agencies and government staff and other positions, which can be called collective-oriented occupations or positions. People engaged in this type of work generally have a deeper understanding of interpersonal cooperation, team strength, and organizational goals. And some occupations do not need too much cooperation at work, and their own strength and attitude basically determine the state of occupational performance, such as farmers, individual industrial and commercial households, etc., which can be called personal orientation occupations. Professional practitioners with personal orientation generally pay more attention to personal gains and losses, and have a deeper understanding of how to ensure personal gains. The two kinds of professional experience of collective tendency and personal tendency will deepen the corresponding experience with the accumulation of working time, and then affect the corresponding career choices of their children. As shown in Table 2, among the surveyed college students, the proportion of the father's occupation is about 2/3 of the individual-oriented occupation.

Table 2: the Degree of Influence by Father's Occupation

Occupation	Number of people	proportion
Farmer	154	29.3%
Small private business holder	203	38.7%
Enterprise front-line employee	21	4%
Business managers	21	4%
Professional skill worker	65	12.3%
Institutional staff	28	5.3%
Government officer	8	1.5%
Unemployed	25	5%

3.2 Mother's Complex

The mother's complex in this survey mainly refers to the education level of the college student's mother, the occupation she is engaged in, and the college student's psychological experience of the mother. The mother's education level directly affects the career vision and career understanding of college students. The occupation of the mother directly affects the occupational intimacy of college students. By investigating the original family information of mother's education level and occupation, it is expected to find the original driving information of college students' career choices.

3.2.1 Mother's Education

The influence of mother's education level on college students' career outlook even surpasses that of father's education level. First, mothers usually have more daily contact and communication with their children, and children are more subtly influenced by their mothers through daily immersion. This determines their career choices. The mother's view of career choice has an impact on the children's career choice view through the more frequent and direct daily communication between the mother and the child, especially for the children whose mothers are more dependent and the children who obey the mother's authority. Different from the influence of father's education level on

children, the influence of mother's education level on children's career choice is more delicate and longer.

The data of this survey show that the proportion of mothers' educational level is even worse than that of fathers. Survey shows that only 8% of the mothers of higher vocational college students have received college education or above, while 92% of the mothers of college students have no college education, that is, they have not had relevant vocational education from a broader perspective or platform. Therefore, they have a systematic and in-depth understanding of society, their children's majors, and their occupations, and their occupational concepts are fragmented, full of myopia and perceptual (such as income, fatigue, etc.). The impact on the formation of their children's career choices is often far-reaching and vague.

3.2.2 Mother's Occupation

This is similar to the influence of father's occupation on his children's career choice. As shown in Table 3, the proportion of occupational categories employed by mothers is similar to that of the investigated fathers, that is, the proportion of individual tendencies is about 2/3. Unlike the father's influence, mothers pay more attention to the influence of their occupation on their own emotional world and the influence on their own family.

Table 3: the Degree of Influence by Mother's Occupation

Occupation	Number of people	proportion
Farmer	130	24.8%
Small private business holder	184	35%
Enterprise front-line employee	36	6.9%
Business managers	15	2.9%
Professional skill worker	24	4.6%
Institutional staff	17	3.2%
Government officer	7	1.3%
Unemployed (housework)	112	21.3%

3.3 Harmony between Parents

Psychologist Roy believes that a person's psychological feelings in childhood have a significant impact on later careers. Through the investigation, it is found that the degree of harmony between the parents of college students has a significant impact on college students' career choices.

3.3.1 Parental Relationship is Harmonious

The survey found that college students with harmonious parents have more sense of responsibility and responsibility, and are more inclined to occupations such as teachers and civil servants. In the in-depth interviews, it was found that college students with harmonious parental relationship are more confident when choosing careers, can face setbacks, strengthen their beliefs until they succeed, and are willing to choose those careers that frequently deal with people.

The survey also found that college students in such an environment are also willing to return to their hometowns for employment. They believe that there are abundant family resources available in their hometown, which can provide them with satisfactory employment positions and smooth future promotion channels.

Simultaneous interviews found that well-connected parents created a democratic and friendly family atmosphere; in such an atmosphere, college students were willing to consult and listen to their parents on career-related issues; career-related information provided by well-connected parents was more likely. It is easy to attract the attention of college students and provides an important

source of information support for their career choices.

3.3.2 Parental Relationship is Not Harmonious

The survey found that college students with unharmonious parental relationships tend to have a strong sense of inferiority in their career choices and are more inclined to stable careers. They also consider positions such as teachers and civil servants, but mainly because of job stability. This is different from the consideration of teachers and civil servants in the context of harmonious parental relationship. The career choice in the context of harmonious parental relationship is based on the consideration of responsibility and responsibility, not the pursuit of stability.

In the in-depth interviews, it was found that college students whose parents did not have a harmonious relationship were less confident when choosing careers, were unable to face setbacks, and were unwilling to choose careers that frequently deal with people. At the same time, college students who grow up in such an environment hope to find employment away from their hometowns. They do not believe that there are abundant family resources available in their hometown.

Further investigation found that college students with discordant parental relationship have a very negative impact on the career of college students regardless of either parent. When interviewing 112 college students in such a family environment, they all believed that such parents had a negative impact on their career choices. The most important impact is point C: firstly, the career self-confidence of college students cannot be cultivated and strengthened; secondly, there are often inconsistent opinions on the career choice direction of college students, which leads to confusion in the career choice direction of college students.

4. Conclusions

This research group investigates the status quo of contemporary college students' career choices, in order to find out the general concerns and related information of current college students' career choices, and then analyzes the influencing factors of career choices, aiming to find the corresponding regularity, and finally find out the correct guidance for contemporary college students. Vocational college students' approach to career choice. Through the investigation, the following conclusions are drawn.

4.1 Parents Themselves Have Far-Reaching Influence on Vocational Choices of Vocational College Students

The influence of family background on children has always been one of the hot issues that education scholars pay attention to. The famous contemporary French sociologist Bourdieu pointed out that family social and cultural capital can enable children to acquire knowledge in the family environment in an unconscious way. Among the many factors of the original family background, the education of parents and occupation type is more concerned. In 1977, based on the family capital theory, Ketterson and Blustein pointed out that the educational level of parents not only refers to the educational level of parents, but also includes the corresponding knowledge, ability, skills and implicit personality^[2]. Psychological qualities, as well as personality traits, self-professional self-efficacy beliefs that penetrate into the parenting style, etc. These will affect their mastery of the skills required for future career success. In 2000, domestic researchers Wei Xiao, Dou Gang and others studied It is concluded that parents' occupational type and educational level have an important influence on children's intellectual development level. This survey further verifies the influence of parents on their children's career choices^[3]. The survey found that parents are

employment role models for their children, and parents are the basic employment information for children. It can be seen that parents are the primary object of help for their children's employment confusion or difficulties. It can be seen that parents' key influence on their children's career choices and decision-making, parents' concepts, cognition, resources, etc^[4]., directly affect their children's evaluation and choice of careers, showing an obvious phenomenon of intergenerational transmission, children's employment decision is often not their personal decision, but an important decision in the family.

The survey found that the education level of the parents of higher vocational college students is mainly at the junior and high school level, and the proportion of college education or above is 8-10%; their occupations are mainly farmers and individual industrial and commercial households. The current situation of parents makes it difficult for vocational college students to obtain correct employment cognition and employment guidance from their parents, so that they lack clear employment goals when choosing a career, and cannot form a complete career plan.

In addition, the basis of decision-making is information, and employment decision-making is no exception^[5]. Through the investigation, it is found that the primary source of information for vocational college students' decision-making is their parents. The most important and most basic way to obtain the information that current college students rely on when making career decisions is the communication and exchange with their parents when choosing a job or a career in daily life or in the learning process. It further verifies the influence of parents on college students' career choice.

4.2 Parental Relationship Has a Great Influence on the Career Choice of Vocational College Students

The investigation is mainly carried out from the impact of the degree of parental harmony of vocational college students on the career choice of vocational college students. It is found that the harmonious degree of parental relationship directly affects the vocational self-confidence and career choice direction of vocational college students. Vocational college students whose parents have a good relationship are more confident when choosing careers, can face setbacks, strengthen their beliefs, and are willing to choose careers that frequently deal with people. Vocational college students who do not have a harmonious parental relationship often lack self-confidence when choosing careers, tend to avoid difficulties, are reluctant to choose those occupations that frequently interact with others, and are willing to engage in jobs or occupations that are similar to being alone.

In short, the degree of parental harmony has a profound impact on the guidance of their children's career choices. This influence is mainly reflected in three aspects: one is the impact on the vocational self-confidence of vocational college students; the second is the impact on the career choice direction of vocational college students; the third is the impact on the ideal job standard of vocational college students.

Acknowledgement

1) Innovation and Entrepreneurship Training Program for College Students in Jiangsu Province, "Investigation and Research on Primary Job Choice of Higher Vocational College Students" 202012679017Y.

2) Research project on employment and entrepreneurship of college graduates in Jiangsu Province, "Research on Career Choice and Adaptation Strategies of Higher Vocational College Students in the New Era" Project No.: JCKT-A-20210401.

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