

Research on Ideological and Political Work in Ethnic Colleges from the Perspective of National Psychology

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Abstract: For ethnic colleges and universities, carrying out ideological and political work to improve its teaching effect has important practical significance. National psychology is a branch of social psychology of the occurrence, development and change of a certain national psychological activity under certain conditions. It is very important to train students to become thoughtful, connotation and quality students. This paper summarizes the current situation of ideological and political work in ethnic colleges and universities, further analyzes the importance of ideological and political education for students in ethnic colleges and universities, and puts forward the ideological and political work path in ethnic colleges and universities from the perspective of national psychology, so as to provide feasible reference for the smooth development of ideological and political work in ethnic colleges and universities.

1. Introduction

The education of ethnic colleges and universities is an indispensable part of national education. In terms of the education of ethnic colleges and universities, ideological and political education is regarded as the key to the development and expansion of China's educational cause. From ideological and political education, innovation and creation motivation, emotional and psychological education, character and ability improvement and other dimensions, the educational system and pattern of "moral cultivation" are elaborated [1]. In order to further improve the work efficiency of ideological and political education, it provides effective reference for students in ethnic colleges and universities. The analysis of ideological and political work in ethnic colleges and universities from the perspective of national psychology is as follows:

2. Overview of Ideological and Political Education in Colleges for Nationalities

Ethnic colleges and universities are comprehensive institutions of higher learning established by the Party and the state to solve China's domestic ethnic problems. They teach students ideological and political education based on ideological and moral character in primary and junior high schools, politics in senior high schools, MAO Zedong thought and Marxism in universities. In ethnic colleges and universities, ideological and political education is regarded as a model of lifelong learning for students, so as to consolidate the goals and requirements of talent training in colleges

and universities, build students with noble moral and professional feelings, and play a key role in the construction of spiritual civilization in the social moral norms and code of conduct.

In the daily ideological and political education work, mainly through daily course teaching, and in ideological and moral education, moral education and normative standards, through multidimensional ideological and political education lectures, to achieve the effect of collaborative training students. And in the specific occupation technical ability and even ideological education work, play its inestimable value role, and can be carried out seriously.

3. Necessity of Ideological and Political Education in Ethnic Colleges and Universities

In colleges for nationalities, strengthening ideological and political education will help to enhance the political quality of the people and escort the realization of the Chinese dream of the great rejuvenation of the Chinese nation. It can help students further build their belief in Marxism and socialism with Chinese characteristics, ensure the socialist nature and direction of economic work and all other work, and ensure the implementation of the Party's line, principles and policies. Train students to have skilled professional skills, and train students to be able to comfort from psychological, emotional and other aspects in the future medical posts [2]. Strengthening ideological and political education is helpful to improve national ideological and moral character and psychological quality, perfect social governance and further develop a harmonious society. It will also help cultivate high-quality personnel needed in the new era and ensure all-round progress of the great cause of socialism with Chinese characteristics.

4. Innovative Ways of Ideological and Political Education for Students in Ethnic Colleges and Universities

4.1 Attach Importance to Emotional Investment

In the theoretical knowledge teaching level, pay attention to science, adhere to reason to persuade people; To meet the cognitive and emotional needs of students and cultivate their emotional identity. On the basis of normative and internal logic principles, based on the internal connection between knowledge; In order to enhance the credibility of knowledge, so that students can truly understand, understand, and in the harmony of teaching and learning, receive better emotional attention effect.

Ideological and political theory teaching work needs emotional input, so as to make ideological and political teaching work in ethnic colleges more soulful and more effective in ideological and political education. This requires ideological and political teachers to truly love ideological and political teaching and be willing to spend more time and energy on ideological and political education for students. Only by being strict with themselves and making full preparation for lessons can they keep pace with The Times and design courses that meet the teaching syllabus and are close to students' learning conditions. More care for students, and can feel the love from teachers, but also easier to listen to teachers' teachings. Taking the poor students as an example, their care should be warm and slow, but also dynamic and “intimate”.

In ideological and political education with warmth and emotion, students are given warm and emotional ideological and political education, and real cases around students are used as “ideological and political teaching materials” to play a good role of example education. Learn to “bend down to listen” ideas, knowledge, etc., to achieve benign interaction and resonance between teachers and students. On the effect of practice education, this kind of activity improves the teaching effect of ideological and political theory course, and provides the possibility to promote students to internalize knowledge education into faith education through practice.

4.2 The Content is Moving with Emotion

Adhere to the moving sentiment, in the “new” word to develop students' positive emotional experience, stimulate students' strong thirst for knowledge. In the ideological and political teaching, cultivate students' positive emotional experience. Reintegration of teaching content, and the existing problems and omissions place as early as possible to solve, and can according to the era development and change of the situation and needs, enhance the charm of ideological and political education course construction, to increase students' interest in learning and motivation, and, in the good experience of emotional value directly to inspire students' thinking activity level, inspire their emotional experience, Activate the classroom effect. In order to actively cooperate with teachers' teaching, strict teaching plans and requirements are carried out in classroom teaching.

4.3 Main Body Edutainment

Through the creation of appropriate teaching atmosphere, in order to achieve the cultivation of students learning positive emotion, stimulate students to take the initiative, active participation. In the collaborative practice of ideological and political lessons, through closely related to real life and policy, flexible and diversified teaching methods, set up appropriate classroom environment and pleasant cooperative learning atmosphere, so as to provide effective educational support for students' self-learning and self-education in ethnic colleges and universities.

4.4 Combine Theory with Practice

In the practice of ideological and political education in ethnic colleges and universities, ideological and political lessons should be regarded as the basic guideline, so as to achieve the effect of meeting the needs of students. In order to further stimulate students' learning interest and enthusiasm, we must grasp the characteristics of ideological and political lessons, adhere to the theory and practice, and then achieve the effect of applying knowledge to practice.

That is, through the practical teaching, pay attention to the combination of book knowledge and real life, so as to stimulate students' interest in learning and thirst for knowledge, better in the study of theoretical knowledge, effectively solve practical problems, and overall stimulate students' pride and sense of achievement. In the investigation of practical problems and thinking practice, in order to further enhance students' sense of responsibility and sense of mission, in order to expand students' horizons, enrich students' learning of relevant knowledge, exercise students' learning ability, improve students' ideological and political quality and consciousness.

The school of the Institute for Nationalities has made great contributions to the cultivation of professional talents and the improvement of national literacy, which has greatly accelerated the process of social construction and development. Pay attention to cultivate the students' mental health diathesis, its weight in ideological and political education is also rising, but with the deepening of education reform, the importance of students' psychological health education is also increasingly prominent, mental health education and the organic combination between the ideological and political education has become a promote the inevitable trend in the high school education quality improve national institutes [3]. In the ideological and political work of students, we must have a comprehensive understanding of students. The students' living habits, behavior characteristics, ideological characteristics, cultural background and other comprehensive understanding, and in teaching practice to play an effective teaching effect. But also by virtue of regular ideological lecture organization, in order to achieve the effect of imperceptibly guiding students to study actively, and form a good moral fashion in the social scope.

Studio set up psychology, group guidance and psychological classification as the main working

methods, prevention first, timely intervention, classification and early warning, tracking, innovation platform, update the work method, optimize workflow, for national colleges standard of college students' psychological health education work, provide and effectiveness to provide Ken may [4-5]. Strengthen and improve the ideological and political education of proofreading college students, help students establish correct, positive and healthy psychological state and values, and boost the realization of the goal of all-round talent training; On the premise of ensuring ideological and political education as the first step, it always insists on running through the whole physical education teaching process, and strives to finish the last hurdle for college students who are about to enter the society, give full play to the educational function of sports and improve the cognitive ability of college students [6].

5. Conclusion

For the students of colleges for nationalities, ideological and political education is regarded as a major and difficult task, in order to achieve the rational use of correct ideological and political education effect in the challenge of education, and in the regular practice of ideological and political education, to better provide effective reference for the talent training of colleges for nationalities.

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