

Application of Practical Education in Ideological and Political Education of College Students

Yan Zhang*, Junming Chen, Liyun Qiu, Jiaru Zhou, Yueqi Wu, Kaiqi Tan, Yingyao Ma

School of Chinese Materia Medica, Guangdong Pharmaceutical University, Guangzhou, Guangdong, 510006, China

**Corresponding author*

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Abstract: Practical education is the weakest link in the ideological and political education of modern colleges and universities. Always adhere to the people-oriented practical education, so that college students in college to receive a variety of social practice exercise, and in practice to receive ideological and political education, improve their ideological and moral level. This paper expounds the importance of practical education and discusses the application of practical education in ideological and political education in colleges and universities.

1. Introduction

Along with the deepening of reform and opening-up, various foreign cultures are introduced into our country, and the collision with Chinese traditional culture has taken place fiercely, which has great influence on people's ideological and political concepts. College students after 2000 grew up after the reform and opening up, their ideological and political views have changed a lot compared with the young students before. It is obviously not timely to carry out ideological and political education for college students by using the traditional theoretical education mode, so we should make appropriate adjustments to the traditional theoretical education mode, that is, combine theory with practice, and pay attention to the reasonable application of practical education in college students' ideological and political education. This paper discusses how to apply practical education reasonably in the ideological and political education of college students.

2. College Students Ideological and Political Practice Education

2.1. The Meaning of Practical Education

Scholars have their own views on practical education, and their understandings and interpretations are quite different. So far, there is no clear definition of practical education, but there are two views widely accepted by people. Professor Jiahe Zu defines practical education as follows: "Practical education in ideological and political education refers to the process of organizing and guiding people to actively participate in various social practical activities to improve their ideological level and cognitive ability. Practical education includes two meanings, one is the combination of consciousness theory and practice, the unity of knowledge and practice, and the deepening of the understanding of theoretical knowledge; The second is to adhere to the actual life,

in the transformation of the objective world, the world at the same time reform the subjective world, improve ideological understanding [1]." Professor Weiguang Qiu defines practical education as follows: "College students' social practical education is a process in which colleges and universities purposefully and systematically organize college students to participate in society in order to cooperate with classroom education, and improve the growth mechanism of college students through practical exercise and social education model." Marxist philosophy holds that practice is the only standard for testing truth, and practical education is the process of linking theory to practical life and applying it to one's actual study and life in the process of ideological and political education [2]. College students receiving practical education can improve their ideological and moral accomplishment, which is conducive to cultivate and form good moral behavior habits, constantly correct their shortcomings in practice, improve their moral level, and prepare for entering the work post and society in the future.

2.2. The Importance of Practical Education

In order to adapt to the development of The Times, colleges and universities across the country have adopted practical education in the process of ideological and political education for college students, and achieved certain results, and cultivated a number of high-quality talents for the society. In practice education can deepen students' awareness of the classroom theoretical knowledge, change of college students in previous incorrect ideas in the process of learning, improve their ideological and moral level, to promote college students' free all-round development, cultivate a culture and ideology, moral socialist new talent, for the construction of socialism provide strong support. Practical education plays an important role in the ideological and political education of college students. On the one hand, college students can be in practice in the education to improve cognition of society, access to new things, and come into contact with the society on all levels of people, find new problems, and give play to subjective initiative to solve problems, learn social experience, improve their understanding of society, to some extent, can help to improve the ideological and political quality and promote the all-round development of college students [3]. Schools can education through practice, on the other hand, to perfect the dominant and recessive thought political education curriculum setup, the appropriate adjustment to the idea of education content, scientific and effective application of the school's teaching resources, rich way of ideological and political education, to inspire students' interest in study, improve students' learning initiative of ideological and political course, promote the healthy growth of college students [4].

3. The Key Points of Practical Education in the Application of Ideological and Political Education

3.1. Combine Practical Education with Theoretical Knowledge

Teachers in colleges and universities should be on the premise of strengthening college students' theoretical knowledge learning, enrich the implementation form of practical education, strengthen the students' practice ability in the learning process, to involve students with problems in practice, learn to use the theoretical knowledge to guide practice, as well as sublimation understanding of theory in practice, for testing truth. Theoretical knowledge education can enhance the knowledge level of college students to a certain extent, so that college students have an objective understanding of ideological and political education. And practical education can combine practice and theory together can effectively reduce the negative impact of "indoctrination theory", avoid college students weariness of ideological and moral theory, and help to cultivate their sense of social responsibility, innovative spirit and practical ability It is an important goal for college students to

get out of the classroom, integrate knowledge and practice, and integrate into the society in ideological and political education [5]. Only in the process of practice can college students deepen their understanding of the content of ideological and political education, develop a positive attitude towards life and excellent moral quality; at the same time, the ideological and moral level of college students can be effectively and persistently improved only through social practice.

3.2. Deepen the Emotional Experience of College Students

In the process of practical education, college counselors should pay full attention to the emotional experience of college students in the process of practice. As a new educational approach and way, emotional experience plays an irreplaceable role in the formation of scientific and correct outlook on life, values and world outlook of college students. Morality is a kind of conscious, voluntary norm, only in practice can be really realized, only into their own thoughts, consciousness, emotion, will and actual behavior, and into their own actual action and internal quality, it has vitality [6]. The professor of theoretical knowledge is only the indoctrination of specific content, these theories only enter into the "heart" of people, in order to transform the hard theoretical knowledge into a living soul, and flexible use in daily life, that is, the whole process to "cognition - emotion - will - behavior" to achieve. College students put themselves into the "social character", deepen their understanding of the society in practice, enrich their own emotional experience [7], at the same time, profound emotional experience can subtly influence to the people around, can effectively drive the college students themselves to make the students around the improvement of ideological and moral level, to form a positive learning environment, healthy and upward [8].

3.3. Attach Importance to the Subject Status of College Students

In the process of practical education, college students are not only the object of receiving ideological and political knowledge, but also the subject of learning knowledge. "Indoctrination" education neglects the subject consciousness and independent spirit of college students, and ignores their inner feelings and needs for knowledge. Single "force-feeding" teaching methods of education, learned knowledge limited to textbooks, most of the college teachers in the classroom is usually will be used on the textbook knowledge "cramming education" teach students, mechanically instill the knowledge to students, formalism and dogmatism, killing the students' imagination and subjective opinions, difficult to stimulate students interest in education practice. In guiding students to practice in the process of university teachers must grasp student's thought tendency attaches great importance to the students subject status, give full play to the subjective initiative, stimulate students interest in learning ideological and political course, enables college students to participate in the practice of education, is conducive to better play to the role of the practice education [9].

3.4. Psychological Guidance

Ideological and political education is a subject to cultivate college students' thoughts improve their ideological and moral level, and perfect their personality. In the process of receiving practical education, some college students will suffer setbacks in the process of practice because of their wrong understanding of the old professor's courses. In a short time, it is difficult to change their role from campus life to social life and other reasons to produce a series of psychological problems. Therefore, college teachers should understand the ideological situation of each college student, psychological counseling for students with problems, analysis of the ideological contradictions of college students, to alleviate the ideological distress of college students. It is not only helpful to improve the mental health level of college students, better promote the ideological and political

practical education of college students, but also plays an important role in stimulating the potential of college students and promoting the all-round development of moral, intellectual and physical education of college students [10].

4. The Realization Way of Ideological and Political Practical Education for College Students is Briefly Described

4.1. Practical Education in the Classroom

Modern university teachers in the process of the ideological and political education of students, the vast majority of teachers in the classroom teaching way of following the traditional way of teaching, the teaching of ideological and political theory knowledge only in class, neglected in the process of teaching the concept of combining theory and practice of such teaching is boring, it is difficult to arouse the students' interest in study of ideological and political theory, It is not conducive to students' understanding and mastery of knowledge. Many teachers will think that ideological and political practical education is social practice and practical education can only be carried out outside the classroom. But in essence, practical education is not. Practical education [11] can be carried out not only outside the classroom, but also in the classroom. Only when students' "heart" is also involved, that is, emotional recognition and acceptance, can the most fundamental purpose of ideological and political education be achieved. Use classic cases around college students for practical education in class. In the course of teaching, teachers should appropriately extend the contents of textbooks, visualize ideological and political theories through video, pictures, music and other forms, and teach and explain ideological and political theories by what often happens around college students in social reality. Many classic cases of ideological and political education often happen around college students, but because college students themselves do not realize or lack of theoretical guidance, and then did not achieve the due effect of social practice, did not really achieve the real purpose of ideological and political education. Taking the experience of college students as an example to carry out practical education for college students is no less important than the role of college students in social practice. Ideological and political theory [12] should be life-oriented, popular and easy to understand knowledge, rather than just staying on the step of pure theoretical [13] knowledge. Through video, pictures, music and other carrier will thought theory illustrated to show in front of students, the ideological and political theory knowledge combined with the actual case in real life, not only can stimulate students interest in ideological and political theory, but also can let the students listen to the teacher in class is more than just listening with ears, with the eyes, but also the brain to think about it, go with your heart Feeling. Guide students to enter the ideological and political practice education class through thematic activities [14] in class. According to the course of teaching and guided by the content of textbooks, college teachers can arrange students to hold debate contests, exchanges of experience, speeches, scene games and other themed activities [15] in class. College students, to learn in the classroom according to the theory of knowledge to their own subjective thoughts involved in the theme, give full play to the students' subjective initiative, to practice, to build a thoughtful and interest both in the classroom, let students to participate in further education in ideological and political practice, improve the comprehensive ability [16] of college students, inspire students to learn the ideological and political theory Enthusiasm, turn passivity into initiative, learn with a positive attitude, and achieve better teaching effect.

4.2. Practical Education outside the Classroom

The practical education in class lays a solid foundation for students to carry out extracurricular

practice [17]. It is not enough for college students' ideological and political practical education to stay in class only. The purpose of education is to improve the comprehensive quality of college students and provide high-quality talents for the society. Learning in the classroom is only a preliminary grasp of theoretical knowledge, and practical education in the classroom is only carried out in a relatively idealized environment. Therefore, it is very important to guide college students out of the classroom. Guide college students in online learning [18]. With the advent of the information age and the continuous progress of science and technology, college students have diversified channels to learn ideological and political knowledge. College students can not only get knowledge from the classroom, but also get the knowledge they need through the Internet and discuss the hot current affairs with their friends on the Internet. In this process, college students can apply the theoretical knowledge of ideology and politics they have learned to practical discussions, further verify and understand relatively abstract theoretical knowledge in the process of thinking and discussion. Finally, in the active practice process, constantly open up the width and breadth of college students' thinking, stimulate the independent creativity of college students.

Encourage college students to actively participate in community activities. As the main platform for college students to carry out various cultural activities, the community plays a pivotal role in college students' activities. Various associations not only provide a stage for college students to exercise and improve their comprehensive ability, but also provide an important platform for college teachers to carry out practical education for college students in the process of ideological and political education. University teachers can be according to the requirements of the government on college students' ideological and political education [19] in colleges and universities under the supervision of teachers, make full use of spare high quality resources of colleges and universities, all kinds of club activities such as cultural festival, knowledge contests, essay competition, etc., and the ideological and political theory knowledge and club activities organically, plan, guide the university with a purpose. The application of ideological and political theory in activities promotes the flexible application of ideological and political theory knowledge of college students, enriches their spare time life, and is conducive to the overall development of college students. Regular social practice activities with special features [20]. Modern college students carry out social practice mainly in patriotic practice, course practice, public welfare activities, volunteer service, social investigation and so on. Under the educational policy of the government, colleges and universities should guide college students to enter the society in a planned, organized and purposeful way according to their own training objectives, understand the real life of the masses, correctly apply the moral, ideological and political theory knowledge learned in class, and improve their quality in an all-round way. On social practice method, can't take the past "one size fits all" approach to education of students, according to the college students' state of mind and personal characteristics, combined with professional background and so on to carry out the distinctive social practice activities, according to their aptitude, arousing students' independent consciousness, fully arouse the enthusiasm of students learning in practice. In practice, I carry out ideological and moral education independently, find the problems existing in myself, reflect on my shortcomings, combine theory with practice, and repeatedly think about the theoretical knowledge learned in class and test it. In social practice, college students deepen their understanding of theoretical knowledge, enhance their cognition of society, promote the integration of college students and society, which is conducive to the development of quality-oriented education, and comprehensively improve the quality of college students.

5. Conclusion

College students are the future hope of a country and the important talent reserve of the country.

The cultivation of college students is the common responsibility of the whole society. It is necessary to pay sufficient attention to the ideological and political education of college students, strengthen and improve it, and make it more adapt to the changes and development of The Times. In the ideological and political education of college students, practical education conforms to the needs of The Times and is more suitable for the growth and development of students. It will be a long and arduous process for college counselors to apply practical education flexibly and reasonably. College counselors should give full play to their subjective initiative, carry out constant research and discussion, organically combine practical education with theoretical education, improve the ideological and moral level of students, improve the quality of students, promote the all-round development of students, and train more talents with both ability and virtue for the country.

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