

To Discuss the Dialectical Treatment of Renal Edema from Golden Chamber to Modern Doctors

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Abstract: Renal edema, covering a variety of kidney disease, pathogenesis complex, diverse modern physicians treating each are not identical to its, so we through the study of golden chamber · moisture was pulse license and cure and 14 that modern physicians understanding of renal edema, sums up the etiology and pathogenesis of renal edema disease treatment principle, etc, for the clinical treatment of renal edema play a guiding role.

1. Introduction

Renal edema is one of the typical clinical symptoms of various kidney diseases, such as acute glomerulonephritis, chronic glomerulonephritis, nephrotic syndrome and other secondary glomerulonephritis [1]. The characteristics of renal edema are that the edema first occurs in the eyelid and face, and then gradually develops to the lower extremities, ankles and other parts. In severe cases, systemic edema may occur, even pleural effusion and ascites [2]. Edema persist is important factor driing the progression of kidney disease, diuretic is a major means of western medicine in clinical treatment, but the long-term use of diuretics may lead to the occurrence of diuretic resistance and cause further damage to kidney function, and diuretic effect the validity of the prevention and treatment of acute kidney injury, about diuretic use related adverse events are not rare [3]. Therefore, we summarize the etiology, pathogenesis, location and treatment principle of renal edema by studying the "Synopsis of golden chamber. The fourteenth Combination of treatment of Shui Qi pulse syndrome" and modern doctors' understanding of renal edema, so as to play a guiding role in the clinical treatment of renal edema.

2. Analysis of renal edema from Synopsis of golden Chamber Treatment of Pulse syndrome of Shui Qi Disease fourteenth

2.1 Feng Shui (wind edema)

Synopsis of the Golden Chamber: Combined treatment of Shui Qi disease and pulse-syndrome No. 14. "Feng Shui, its veins floating, external syndrome of bone pain, evil wind [4]." This article summarizes the main symptoms of Feng Shui disease, and we can explore its pathogenesis according

to the main symptoms of Feng Shui disease. Floating pulse, evil wind, and joint pain are the symptoms of surface evil, which can invade the lungs, resulting in Lung Qi obstruction, negligence of regulation, so that the evil of water wet invasion of the surface of the machine, so we can see the obvious symptoms. Therefore, the pathogenesis of Feng Shui is "wind and atmosphere strike", that is, exogenous wind evil affects the promotion of Lung Qi, and the function of regulating channels is dereliction of responsibility, which can lead to metabolic disorder of water distribution and retention on the surface of overflow muscles in the body, resulting in edema[5]. The golden deficient should be slightly in the middle of the mouth pulse string and tight, the string of the Wei Qi is not good, that is, the aversion to cold, water does not touch the flow, walk in the intestines [6]. Cold bundles muscle surface, Lung Wei obstruction, through adjustment disorder and edem. Synopsis of the golden chamber suggests that the atmosphere is fighting, and the strong qi is water, indicating that wind evil is only the inducer of geomantic formation, and the lung, spleen and kidney gasification dysfunction is the fundamental cause of geomantic diseases [7]. Synopsis of the Golden chamber "Kunkou pulse sink slippery, there is moisture, facial swelling, there is heat, called Feng Shui. Depending on people's eyes on the nest micro embrace, such as silkworm new lying shape, its neck pulsation, always cough, according to its hands and feet, trapped and can not afford, Feng Shui."This article specifically discusses Feng Shui pulse disease, focusing on the swelling of Feng Shui disease. Wind is Yang evil, most likely to attack the Yang position, so the patient appeared head swelling, eyelid edema is the most obvious. The evil of water dampness invaded the whole body, then the lower limbs depression edema, the evil of water dampness in the lung frequently cough and so on. The golden chamber is slightly sun disease, pulse floating and tight, law when bone pain, anti pain, the body is heavy and acid, the person is not thirsty, sweat is more, this is Feng Shui. This article further discusses the pulse symptoms and treatment of Feng Shui disease, the principle of Feng Shui treatment should be to sweat. Patients with renal edema are mostly due to external sensation. At the early stage, facial edema is common, and the onset is rapid, followed by sunken edema of lower limbs and floating pulse. Therefore, this kind of renal edema can be treated according to Feng Shui in clinical practice, which is caused by wind evil attack and lung failure.

2.2 Pi Shui (Skin water)

Synopsis of the Golden Chamber: Combined treatment of Shui Qi disease and pulse-syndrome No. 14. "Pi Shui, its veins also floating, external syndrome skin swelling, according to the no finger, not bad wind, its abdomen like drum, not thirsty, when the sweat." Through the main disease to explore its pathogenesis, pulse floating, but not evil wind, and geomantic phase identification, but also visible in the evil further into the inside, so not evil cold. By treating skin water sweat method and removing water wet method, skin water pathogenic evil is wet evil. In the article, "swollen limbs, moisture in the skin", we know that skin water is not coordinated between the lungs and spleen, and then affected by external dampness, or damp heat accumulation, Yangqi is suppressed; Either heat accumulates in the body, forcing the body fluid to drain, or dampness prevents stagnation on the surface, which can cause the disorder of the camp and health, the loss of lung regulation, the loss of spleen transport, and the water evil resting on the skin and muscle surface is skin water [8]. The evil of wet water in the lungs and spleen, so see the abdomen such as drum, wet water diffuse to the whole body, so not thirsty, wet evil aggravation, the skin edema, according to the no finger. Therefore, in clinical practice, renal edema was not taken seriously in the early stage, resulting in further aggravation of swelling and water stopping on the muscle surface. The pathogenesis is lung dysfunction and spleen dysfunction, so the formation and development of skin water should be attributed to the two organs of lung and spleen [9]. "All disease source syndrome theory swollen disease vassal" mentioned: "Kidney deficiency water jump line, overflow in the skin. It's called skin water." This is based on kidney

deficiency [10].

2.3 Zheng shui (Zheng edema)

Synopsis of the Golden Chamber: Combined treatment of Shui Qi disease and pulse-syndrome No. 14. "Zheng Shui, its pulse is late, external syndrome from asthma; The delayed setting of positive water pulse indicates insufficiency of kidney Yang, Yang deficiency and water gathering in the body, water wet up into the lung, visible abdominal fullness and asthma [4]. Liu [11] believed that positive water was the evil spirit of the spleen and kidney Yang deficiency, which could not be vaporized and gasified, so the water evil stopped in the inside, so I saw the abdomen full and the pulse sink late. If water gas overflow, for edema. The water and air rise against each other to make gasps. According to synopsis of the Golden chamber, Zheng Shui is the water of the kidney, and the evil of cold water is on the heart and lung, so the pulse sink late and gasp. Water is bad for urinating under. Li [12] believed that the positive water was because the kidney Yang was not used and the water stayed cold. Pulse sink its main lower coke, pulse late main cold water, cold water stopped at the lower coke, so see the water cold qi along the meridians and rushed up to the lung, resulting in adverse lung Qi, and thus caused by asthma. In synopsis of the Golden Chamber, Zheng Shui: "Shaoyin pulse is tight and heavy. Urine is hard to "" Lose temper, loose duck, stomach Qi, body swelling". Spleen and kidney Yang deficiency, Qi can not change the water, so the water is swollen. Clinically visible kidney edema patients lingering illness, water wet for a long time and hurt Yang, down to spleen and kidney Yang deficiency, spleen and kidney Yang deficiency, water wet flood, so the clinical pulse sink late, abdominal big asthma of the disease of kidney edema can be treated from the water.

2.4 Shi water (Stone edema)

Synopsis of the Golden Chamber: Combined treatment of Shui Qi disease and pulse-syndrome No. 14. Stone water, its veins self-sinking, external syndrome abdominal full without asthma. Stone water veins sink, which is the evil of Yang deficiency water dampness stagnation in Yang deficiency Yin coagulation, does not affect the upper, so there is no asthma [4]. Li[12] believed that: "Stone water is the evil of water cold condensed in the lower coke, so its veins are also heavy; Water cold condensation, knot in the lower coke abdomen, qi stagnation, so less abdominal distension such as stone; Because of Yin cold condensation, the gas is not rushed, so no breathing evidence ". "The liver and kidney merge and sink into stone water," said Su Wen Da Qi Treatise. It can be seen that the lesions of stone water are in the kidney and liver, the disease is Yang deficiency and Yin excess, and the disease is located in the lower coke and the place where the liver veins follow[13].Chao described that stone water should be related to kidney-Yang deficiency combined with liver meridian and qi stagnation[14]. Zhang said that stone water must be mixed with blood stasis[15]. Clinical work can be seen in patients with nephrotic edema with a long course of disease, due to long-term illness into collateral, edema stubborn, most of the official tongue purple dark, is due to cold coagulation in the lower coke, water stasis mutual knot, pathogenesis of Yang deficiency cold coagulation and stasis coagulation, accumulate in the lower coke renal edema can be treated from stone water.

3. Modern medical experts analyze renal edema

Zhang[16] believed that the etiology of renal edema was complex and varied. The external factors were invasion by external evil, and the internal factors were injury to emotion and overwork, etc. The pathogenesis was the disorder of spleen, lung and kidney, mainly the kidney, and the kidney's loss of opening and closing the spleen, the loss of health and the loss of lung circulation can form edema. Professor Zhang divided the syndrome differentiation of renal edema into nine types: wind cold

invaded the lung, Lung Qi loss, water evil heat diffused in three coke, spleen dampness and stomach heat, dampness and heat intermingled in middle coke, cold and dampness condensed in middle coke, dampness and heat obstructed in lower coke, kidney Yang deficiency, spleen deficiency failure, blood stasis and internal obstruction Wang[17] believes that salt limitation is the basis for the treatment of renal edema. There are also sweating methods, diuretic methods, stimulating methods, spleen-strengthening methods, stasis-removing methods, wind-dispelling methods and kidney-nourishing methods. Wang divides kidney-nourishing methods into warming kidney and transforming qi and nourishing kidney and transforming Yin. Zhao and Zhang [18] believed that Chinese herbal medicine, which is a kind of wind medicine, has a spicy taste, thin smell, and can rise and diffuse. Clinically, it was concluded that wind medicine, which disperses evil, dryness and dampness, rises and permeates Yang, has special curative effect in the treatment of renal edema. Chronic renal edema, chronic disease into collaterals, adverse meridian qi, blood stasis block, spleen and kidney deficiency failure. Qufeng medicine taste more Xinwen, Xin can diverge, Wen can Xuanton, Tongyang dampness, such as Qianghuo, windproof, Chuanwu, Xinxu, Duhuo. Li [19] proposed that these characteristics of fengyao were used to create the method of "raising Yang to dehumidize" and "raising Yang to disperse fire", so that Qianghuo, Duhuo and other fengyao were used to help treat Shaoyin kidney meridian diseases [20]. The wind medicine rises disperses the line channeling, walks but does not keep, in addition to can stimulate the human body's qi machine, thus promotes the blood operation, but also can directly act on the blood points, dredges the blood collaterals. Modern studies have also confirmed that most wind medicines can dilate blood vessels, improve microcirculation and reduce blood viscosity [21], such as cicada slough and Chuan xiong. According to Professor Zhang [22], most of the renal edema belongs to the deficiency of origin, and the disease is mainly located in lung, spleen and kidney. The basic pathogenesis is kidney deficiency, blood stasis and moisture accumulation, and the fundamental treatment is tonifying kidney and promoting blood circulation. Professor Zhang is good at using large doses of raw astragalus, generally 90~120g. Raw astragalus can not only tonify Spleen Qi, but also tonify Kidney Qi, and promote blood circulation and inducing diuresis to alleviate edema. The combination of raw astragalus and Cordyceps sinensis can nourish the kidney, absorb Qi, warm Yang and eliminate water, and is suitable for kidney deficiency Qi stagnation, blood stasis and internal obstruction, Qi deficiency can not transfer water to relieve urine and edema, which has obvious curative effect for a long time [23]. Professor Zhang does not suggest that A powerful anti-swelling agent, because the kidney edema patients have spleen kidney deficiency failure, if you use this kind of drugs, fear attack cut too much, aggravate positive deficiency, positive deficiency evil love, edema will be difficult to dispel. Professor Zhao [24] believes that the occurrence of renal edema is caused by the dysfunction of viscera such as lung, spleen and kidney, which affects the function of qi, blood and water. Therefore, the treatment of Professor Zhao uses the methods of promoting lung, invigorating spleen, improving water temperature, kidney, regulating qi, promoting blood, promoting blood, removing dampness and improving water. The corresponding clinical symptoms are as follows: ①Releasing lungs and water: TCM syndrome differentiation is a muscle in Feng Shui, mainly in chronic glomerulonephritis associated with acute respiratory infection Acute glomerulonephritis, symptoms of swelling force quickly, in a short period of time for the development of systemic edema, many with bad cold Fever cough, shortness of breath, urination, pulse floating table card, etc. ②Invigorating the spleen and promoting water: TCM syndrome differentiation for dampness of the spleen and deficiency of spleen Yang syndrome, mainly seen in chronic glomerulonephritis and chronic renal failure with spleen deficiency, clinically with lower limb edema, accompanied by body drowsiness, chest tightness, numbness, short urine, thin stools, etc. ③Warm kidney and water: TCM syndrome differentiation of kidney Yang deficiency and failure syndrome, mainly in the insufficiency of kidney Yang, edema in the lower limbs, serious body edema, or see pleural effusion, ascites, cold limbs,

adverse urination, etc. ④Regulating Qi and benefiting water: it is mainly used for patients with qi deficiency (stagnation). In the treatment of renal edema, it is the first priority to restore the healthy movement of spleen and stomach in middle coke. ⑤Huo Xue Li: mainly applicable to the renal edema clip with blood stasis, edema long disease does not retreat, from the lung, spleen, kidney treatment effect is not obvious renal edema. ⑥Dispelling dampness and benefiting water: For patients with actual renal edema, it can be divided into two methods: relieving seepage and benefiting dampness and dispelling wind and eliminating dampness [24].

4. Conclusions

After the moisture from synopsis on the etiology and pathogenesis and clinical symptoms of exploration, combined with modern physicians understanding of modern renal edema, comprehensive and in-depth on the etiology and pathogenesis of kidney edema, dialectic classification and treatment methods to study and summary, the clinical doctors and scholars have a more complete view on renal edema, to better applied to clinical.

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