

Research on the Path of Curriculum Ideological and Political Integration into College Basketball Teaching

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Keywords: Curriculum Ideology and Politics, College Basketball Teaching, Path

Abstract: Physical education in modern colleges not only pays attention to enhancing the physical quality of students, but also pays more attention to the education of ideology and morality. Through research, it is found that there are problems such as insufficient ideological and political elements in the integration of curriculum ideology and politics into basketball teaching; insufficient teaching design integrity. The solution can be improved from teaching documents and teachers. This paper aims to improve the integration of curriculum ideology and politics into the basketball teaching classroom, provide a theoretical basis for basketball teaching, and have practical significance for college physical education courses.

Since 2016, college curriculum ideology and politics have become the focus of attention; in August 2019, the Central Office and the State Council issued the "Several Opinions on Deepening the Reform and Innovation of School Ideological and Political Theory Curriculum in the New Era", clearly proposing to comprehensively promote college curriculum Ideological and political construction. In 2020, the "Guidelines for Ideological and Political Construction of Courses in Colleges and Universities" will be released, which will comprehensively deploy the ideological and political construction of courses, clarify the importance and scientificity of course ideological and political construction, and how to integrate into the characteristic implementation of various disciplines. Its purpose is to cultivate high-quality talents, to subtly integrate the knowledge contained in the ideological and political courses into different professional disciplines, to build a comprehensive pattern of all-round education for all staff, to strive to cultivate new talents of the era who are responsible for national rejuvenation, and to cultivate morality. A socialist builder and successor with all-round development of intellectual, physical, aesthetic and labor[1]. Physical education is a compulsory course in the curriculum system of colleges and universities. Through the combination of college basketball curriculum and ideological and political education, it aims to construct the ideological and political education method of college basketball curriculum and explore the teaching path of college basketball curriculum.

1. Brief Introduction to the Ideology and Politics of the Course

Curriculum ideology and politics take various courses and ideological and political theory

courses in the same direction in the form of constructing a full-staff, whole-course, and full-course education pattern to form a synergistic effect, and take "cultivating morality and cultivating people" as a synthesis of the fundamental task of education. Education concept[2].

Table 1: List of ideological and political content of the course

	Course ideology and politics
Nature	Lide Shuren
Idea	Collaborative education
Structure	three-dimensional diversity
Method	explicit-implicit combination
Thinking	scientific innovation

Table 1 is an overview of the essence, concept, structure, method and thinking of curriculum ideology and politics. Generally speaking, establishing morality and cultivating people is the most basic essence of curriculum ideology and politics, and the other four points serve the essence. In layman's terms, it is to concretize the ideological level, substantiate the abstract, and integrate ideas into teaching, life and practice in different ways, so as to achieve the perfect unity of the three. When curriculum ideology and politics are integrated into specific education and teaching, it realizes the multiple unity of knowledge imparting, value shaping and ability training. In today's education and teaching, the three are often separated to varying degrees, and the purpose of curriculum ideology and politics is to unify the three[3].

The ideological and political course is not a rigid imposition of ideological and political courses, nor is it a discipline, but is based on the foundation of morality and people, focusing on integration with various disciplines, digging deep into the ideological and political elements contained in different disciplines, in the course teaching process. Integrate ideological and political elements into students' classroom learning, after-school review and daily life in a substantive way, feel the different ideological and political elements contained in different disciplines, and truly achieve a subtle and correct shaping the improvement of the three views and moral literacy, the ability to solve problems and the determination to deal with difficulties and challenges.

2. The Importance of Integrating Curriculum Ideology and Politics into College Basketball Teaching

As a cultural education unit, all extracurricular material, spiritual and cultural activities of colleges and universities can be included in the construction of campus culture. College physical education is an educational process that promotes the harmonious development of body and mind, ideological and moral education, cultural and scientific education, life and physical skills education and physical activity. The integration of government into the whole process of quality education is also an important way to implement quality education and cultivate talents with all-round development[4]. Physical education is one of the important compulsory courses in the talent training program of colleges and universities, and it is an important part of cultivating the all-round development of college students' morality, intelligence, physique, beauty and labor[5].

Basketball has the characteristics of confrontation, collectiveness, viewing and interest, and is an indispensable public basic course in college physical education courses[6]. Basketball is a collective activity that all people can participate in. There are professional-level NBA, CBA, WCBA leagues, student groups CUBA, NBL, etc., as well as 1X1, 3X3, 5X5 for the public group. Viewability and participation are very high. Therefore, basketball courses in colleges and universities are deeply loved by college students, and it is an important way for college students to learn basketball theoretical knowledge and master basketball skills. Incorporating ideological and political elements

into the curriculum will teach students to master basketball skills, improve students' physical fitness, learn sports knowledge and skills, and cultivate students' lifelong sports awareness. On this basis, it can also cultivate students' sportsmanship and tenacity. The quality of will, patriotism and social responsibility, play the role of ideological and political education of the curriculum, and promote the all-round development of the five-in-one students.

3. Exploration of Ideological and Political Elements in Basketball Courses

3.1 Feel the Spirit of Sports

Basketball is a collective, confrontational sport with strong skills and appreciation, and has a high influence at home and abroad. In the 2020 Olympic Qualifying Tournament, the women's basketball team was brave enough to take on challenges and successfully won the qualification tournament tickets despite the fierce epidemic situation and under the foundation of extremely high internal and external pressure. In the 2022 Men's Basketball Asian Cup, despite the team's internal and external troubles, it is also a matter of perseverance and unity and cooperation to enter the semi-finals. The excellent sports spirit possessed by these athletes is worthy of contemporary college students' experience and learning. Experience and comprehension in the basketball course.

3.2 Ideological and Political Elements in Basketball Technology

What cannot be ignored in basketball courses is the link of basketball skills, which is also one of the basic skills of basketball. The ideological and political elements contained in it are also very rich.

Table 2: List of ideological and political elements of basketball technology

Basketball technique	Ideological and political elements
Dribble	Careful observation, careful thought, hard practice
Pass the ball	Good at sharing, collective spirit, selfless dedication
Shoot	Be firm, be resolute, and be neither humble nor arrogant
Breakthrough	Think ahead, make independent decisions, believe in yourself

From the four major basketball technologies in Table 2, it can be seen that the ideological and political elements contained in them are rich and diverse. The timely incorporation of ideological and political elements into the basketball teaching practice will greatly improve the teaching effect.

3.3 Basketball Tactics and Ideological and Political Elements in the Game

As a collective sport, basketball is the most important ideological and political element. Basketball tactics are based on team spirit. Tactics include cover, support, oblique insertion, fast break, etc., all based on their own solid skills, assisting teammates to complete tactical movements and win. The offensive tactics, defensive modes, and opportunity grasping in the game are all to establish the spirit of collectivism, to face the victory and defeat of the team together, share weal and woe, and teamwork is the solution to overcome all difficulties and problems. Understanding and mastering team spirit is the most critical in tactics and games.

4. The Current Situation of the Integration of Curriculum Ideology and Politics into College Basketball Teaching

4.1 Insufficient Mining of Ideological and Political Elements, Rigid Integration

The integration of curriculum ideology and politics into college physical education is no longer a new model, but a modern teaching hotspot. Through the investigation of colleges and universities in Nanchong City, it is found that in the process of basketball teaching, the focus of teaching is on theoretical knowledge and sports skills, and there is not enough attention to the training and sharpening of quality. The sportsmanship contained in basketball is not only the perseverance, hard work and enterprising that we know, but also reflected in the technical and tactical levels, including teamwork, selfless dedication, decisiveness, neither humble nor arrogant and many other positive spiritual qualities. And these qualities are the ideological and political content that contemporary college students need to deeply understand and experience. At present, there is rarely a reasonable integration of basketball elements and ideological and political elements. Most of them are mechanically imitated, forcibly integrated into them, or specially explain ideological and political elements as part of the curriculum, or rely solely on explanations to teach ideological and political elements, etc. The lack of effective integration of the two makes it difficult for students to understand and accept in the course.

4.2 The Completeness of Basketball Teaching Design is Insufficient

Teaching design includes syllabus, teaching objectives, teaching content, teaching methods, teaching aids, bibliography, etc. After reading the basketball teaching books adopted by Nanchong colleges and universities, I found that most of the basketball-related teaching materials and books only record techniques, tactics and basketball rules, etc., and rarely spread the quality of excellent ideas. The lesson plan is the specific implementation of each course in the teaching design, and it is the basis for teachers' teaching[7]. The ideological and political elements are mainly reflected in the teaching objectives in the teaching plan, and the educational objectives of the classroom are clarified, but they cannot be put into practice in the classroom. At the same time, they are insufficiently reflected in the teaching mode, teaching content, exercise load and after-class summary.

The most commonly used teaching method in basketball teaching is the explanation and demonstration method, which is a single form of teacher explanation and demonstration, and students' imitation, learning and practice mode. Simply relying on teaching and learning, students lack a real sense of experience and self-discovery, does not pay enough attention to the main position of students in the whole teaching, and adding ideological and political elements in the classroom is also maintaining the same teaching method, without innovative teaching methods and various forms of teaching aids, for understanding and accepting what teachers want to teach. Ideological and political elements have no significant teaching effect.

4.3 The Ideological and Political Ability of Teachers needs to be Improved

College physical education teachers have no doubts about the teaching ability of professional skills and theoretical knowledge, and they must be tested by assessment and practice before formal teaching[8]. For physical education teachers who are good at teaching sports skills, the teaching methods and teaching aids that integrate curriculum ideology and politics into teaching are still not complete and in-depth.

Through the investigation of basketball teachers in Nanchong colleges and universities, it is

found that due to the special limitations of basketball classrooms, some teachers themselves are not familiar with the content of "course ideology and politics", resulting in a lack of systematization and coherence in the teaching process of basketball classrooms. At the same time, there are also problems such as uneven quality of teachers' ideological and political theory in the process of integrating into "curriculum ideology and politics", which leads to the fact that each discipline is independent and lacks a communication mechanism. Some teachers have a certain understanding of the ideological and political elements of the curriculum, but they only understand the ideological and political elements themselves.

4.4 Students Pay Less Attention and Lack Enthusiasm for Learning

In the cognition of contemporary college students, the purpose of physical education courses is to exercise the body and strengthen the body. They only think that physical education courses are physical exercise, and have never thought that they can have a certain connection with ideological and political elements. This is also the most common phenomenon now. The reason is that due to insufficient information and content received, there is no systematic learning in this area[9].

Due to the particularity of public physical education classes, students choose their favorite sports on their own. In the field investigation, it is found that most students like basketball very much, but there are two problems. On the one hand, some students like their own skills. The ability is already very strong, and the basic knowledge in public basketball courses will be boring, and this problem will also occur in a few students who have no sports foundation; on the other hand, on the basis of love, the technical ability does not meet the requirements. I will try to absorb more skills and theoretical knowledge in the classroom, but the learning effect is really not ideal. This results in a situation where there is a big difference in the technical level of the class. It is easy to see that no matter how hard some students work, their sports performance still cannot "reach the standard", which will make students feel frustrated, and some students even do not need too much practice. In both cases, it is easy to have a certain impact on the enthusiasm of students to actively participate in learning, and there are certain obstacles to the integration of ideological and political elements of the curriculum into basketball teaching.

5. The Implementation Path of Curriculum Ideological and Political Integration into college Basketball Teaching

5.1 Excavate Ideological and Political Elements and Improve the Ideological and Political Elements in Basketball Teaching

First of all, according to the characteristics and advantages of the basketball profession, we must deeply study the educational goals contained in it, deeply excavate and refine the ideological value and spiritual connotation contained in the basketball professional knowledge system, and scientifically and rationally expand the breadth, depth and temperature of basketball courses. Secondly, in the process of analyzing the relevant content of ideological and moral education in the basketball major, it is necessary to find a certain theoretical basis, extend teachers' educational and teaching ideas, and be guided by teaching goals, from ideals and beliefs, educational quality, professional quality, and personal development. In other respects, it points out the digging direction for the ideological and political elements of public sports basketball teaching. Finally, the ideological and political elements contained in basketball are very valuable and necessary. The reasonable integration of these elements into the classroom has positive significance for the innovation and development of basketball teaching in colleges and universities in the future.

5.2 The Integration of Curriculum Ideology and Politics in Basketball Teaching Documents

A section with ideological and political elements is specially added to the textbooks used in college basketball to give a comprehensive and in-depth introduction to the spirit and value of basketball; combined with the characteristics and development trends of basketball, for the theoretical and practical courses in the syllabus Integrate ideological and political elements; in the lesson plan, for the content of each course, make appropriate adjustments to the ideological and political elements, so as to be specific to the course, not stereotyped. For example, passing and receiving skills are for teamwork and good sharing. In the classroom, the ideological and political content reflected in the lesson plan should be displayed in the form of appropriate teaching methods, organizational forms, practice modes, and homework, so as to achieve novel forms and innovative courses.

5.3 Strengthen the Cultivation of College Basketball Teachers' Ideological and Political Ability

Physical education teachers should update traditional teaching concepts in a timely manner, improve physical education teaching skills, and at the same time strengthen the learning and accumulation of multidisciplinary comprehensive knowledge such as ideological and political theory and pedagogy, so that physical education and ideological and political integration can be used flexibly. In the process of Lide tree people. At the same time, basketball teachers should increase their enthusiasm for ideological and political research in the course, be brave in innovation, continuously strengthen the learning of ideological and political theoretical knowledge, and increase the emphasis on ideological and political teaching documents. Actively participate in the ideological and political-related training and competitions of the course, understand the latest ideological and political changes in the process of training and competition, strive to innovate, and create a new basketball teaching classroom.

5.4 Change the Teaching Mode and Understand the needs of Students

The cognitive development level of the students should be judged according to the students' life experience ability, comprehension ability, acceptance ability, and the scope and degree of contact with the society. After understanding the needs of students, teachers should take the initiative to find ideological and political information that is close to the students' internal needs, so that students can form a good psychological acceptance foundation, so that students are willing to accept the ideological and political content of the course, agree with the value implication of the course ideological and political, and can actively transform For their own ideals and beliefs and behavior habits. After the students themselves accept it actively, use novel teaching methods, such as competition method, game method, etc., to enhance students' interest in learning, so that ideological and political elements can be absorbed subtly.

6. Conclusion

The integration of curriculum ideological and political elements into college basketball teaching is in line with the trend of modern teaching, combined with teaching practice, through the analysis of the current situation of college basketball teaching, to find out the current situation and solution path of curriculum ideological and political under the current teaching mode. By exploring the ideological and political elements of the subject, improving teaching documents, and improving teachers' ideological and political literacy, it is necessary to understand that basketball classroom teaching not only teaches students to acquire basketball knowledge and master basketball skills, but

also helps students establish a correct outlook on life, worldview and values. Therefore, it is necessary to perfectly integrate ideological and political elements into basketball classroom teaching, give full play to the moral education function of basketball courses, and achieve the fundamental goal of morality and education.

Acknowledgements

General Project of the “14th Five-Year Plan” for Social Science Research in Nanchong (NC22B272)

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