

# ***Build Aesthetic Lesson: Strengthen the Cohesion between High School and College***

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**Abstract:** The ideological and political course is the main field of shaping the soul of students, which directly affects the ideological concept and value orientation of students. General Secretary Xi Jinping pointed out clearly in the national college ideological and political work conference that “Promoting the integrated construction of ideological and political courses in universities, primary and secondary schools as a whole, and setting up those courses in three stages step by step is an important guarantee to cultivate generations.” [1] It is urgent for us to consider how to speed up the integrated design of ideological and political courses in three stages and achieve orderly connection.

## **1. Introduction**

In recent years, ideological and political course reform is ongoing, teachers use practical measures to improve the quality of teaching constantly. Many ideological and political courses and colleges' Internet celebrities impressed young students and have attracted public attention. The essence of ideological and moral education is to build sound moral personality and bring harmony to others. Every form of beauty has its uniqueness, but precious is to appreciate other forms of beauty with openness, If beauty represents itself with diversity and integrity, that is the presentation of aesthetic lesson. The aesthetic ideological and political course refers to that based on respecting rules, take life activities as the essence, guide students to seek truth and pursue aesthetic, fulfill the unity of knowledge, belief and practice. " Aesthetic lesson " possess following basic characteristics.

### **1.1 Unity of rules and purpose**

Aesthetic is the unity of rules and purpose. Rules means that the knowledge of practice must conform to the objective rules and achieve the truth understanding of objective things. Purposive means that practice and its results must conform to the subject's own needs, interests and other value pursuit. Aesthetic lesson must reflect aesthetic rules to follow the rules of ideological work, teaching and student growth, fulfill the free nature of subject activities sufficiently. Teaching must based on the actual life-experiences, focus on following the rules of student's physical, psychological and cognitive development, give full consideration to the growth of their development needs and expectations, seek the coordination and unity of teaching objectives, individual growth and development of students.

## 1.2 Unity of value guidance and independent construction

From the perspective of process, its essence is that students constantly take initiative and autonomously transform their moral psychological schema in the specific value situation and constantly realize the promotion of moral personality. From the operation mechanism of process, the teacher's value guidance is an external mechanism, which is mainly manifested as the creation of situation and witty dialogue. The active participation of students is an internal mechanism. The active participation of students comes from their own needs first. The essence of ideological and political education is the process of mastering or generating from inside out, and it is the process of helping the learning subject to construct independently.

## 1.3 Unity of theory and practice

Marx believed that all social life is essentially practical[2]. Practice can be seen as class, life is a textbook. Tao Xingzhi put forward that "life is education" and "education for life"[3]. Starting from students' familiar life situation, excavate its favorite element of education, provide more chances for observation and connect, enhance the ability of understanding, analyzing and solving problems, then fulfill theoretical knowledge and practical ability ascending simultaneously. High school political course emphasis on making combination of theory and life experience.

## 2. Implications

Ideological and political courses in high school is a comprehensive and activity-based subject course that helps students improve the core literacy of ideological and political subjects, and enhance the ability of social understanding and participation.

### 2.1 Pursue empathy and unison, create ecological aesthetic lesson

In Nanjing, Dr.Xu's popularity secret is to use humorous tone and interesting stories to start. "enhance affinity, can convey the temperature of ideological and political courses; strengthen the pertinence, can aim the points of ideological and political courses." [4] Drawing on those successful course, we could try to make meaningful things interesting, achieve empathy resonates finally. Teaching shouldn't be educators keep pushing hard, it supposed to be an emotional resonance of bilateral dialogue and thought collision between both sides. Educators should provide respect, understanding, trust and encouragement to students, let students being listeners and protagonists.

Teaching benefits teachers as well as students. It can be seen as a process of continuous accumulation that both sides forming satisfactory teaching ecology. Make full use of the leading role of teachers and the main role of student, fulfill the coordination and unity of educators' practical teaching and effective learning by strengthening the dialogue between both sides.

### 2.2 Enrich teaching resources and explore aesthetic lesson content

We should break through the limitations of textbooks, establish the ideas of "life is education" and "society is lesson"[5], and make further efforts to enrich the content to match the increasingly rich spiritual world of students. The distinctive feature of the popularity "China Series" course is focusing on problem orientation, which closely links theories with the reality of life. It's the combination of height and width, popularity also brings effectiveness.

Ideological and political course is related to the shaping of students' value. It is not only a theoretical course, but also a practical course. Society is an open school and lesson, life is a vivid

curriculum and textbook, practice is the most direct way to learn. Some high schools attach great importance to the practical nature of ideological and political courses, excavate and enrich the teaching resources.

### **2.3 Innovate teaching methods, highlight the aesthetic lesson form**

Attractive ideological and political courses all have the same characteristic, which is break through the traditional teaching mode. By using the Internet method, students can evaluate the ideological and political course through PC and mobile phone. From online courses to MOOC ("Massive open online courses ") and Flipped Classroom, meet the needs of students, inspire educators a lot[6]. Online teaching is a powerful auxiliary and supplement of classroom teaching, it becomes teachers' new means of aesthetic lesson. Educators are actively explore variety of online teaching methods. According to different teaching stages, educators utilize teaching tools flexibly and explore beneficial learning software. Quick interaction let students' passive learning mode from single to independently multiple, inspire students' learning interest and respond to the students' concern, fulfill that there is no break from "teaching" and "learning".

### **2.4 Cultivate rational spirit and stimulate the aesthetic lesson thinking**

The core of ideological and political education is not knowledge itself, but the process of thinking. It is the goal and value of education to guide students to learn to identify, think, and establish a scientific way of thinking so as to construct their own belief system. Contents include the economic, political, cultural, social, ecological civilization construction and other aspects of the topical issues, inspire students do profound thinking through reason and feeling mingling, highlight and activate learners' subjectivity and consciousness, optimize the teaching environment, reform students' learning methods, make lessons more "sparkly". Basically, train students' ability to analyze and solve problems, and rise the height of rational thinking with the help of subject knowledge. Driven by the problem, educators guide students to focus on topical issues, trigger thinking and discussion, explore the ability of solving problems.

## **3. Conclusion**

Education is the education of human soul, rather than the accumulation of theories. The authentic education should be a faithful education loaded with the ultimate care of human beings, so that students can become a person whom with soul, faith and thoughts, rather than just prospective professional who have special skills. Both ideological and political lessons in different stages have their own characteristics. College one have use for reference, we should continue to explore, combine "height" and "width", turn meaningful things into interesting, build virtue and cultivate "excellence with soul" talents. Link ideological and political courses in high school and college, strengthen the integration of them will present as aesthetic lesson.

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