

Status Quo and Development Path of Tujia Bamboo Bell Balls Entering Campus

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Abstract: Through on-the-spot investigation, interviews, research and document integration, a statistical analysis was made on the current situation of Tujia bamboo bell balls entering the campus in Shizhu County. Research shows: Tujia bamboo kring balls are not well protected, and only some schools integrate bamboo kring balls into physical education courses. Through physical education to exercise students' body, this paper puts forward suggestions for the introduction of bamboo bell balls into the campus according to the development of Shizhu County. Provide a scientific development approach and theoretical basis for the bamboo kring ball to enter the campus.

1. The current situation of the development of bamboo ball

1.1 Campus development status

According to the survey, there are currently 56 teachers engaged in the teaching of bamboo kring ball, and 20 schools are involved in bamboo kring ball. Among them, there are 10 middle schools and 10 primary schools. There are 140 classes in middle schools with a total of 8,780 students, and 82 classes in primary schools with a total of 3,574 students participating [1]. Among them, the national middle school is the best. The school maintains about two class hours a week. Bamboo kring ball is also injected into the exercise between classes. At the same time, it has its own sports team. After school in the afternoon, there will be bamboo bell ball training, mainly representing Shizhu County to participate in the Democratic Games projects, and compete for gold and silver for their hometown. In the 20 schools that have been developed, the students feel very strange about the bamboo kring ball, and at the same time have a strong willingness to learn. After participating in the practice, it will greatly help their physical fitness and motor skills. In particular, the physical fitness of students such as walking, running, jumping, and throwing has been greatly improved. However, at present, there are not many teaching venues for bamboo bell ball in the county. Only four schools have exclusive venues. Other schools mainly use basketball venues for development, which cannot meet the development needs. The local education committee and the civil affairs committee attach great importance to it. The secretary of the county party committee and the county head personally intervene. The county finance allocates 500,000 special funds for bamboo bell balls to the county education committee every year. According to the development of the 20 schools, the County People's Committee allocated 10,000 to 30,000 yuan for bamboo bell balls. The County Democratic National Games requires that each township must form a bamboo bell team to participate in the competition,

and 20 county-level bamboo bell ball characteristic schools must form a team to participate in the competition. The principal and parents of the school are very supportive, and a good atmosphere has been formed in the county, and there is also a good inheritance.

1.2 Participation in Games

From 2003 to 2019, the Tujia Bamboo Bell Ball Team of Shizhu County, Chongqing City participated in a total of 5 National Ethnic Minority Traditional Sports Games. Especially in September 2019, he participated in the 11th National Ethnic Minority Traditional Sports Games held in Zhengzhou. The Tujia Bamboo Bell Ball, composed by the Shizhu Bamboo Bell Team of the Chongqing Delegation, composed of teachers and students from Shizhu County National Middle School and Shizhu County Vocational Education Center, won the silver medal in the performance. Among them, Henan TV, Hunan TV, Chongqing TV and other TV stations paid great attention to him [2]. During the competition, the Shizhu Bamboo Bell Team of the Chongqing delegation was closely organized, united and cooperated, and all the coaches and athletes showed good sportsmanship and a good level of traditional national sports. It shows the fighting spirit of the Tujia people in Shizhu County, especially the bamboo kring ball has attracted the attention of various media. Henan TV, Hunan TV, Chongqing TV and other TV stations broadcasted the game process of Shizhu County Bamboo Kring Ball, which was recognized by the audience and gave them a brand new experience. Audiences unanimously rated him as a distinctive project of walking, running, jumping, throwing, artistry and confrontation. It not only retains the unique national characteristics of the Tujia people, but also has a unique look. It is a traditional national sports event worthy of publicity.

2. Analysis of the problems existing in the development process

2.1 Insufficient teachers, some students are not interested

The bamboo bell ball in Shizhu County National Middle School is mainly carried out by the training team. In order to prepare for various ethnic minority traditional sports games, the main influencing factor for other students to study this course is due to the influence of other sports activities such as regular basketball games, football games, etc. Students also lack the sports knowledge related to ethnic minorities, resulting in some students not being interested in traditional ethnic sports [3]. The reason why some students are not interested and unwilling to study this course is the pressure of admission. At present, in China's rural basic education, admission education is still the mainstream. Students' course examination pressure is very high, and some teachers of other subjects occupy physical education classes to reduce the time and opportunities for students to participate in sports. The factors that affect the development of bamboo kring ball in education and teaching of physical education teachers in Shizhu County National Middle School show that the limitation of education itself is the biggest factor. Among the primary physical education teachers in our country, the main content of physical education is examination-oriented education, which is not conducive to the development of bamboo kring ball. Shizhu County Nationalities Middle School only offers bamboo bell ball courses for the first year of junior high school and the first year of high school. It can be seen that the importance of physical education has been weakened due to the pressure of the middle school entrance examination and the college entrance examination. These educational situations are very common in rural physical education, and the new physical education curriculum reform should take this into account and formulate strategies that are truly suitable for physical education [4].

2.2 Insufficient equipment and venues

According to the survey, there are many problems in the development of Tujia Bamboo Kring Ball in Shizhu County, not only the above-mentioned shortage of teachers and uninterested students. And facilities are also an important issue [5]. Shizhu County is located on the border between Chongqing and Hubei, and many schools are in remote and impoverished areas. There is also an important factor, since the bamboo kring ball is different from other balls, it cannot be purchased directly. Because it belongs to a special Tujia special ball, it is difficult to obtain through purchase, and it is also an important reason for the lack of equipment. Equipment is an important guarantee for completing physical education classes and an important part of physical education. At the same time, there are not many exclusive venues for Bamboo Kring Ball in Shizhu County. Only four schools have them. There is a serious shortage of venues. Without enough venues for support, it is difficult for teachers to carry out professional teaching activities.

2.3 The way of inheritance is backward

The holding of various national games, the widespread development of urban and rural folk sports activities, and the development of economic benefits. On the surface, the Tujia Bamboo Bell Ball is heading for a broader road, but in fact, the Tujia Bamboo Bell Ball is worrying. As the rural youth go out, with the loss of population, the rural Tujia Bamboo Kring Ball is facing a huge inheritance crisis. Tujia Bamboo Kring Ball is a traditional sport, and its inheritance method is mainly passed on from the previous generation to the younger generation. However, in recent years, due to the rise of migrant workers, most of the young and middle-aged Tujia people have migrated to cities for work. Their mobility has changed the original rural population structure to a certain extent, destroyed the original rural inheritance model, and interrupted part of the process of Tujia Bamboo Kring Ball.

Inheritance of Tujia Bamboo Kring Ball, the traditional way is to evolve and develop Tujia Kring Ball through festivals, festivals, gatherings and other activities. This form meets people's cultural needs and has strong cultural entertainment. But from the perspective of inheritance, there is no systematic inheritance path and no modern cutting-edge technology. Therefore, it is difficult to generalize in theory. In addition, the cultural and entertainment methods of modern society are becoming more and more diversified, and ethnic festivals are gradually decreasing. It is difficult for Tujia bamboo bell balls to develop continuously.

3. Recommendations

3.1 Cultivating the teaching staff of Bamboo Kring Ball

Professional teachers are the core of education, and the level of teachers' ability determines the quality of courses. Through the research on the establishment of Tujia bamboo bell balls in primary and secondary schools in Shizhu area, it is found that the shortage of professional professors is an important problem. The results of the specific survey show that there are three types of people who educate primary and middle school students about the knowledge of bamboo bell ball. The first type is school physical education teachers. According to teaching needs, most physical education teachers have learned about bamboo bell ball related knowledge in a short period of time before education. The second is teachers of other subjects in the school. Many schools in remote areas do not have qualified physical education teachers, because many schools' physical education classes are completed by teachers from other subjects. Therefore, the bamboo bell ball class is also the same. The third is foreign teachers. These foreign teachers are mainly from the folk. Because they have the

technical foundation of bamboo bell ball, the school hires them to teach in the school. This method is often found in western Hunan, and this practice has not yet been formed in the Shizhu area. Although these methods can make Tujia bamboo bell balls develop well in schools, but in the long run, Tujia bamboo bell balls need firstly for the education authorities to formulate special policies for the introduction of talents to solve the problem of teachers; The second is to train existing teachers, combining the field with the local; the third is to hire external inheritors with expertise to teach skills and expert guidance. Through the above methods to improve the shortage of teachers.

3.2 Self-made equipment and site renovation

In order to ensure the stable development of Tujia Bamboo Kring Ball after entering the campus, it is necessary to continuously improve the curriculum system, and ensure sufficient equipment in the physical education curriculum, and sufficient equipment can better carry out educational activities. According to the characteristics of bamboo kring balls, schools that carry out this sport can contact local Tujia villages and reach a purchase agreement with them to form regular and quantitative acquisitions. As a result, a special bamboo bell ball manufacturer is formed to provide sufficient equipment guarantee for students in the classroom. This not only solves the problem of equipment, but also drives the development of the local Tujia economy. In addition, there is a serious shortage of bamboo bell courts. Because bamboo bell balls are very similar to basketball courts, we can make full use of the basketball courts and transform the basketball courts to meet the needs of both basketball and bamboo bell balls.

3.3 Combining Tujia Bamboo Kring Ball with Popular Sports

Mass sports is the basic direction of the development of sports in our country and the basic national policy for the sustainable development of sports in our country. In order to bring out the sports culture and competitive value of the bamboo kring ball, it is necessary to popularize the bamboo kring ball. By inheriting the traditional sports culture of Tujia Bamboo Kring Ball by "taking the essence and discarding the dross", the bamboo Kring Ball culture is organically integrated with people's daily life to form a new sports culture and develop this intangible culture. In recent years, the excellent culture of national traditional sports enterprises is weakening, and has even been completely diluted in many countries, so it needs more scientific maintenance and management, which requires the joint efforts of everyone. Through in-depth analysis and research on the case of Tujia Bamboo Kring Ball, I hope to inspire more researchers, and I hope that everyone can protect and study intangible cultural heritage together.

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