

Application Strategies of Football Games in College Sports Football Teaching

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Abstract: Football is the most influential kind of sports, and it is also an important part of college physical education. In college physical education classes, football is not only a required course for college sports majors, but also a required course for non-sports majors. However, the traditional football teaching model seems monotonous and lacks fun, so it consumes students' learning interest to a certain extent. During the implementation of college football teaching, the combination of games and football plays an extremely important role in stimulating students' interest in learning. It can better smooth the learning and development needs of students and ensure the successful completion of teaching goals.

1. Introduction

With the continuous development and reform of physical education in colleges and universities, sports football has gradually developed into a compulsory course for students. Football is a multi-player cooperative sports, which can not only achieve the purpose of exercising students' health, but also train students Ability to communicate and collaborate. However, in actual teaching, it is undeniable that many college students have a weak understanding of the basic knowledge of football, and some students have never been exposed to football before entering university. In order to enable students to better learn football knowledge and improve football teaching quality, teachers can try to integrate games into teaching activities in teaching, helping students quickly master football skills.

2. Connotation of Football Game

The so-called football game refers to the activities carried out under the constraints of certain rules. The basic knowledge of football is decomposed into games. The basic purpose of football games in the classroom is to help students better master football knowledge and stimulate Student interest in learning. In the current sports football teaching activities, the key focus of teacher teaching is to help students master the skills and methods of football, but in fact each student has different understanding of football, and their interest in football is also different. Yes, if some students have been exposed to football since childhood, they have gained happiness and honor in the process of sports, so they are often full of interest in learning football knowledge; but some students are relatively new to football, and their teaching methods are simple and boring. Under such circumstances, students' enthusiasm for learning may decrease significantly. Appropriate

integration of the game in football teaching can present the mechanical single football action in a more lively form. The teaching process therefore becomes more lively. The game has a natural attraction for people. With the help of the game, students' learning interest is more easily stimulated. Of course, in the football class, the types of games that teachers can apply are also relatively diverse, so you need to be cautious when choosing football games, and make reasonable choices. First, teachers should pay attention to observing students' classroom performance, understand their learning interests, and clarify what type of games students like, and then combine the nature and characteristics of the game to practice corresponding football games, and then effectively mobilize students' learning enthusiasm; The excellent design of football must be suitable for the physical and mental development needs of students. With the further development of learning, students will inevitably have more and more football skills, the teaching content will change, and the matching games should also be adjusted. In order to adapt to the teaching content, and the implementation of the same game for a long time will also kill the students' interest in learning, so the game content should also be adjusted. Finally, when implementing a football game, teachers must ensure that the game is interesting and novel in content, so as to keep the students' interest in learning for a long time.

3. Features of Football Game

3.1 Soccer Games Are Highly Educational

Football game is different from various recreational games that students usually come into contact with, and its educational characteristics are more obvious. Football Games are introduced into college football classes in order to help students quickly master football skills and techniques, and improve the learning effect of students. Therefore, the football system has obvious educational characteristics.

3.2 Soccer Games Have a Certain Amount of Fun

Any game must have a certain amount of interest in order to attract more people to participate in it, as does football. If Football Games are used properly in the teaching process and the fun of the Games is fully displayed, the students may be attracted to the Games soon, and the enthusiasm and interest of the students in football learning will be greatly increased.

3.3 Soccer Games Are Flexible and Diverse

If there is only one type of game in a football class, the enthusiasm of the students to participate in the game will be exhausted. In the actual football class, there are enough kinds of football games for teachers to choose. When organizing football games, teachers can design different kinds of games with different teaching contents. At the same time, many football games are not limited by the external factors such as the field and the number of students, so teachers can apply football games to explain football knowledge.

3.4 Soccer Games Are Competitive

In a broad sense, football is also a kind of game, and many football activities are carried out in the form of confrontation games. A great deal of practical experience shows that with the help of competitive football games, students can be more quickly integrated into learning activities, and in the game activities can also be better communication between teachers and students, with the help

of diversified games, it can also cultivate students' collective sense of honor, responsibility and teamwork ability.

4. The Application of Football Game in Teaching

Game Teaching is through under the guidance of teachers, students participate in the way to learn football-related technical knowledge. The student is occupying the absolute active position in the soccer study, through the rich interesting soccer small game may promote the student's study desire better, increases the game the interest, displays the soccer study charm.

In College football classes, if teachers want to play the role of football games effectively, they first need to combine the specific conditions of students, and pay attention to the selection and application of games in order to improve the physical quality of students, in order to strengthen students' thinking, emotion and thinking mode, we should choose effective football teaching methods and design positive and healthy football games. Through the game innovation education teaching content, fully displays the soccer knowledge study the interest, in the student study the soccer knowledge process, promotes its interpersonal communication and the contingency ability.

In the classroom, when the teacher applies the soccer game, must consider fully the difference which exists between the different student, for example, the male student and the female student have the huge difference in the physical strength, the soccer knowledge grasps the degree differently. Therefore, in the arrangement of Football Games, teachers should also respect the differences between students, students of gender, physiology and other characteristics, to develop innovative and interesting games. In sports soccer classes, for example, there is a fundamental difference between boys and girls in sports, so boys can be targeted at some strength of the new game tasks, and for women can try to arrange the ball, ball around pillars and other flexible games. In addition, in the development of Football Games, teachers can also be different students according to the interests of the team, a reasonable arrangement of the game, play the fun of the game, in the game to guide students to learn to communicate with other students. Moreover, teachers can try to hand over the class completely to the students and let them design and arrange the football games according to their soccer knowledge, which can not only enhance the students' sense of participation in learning, show the fun of Games and football knowledge, but also can spread the creative thinking of students.

Of course, the application of Football Games in the football classroom, but also to control the frequency of the game. The basic aim of the application of Football Games is to permeate football knowledge, and it is the carrier of teaching. If we carry out the game activities frequently in the classroom, it may lead to the weakening of teaching content, and on the contrary, it will be disadvantageous to the consolidation and study of Students' football knowledge, reduced the effectiveness of the teaching. When the teacher applies the game in the soccer class, can not play for the sake of the game, but must always let the soccer game serve for the soccer teaching, regards the soccer game as the method which enlivens the classroom atmosphere, pays attention to the reasonable application of the game in the classroom.

4Problems that should be paid attention to in football game teaching.

The choice of games in football class has a great influence on whether students can enter the learning state at the beginning of the class. Teachers can design some warm-up Football Games before the class starts, the proper choice of sports games in warming-up activities can improve students' learning interest. But there are a lot of technical teaching in College Football Teaching, some of which need to be practiced again and again. Under the circumstance that the football game takes the heavy proportion in the class, it will consume a lot of students' physical strength and affect the teaching effect. Therefore, in football teaching teachers should grasp the moderation of the

game, so as to avoid the game design becomes the root and the end, so that students learn the opposite effect.

5. Conclusion

In a word, football game is a means of football teaching in colleges and universities. Teachers can effectively arouse students' learning enthusiasm by reasonably applying football game in football class in combination with the actual teaching situation, to promote students' active participation in various learning activities, to strengthen communication and interaction between teachers and students, to promote mutual growth and development, and to improve the quality of football teaching in all aspects.

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