

Teaching Thinking on the Cultivation of Artistic Expression of Latin Dance

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Abstract: Latin dance is an important content in college dance teaching, and it is an important carrier that determines students' aesthetic thinking and artistic quality. In the process of organizing Latin dance teaching, teachers need to rationally optimize the specific education model from the perspective of artistic expression. So students can form a comprehensive understanding of the dance form of Latin dance, and carry out inspiration and divergence according to their own cognition. And standardize the basis of their own dance skills to improve the overall artistic expression. Below, we mainly analyze the main factors that affect the artistic expression of Latin dance, and propose a scientific teaching path according to the actual situation.

1. Introduction

In the new era of education, with the gradual deepening of quality-oriented talent training ideas, colleges have put forward new requirements for dance education. Teachers need to pay attention to the effective cultivation of students' artistic expression in the process of teaching. In the process of carrying out teaching activities for Latin dance, it is necessary to update the specific education methods according to the artistic characteristics of the dance and the quality construction needs of college students. So students can master basic knowledge and practical skills and strengthen psychology Quality. What's more, they can complete Latin dance performance and practice in a standardized manner.

2. Analysis of the Factors Affecting the Artistic Expression of Latin Dance

2.1 Subjective Factors

In the field of Latin dance learning, students' artistic expression is largely determined by subjective factors. In other words, the students' own cultural cultivation, as well as the construction of knowledge and skills in Latin dance, all affect the students' comprehensive performance level. First of all, as a Latin dancer, you need to have a rich cultural background. You must have a specific understanding of the dance form of Latin dance, including its origin, development and evolution. Only in this way can you standardize your own experience in dance learning and training. They use cultural heritage as the support to enhance their overall temperament as a dancer. At the same time, as a Latin dancer, one's own physical fitness and the skill base mastered are also the main factors

affecting performance.

2.2 Objective Factors

Objective factors also play a prominent role in improving the artistic expression of Latin dancers, which is embodied in the specific education mode and training environment. First of all, the educating ideas practiced by teachers, and whether the teaching activities organized for Latin dance meet the norms and are close to the quality development needs of students, all affect the comprehensive level of students in Latin dance performances. At the same time, the training environment is also an important influencing factor. Whether the training environment organized by the teacher is closer to the real performance situation, and the psychological quality of the students in the training activities are all important factors. After determining the main factors that affect students' artistic expression, teachers need to carry out effective interventions from the educational level and reasonably regulate specific educational methods. So students can effectively master the basic knowledge and dance skills of Latin dance and effectively regulate their own dance performance.

3. The Teaching Path to Cultivate the Artistic Expression of Latin Dance

3.1 Innovate Teaching Methods and Cultivate Physical Skills for Artistic Expression

As we all know, Latin dance has strict requirements on the performers' own physical skills and qualities. It must have good physical flexibility and extensibility, so that the specific dance moves can be displayed more standardized. Therefore, in the process of organizing Latin dance teaching, teachers need to make effective innovations in specific teaching methods to provide students with good physical training space. First of all, it is necessary to conduct a comprehensive survey of the students' dance foundation. Through simple tests, teachers can understand the students' flexibility and the training load they can bear. Then, different training programs are set up for students with different physical fitness foundations. For example, for students with poor flexibility, physical training can be carried out step by step to avoid overloading the body and causing accidents in the body. At the same time, in the process of physical skills training, teachers can use the multimedia carrier function to visually display important dance moves and essentials and perform loop playback for difficult actions. So students can effectively internalize basic knowledge and participate in movement training in a standardized and orderly manner. Finally students can show a good level of physical skills.

3.2 Constructing the Situation and Strengthening the Rhythm of Artistic Expression

Latin dance has higher requirements for the dancer's sense of rhythm, and it is also an important carrier to promote the overall improvement of dancers' artistic expression. Therefore, in the process of organizing teaching, teachers need to pay attention to the cultivation of students' sense of rhythm and make effective innovations in teaching methods. We can set up the situation reasonably and create a good rhythm atmosphere. In addition, It's necessary to let students show relevant movements on this basis and gradually form a sense of rhythm, so that they can ensure the mastery of the beat and the movement of the Latin dance performance in the future. At the same time, in the process of cultivating the sense of rhythm, teachers can guide students to use the Latin dance movements and knowledge they have learned to create and choreograph independently under specific circumstances, and create dance movements according to the beat of the music, so as to ensure the integration of music and dance.

3.3 In-Depth Appreciation and Cultivation of Artistic Expression and Cultural Accomplishment

During the organization of teaching, teachers need to pay attention to the cultivation and improvement requirements of students' artistic expression, and strengthen the standardized organization of appreciation activities. We can allow students to grasp the rich cultural connotation in the process of participating and radiate their own thinking and inspiration in the process of art appreciation, and make independent creations according to their own insights in the appreciation and learning process. This can enrich the students' cultural heritage while at the same time and improve the overall artistic quality. For example, teachers can collect some classic Latin dance videos and integrate them into micro-class video resources. Then teachers display them in the classroom to build a flipped classroom so that students can think about the Latin dance art and culture contained in the video during the observation process. In addition, students can effectively analyze the creative concept of the work itself and the dance movements and techniques incorporated. After that, students are organized to independently create specific dance work in a group cooperation environment, thereby cultivating students to form a good sense of innovation. And we can also enable students to comprehensively improve their personal artistic quality in the process of practical exploration.

3.4 Psychological Intervention to Improve the Psychological Quality of Artistic Performance

For college students, forming a good psychological quality is an important support for improving their comprehensive artistic expression in the field of Latin dance. Therefore, in the process of organizing Latin dance teaching, teachers need to pay more attention to psychological intervention and plan specific educational activities according to the current psychological cognition and quality performance of students. We can effectively analyze the cultural concept and artistic value of Latin dance to cultivate students' active learning psychology. At the same time, teachers need to innovate in specific training forms, simulating real dance performance situations and organizing training. So students can perform Latin dance with a correct attitude, and gradually form a good psychological quality in the process of diversified practice and exploration. Finally, they can complete the stage performance in a standardized and calm manner.

3.5 Promote Learning with Competition and Cultivate Creative Ability of Artistic Expression

In the process of organizing stage performances, teachers need to strengthen the in-depth implementation of the strategic thinking of promoting learning by competition. So students can form a good spirit of competition and cultivate a sense of innovation. In addition, they can participate in the independent creation of Latin dance. In the atmosphere of the competition, students can collaborate effectively with their peers and complete competition tasks together, and improve the tacit understanding with their peers. At the same time, teachers can visually display students' competition videos. On this basis, teachers can lead students to jointly analyze the problems in Latin dance performances, and give students scientific guidance so that students can develop good learning and training habits. Then students can gradually improve their own artistic quality and comprehensive performance level.

4. Conclusion

As mentioned above, in the process of implementing Latin dance teaching activities, teachers need to follow the development of the times and clarify the talent training goals in the new era.

What's more, teachers need to follow the requirements of students' professional quality construction and focus on training students in dance artistic expression. And on this basis, teachers need to make reasonable plan for the teaching activities of Latin dance. During the practical teaching period, it is necessary to effectively innovate the specific teaching methods and train students to form a good level of physical skills. In addition, we need to strengthen the creation of situations and effectively cultivate the rhythm of students awareness and the sense of rhythm. In addition, it's necessary to actively organize various activities such as appreciation, psychological intervention and promotion of learning with competitions. So students can effectively stimulate the potential of Latin dance performance from different potentials, and comprehensively improve their comprehensive performance level.

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