

Practice the Training Concept of Applied Talents, Discussion on the Optimization of Dance Teaching in Colleges and Universities

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Abstract: In the new period, brand-new requirements are put forward for the cultivation of talents in Colleges and universities, focusing more on the cultivation of practical and applied talents. In the process of organizing education work, teachers need to pay more attention to dance teaching, and make innovation on specific education ideas, effectively implement the application-oriented talent training strategy, and effectively innovate specific education measures on this basis, so that the majority of students can achieve innovative development in the field of dance art. Next, this paper mainly analyzes the current situation of dance teaching and the application of the concept of applied talents, and on this basis, makes reasonable innovation on the specific optimization path, so as to realize the effective cultivation of professional and quality-oriented talents.

1. Introduction

In the field of higher education, dance is an important art course. Under the new development background, new requirements are put forward for dance teaching. As a teacher, in the process of organizing dance teaching, we need to carry out effective innovation in specific education ideas. We should recognize the students' future development plan, strengthen the effective penetration of applied talents cultivation ideas, so that students can not only master professional knowledge, but also effectively consolidate on the basis of skills in the process of participating in dance class learning, so as to comprehensively improve the quality of teaching. The overall application literacy of students.

2. Analysis of the Current Situation of Dance Teaching in Colleges and Universities

In the field of higher education, dance is an important art course. However, at present, in the process of teaching implementation, the educational measures adopted by teachers do not meet the development needs of the quality curriculum reform, showing obvious shackles in the implementation of educational ideas and methods. During the implementation of teaching, we only pay attention to the teaching of theoretical knowledge, but neglect the construction of students' practical skills and professional quality. At the same time, in the process of the specific implementation of dance teaching, teachers lack of curriculum planning and design, and lack of

ideological attention in the development and expansion of teaching methods and training activities. As a result, students' professional knowledge and skills in dance are limited, which seriously affects the quality construction of students.

3. Overview and Value Analysis of Applied Talents Training Concept

The thought of applied talents training is a relatively new education thought, which has certain effectiveness [1]. Specifically, in the process of organizing educational activities, teachers should pay attention to the effective penetration of students' practice and application skills, so that students can not only master rich theoretical knowledge, but also effectively consolidate practical skills, so as to comprehensively improve the overall application level of students and help students obtain good development attainments in the field of dance. In the process of dance teaching in an all-round way, the effective implementation of the application-oriented talent training idea can effectively improve the current teaching environment, help students form good aesthetic thinking and innovative consciousness, so as to enhance the overall professionalism. Therefore, in the next process of carrying out educational activities, teachers need to actively change the concept of education, and on this basis, plan and design the teaching of dance professional courses, so as to promote the effective cultivation of application-oriented dance talents, and provide important action reference for helping the dance industry to achieve in-depth reform.

4. Analysis on the Optimization Path of Dance Teaching in Colleges and Universities under the Concept of Applied Talents Training

4.1 Standardizing the Setting of Professional Courses

In the field of dance education, teachers need to pay attention to the effective cultivation of application-oriented talents, and pay more attention to curriculum planning and design [2]. First of all, as a teacher, we need to do a comprehensive research on the dance professional market environment, collect the new dance forms and artistic ideas derived from the current dance environment, and then integrate the resources through a variety of channels, with the help of the network platform to collect advanced art and cultural resources, and effectively integrate them into the dance professional courses, so as to ensure that the content system constructed is more systematic. It can also enable students to form a correct ideological cognition of the current dance professional knowledge and practical skills in the course of learning, further consolidate the foundation of students' professional cognition, promote students' effective expansion of knowledge in the field of dance, and help students' professional quality to achieve effective improvement. At the same time, in the process of specific organization of dance teaching, teachers need to pay attention to the reasonable planning of practical courses, deeply explore the artistic skills and methods in the field of dance, and integrate resources on this basis, so as to ensure that students can master more abundant professional knowledge, form good dance thinking and improve the overall artistic quality in the course of learning.

4.2 Innovative Dance Teaching Methods

In the process of dance teaching, teachers need to start from the needs of application-oriented talents training, and carry out reasonable optimization and innovation in specific education methods, so as to let students form a good sense of dance, let them effectively master the knowledge and skill basis of dance in the process of practical exploration, and comprehensively improve students' professional level in the field of dance. First of all, in the process of teaching, we can effectively use

multimedia to build an intuitive situation, intuitively display the art and methods of dance, so that students can standardize their understanding of dance skills in the process of observation, and participate in dance training in a standardized and orderly manner. At the same time, in the process of organizing dance teaching, teachers need to actively organize the learning mode of cooperative inquiry, guide students to effectively interact and explore the advanced artistic ideas and skills in the field of dance through the way of cooperation, so as to cultivate students to form a good sense of innovation. Moreover, in the process of organizing teaching, teachers need to strengthen the effective use of project driven mode, make clear the specific project theme according to the course content, and encourage students to practice and explore.

4.3 Constructing Practice Teaching System

In the field of dance education, teachers need to make reasonable planning in practice, so as to create a wide range of practice environment and space for students. In the process of practical exploration, teachers can effectively internalize basic dance knowledge, further consolidate professional skills, and comprehensively improve students' comprehensive level of dance practice. First of all, strengthen the effective development of Campus Training space, organize students to choreograph independently according to the dance knowledge, so that students' innovative thinking and practical ability can be effectively improved. At the same time, in the process of practical teaching, teachers need to actively practice the idea of school enterprise cooperation, and on this basis, effectively expand the training platform, organize students to actively participate in the enterprise dance creation and performance activities, such as establishing an effective cooperative relationship with the dance training center, allowing students to act as dance training instructors, so as to motivate them in the process of practice develop their inner potential.

4.4 Implement the Idea of Promoting Learning by Competition

In the process of dance teaching, teachers need to actively organize interesting competition activities under the guidance of promoting learning by competition [3]. In the process of participating in the competition, students can stimulate the inspiration of innovation and creation, participate in the dance performance in a standardized and orderly manner, and on this basis, students can form a good skill foundation, and also can comprehensively improve their professional quality in the field of dance. For example, teachers can set up innovative activities from the perspective of national dance and modern dance according to students' specialty and potential, so that students can independently create according to their own artistic ideas and inspiration, and also lead students to actively participate in off campus competition activities.

4.5 Strengthen Professional Quality Assessment

In the process of organizing educational activities, teachers should pay attention to the effective assessment and training of students' professional quality. In the process of education, we need to improve the assessment system, conduct a comprehensive evaluation of students' professional skills and professional performance in the field of dance, and conduct a comprehensive evaluation from the perspective of Ideological and political literacy and professional ability, so as to ensure that the construction of students' professional quality is more in line with the actual development needs of students. At the same time, it can also effectively analyze the practical problems of students' professional quality on this basis, and reasonably optimize the specific education and counseling programs on this basis.

5. Conclusion

As mentioned above, in the process of organizing dance teaching, teachers need to carry out effective innovation in specific teaching ideas, pay attention to the effective penetration of applied talents training ideas, and plan and design dance courses on this basis. In the process of organizing teaching, we should make reasonable planning and design for professional courses, innovate specific teaching methods, strengthen the effective penetration of ideas such as school enterprise cooperation and competition to promote learning, and strengthen the innovation of Ideological and political education and professional quality assessment, so as to create a good learning environment and atmosphere for students, and on this basis, let them learn more independently Participate in the dance practice training, and gradually improve the level of specialization, promote students to achieve in-depth development in the field of dance.

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