# Research on the coupling of the party construction of the public sports department and the ideological and political reform of the public sports curriculum in Colleges and Universities

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Abstract: under the background of strengthening the construction of grass-roots party organizations in Colleges and universities, realizing the party's overall leadership of talent training in Colleges and universities, comprehensively promoting the ideological and political reform of public physical education curriculum, and integrating the ideological and political work into the public physical education in Colleges and universities, the coupling development of Party building and ideological and political reform of public physical education curriculum in public physical education department in Colleges and universities is easy to deal with, It is feasible to give full play to the value of physical education. Specifically: first, the goals and functions of the two sides are closely linked. It is shown that the direction is consistent, and the effect of achievements is mutual promotion. Second, the endogenous power is closely related. Including the internal unity of the identity of Party members and teachers, the main elements are consistent, and the resource elements complement each other. On this basis, it puts forward a coupling structure and operation mechanism between the party building of the Ministry of public sports and the ideological and political reform of public physical education curriculum.

#### 1. Introduction

In order to promote sports to give full play to its important role in building a modern socialist power with Chinese characteristics in the new era, the general office of the State Council issued the outline for building a sports power in 2019 to plan the work to achieve the goal of building a sports power. The outline points out that by 2035, more than 45% of the country's population should be able to regularly participate in physical exercise; By 2050, the physical quality and health level of ordinary residents, the comprehensive strength of national sports and the international influence of Chinese sports will rank among the top in the world. As an important way to promote the improvement of national sports literacy, enrich the connotation of sports culture, promote the development of sports and carry forward the excellent sports spirit, public physical education in Colleges and universities is

an indispensable component to achieve the goal of building a strong sports country. It is one of the main positions related to the all-round development of students and the fundamental task of "Building Morality and cultivating people". It carries the future of the country and the expectations of the people<sup>[1]</sup>.

In 2017, the CPC Central Committee and the State Council issued the opinions on strengthening and improving the ideological and political work in Colleges and Universities under the new situation, requiring the establishment and improvement of the party's grass-roots organizations in Colleges and universities, strengthening the construction of grass-roots party organizations in Colleges and universities, including teaching party branches and student party branches, and strengthening and improving the party's overall leadership over the cultivation of talents in Colleges and universities, Give full play to the fighting fortress role of grass-roots party branches in the process of talent training in Colleges and universities. Chen Baosheng, Minister of education, pointed out at the National Conference on undergraduate education of colleges and universities that "colleges and universities should clarify the educational elements and responsibilities of all courses" and upgrade "curriculum thinking and politics" to "understand the higher education system with Chinese characteristics" [2]. Marx said that "educators must be educated" General Secretary Xi also repeatedly stressed on several occasions: "educators receive education first. College teachers should strive to become disseminators of advanced culture and firm supporters of the party's governance, and assume the responsibility of guiding and guiding the healthy growth of students."

Under the background of the talent training reform of "Building Morality and cultivating people" in Colleges and universities and comprehensively promoting the construction of a sports power, it is an urgent new problem to realize the sustainable development of the integration of the party construction of the Ministry of public sports and the ideological and political reform of public sports curriculum in Colleges and universities.

### 2. Challenges faced by public physical education in Colleges and Universities

#### 2.1. "Physical" education is effective, and "moral" education is easier to know than to do

Since the reform and opening up, the National Students' physical health level has experienced a continuous decline for more than ten years, and the obesity and myopia rate of young students has been increasing. Therefore, after entering the new century, the public physical education curriculum in Colleges and universities has carried out a series of reforms aimed at students' physical education. Focusing on the study of special sports skills, training students' physical quality and cultivating students' physical exercise habits, public sports in Colleges and universities has formed a five in one curriculum structure of "physical education classroom teaching", "extracurricular physical exercise and guidance", "sports competition and training", "students' physical health monitoring and intervention" and "social sports service", and the curriculum content has been greatly enriched, Many emerging sports with good mass foundation, strong interest and high exercise value have entered the college physical education classroom, which has played a positive role in improving the teaching effect of physical education and improving students' physical participation. Especially in a few short years, the downward trend of teenagers' physical health level has been effectively curbed and the downward rate has slowed down significantly. "Physical education" is a process to help students develop physically and healthily, including learning sports theory, sports skills and improving sports quality. It is a relatively intuitive and explicit process with traces to follow. "Moral" education is a process of promoting students' psychological maturity. It is a tortuous process in which students transform their value pursuit from external knowledge to inner identity, from perceptual reception to rational persistence, and from object education to subject conscious cognitive behavior. It is difficult to quantify. From the perspective of teaching, "physical education" is that physical education teachers use their own professional skills to teach physical education knowledge, which is the professional field of physical education teachers; "Moral" education depends on Teachers' own moral quality and belief realm to spread ideas and carry forward culture. Physical education teachers have no obvious advantages.

#### 2.2. Students' ideological quality is not high and their educational role is not played well

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# 3. The relationship between the party construction of the Ministry of public sports and the ideological and political reform of public sports curriculum

#### 3.1. Relationship between objectives and functions

The Party Constitution stipulates that "the party's grass-roots organizations are the fighting fortress of the party in the social grass-roots organizations and the basis of all the party's work and combat effectiveness." the Party branch of the Ministry of public sports is responsible for promoting school sports work, especially the development of school public sports education, serving school teachers, students and employees in the field of sports, and condensing the sports awareness of the people, The important responsibility of promoting the harmonious development of the Ministry of public sports is to unite and lead all Party members, cadres and the masses of the Ministry of public sports to implement the party's theory, line, principles and policies, and to implement the party's task of public physical education.

In 2012, the 18th CPC National Congress proposed that the fundamental task of China's higher education at this stage is "Building Morality and cultivating people". It is emphasized that education should have a political height and a clear political position. Around the socialist core values, colleges

and universities should actively cultivate young college students' social ethics, professional ethics, family virtues and personal morality, actively guide students to carry forward national integrity, establish a new socialist style, and cultivate the spirit of dedication to serving the people and the sense of social responsibility of "maintaining peace". After the 19th national congress, General Secretary Xi repeatedly stressed the educational principle of "simultaneous development of five education and moral education first" on the issue of talent training in Colleges and universities, required colleges and universities to take the training of "socialist builders and successors with all-round development of morality, intelligence, physique, beauty and labor" as the core of talent training objectives, and proposed to run political and ideological work through higher education and use "political work system" Through talent training.

Strengthening the party building work of the Ministry of public sports can effectively help Party members, teachers and the leading group of the branch to clarify the development ideas of the Ministry of public sports, grasp the ideological and political development direction of public physical education courses, help Party members and teachers in the teaching front line innovate teaching methods, improve their teaching and research ability, understand the level of the party's advanced educational ideas, and grasp the correct direction of teaching reform, Always maintain the scientific, advanced and epochal nature of public physical education.

#### 3.2. Endogenous dynamic connection

#### 3.2.1. The internal unity of the dual identities of Party members and teachers

Communists are excellent talents specially trained by the party organization, who can only be absorbed into the party organization after a long-term investigation and assessment that they basically have qualified party spirit. Therefore, the party spirit reflects the value pursuit of a party member, standardizes a party member's words and deeds, and determines that a party member is not only a political identity, but also a political belief and discipline.

If education prospers, the country prospers, and if education is strong, the country is strong. The rise and fall of a country depends on education, and the implementation of education depends on teachers. The important influence of teachers has made people's expectations and respect for teachers since ancient times, and few professions can surpass them. A teacher's professional ethics with distinctive characteristics, rich connotation and strict requirements has been formed. It is the basic requirement and quality of a qualified people's teacher to follow the norms of teachers' ethics of being an example of others, loving their posts and dedication, rigorous scholarship, honest teaching and teaching according to law.

The internal unity of the dual identities of Party members and teachers lies in the internal unity of adhering to the party spirit and following teachers' ethics. First, following teachers' ethics is the basic requirement of qualified teachers and the professional requirement of participating in socialist education; Adhering to the party spirit is the higher pursuit of Party members and teachers after being based on their posts. It is the sublimation of personal value pursuit close to ideals and beliefs. The two go in the same direction without contradiction. Second, for Party members and teachers, adhering to the party spirit and following teachers' ethics can not be separated. In modern society, everyone has many identities, and each identity represents a social relationship. Therefore, on different occasions, it may be dominated by different identities, except for Communists. From the day of joining the party, once the identity of a party member is established, no matter where he lives and what position he takes, his first identity is "communist". The party spirit of Party members is deeply influenced by the nature of the party and reflects the nature, goal, purpose, style and discipline of the party to a certain extent. Therefore, a party member teacher with firm ideals and qualified party spirit must be a qualified teacher with noble teacher ethics.

## 3.2.2. The internal relationship between Party building and curriculum ideological and political reform

From the perspective of main elements, the main body of implementing the achievements of Party construction and curriculum ideological and political reform is party member teachers. Having a team of Party members and teachers with high politics, excellent business and hard style is a strong guarantee to promote the orderly and steady implementation of Party construction and curriculum ideological and political reform. Handling the relationship between Party construction and curriculum ideological and political reform can get twice the result with half the effort and improve work efficiency.

From the perspective of resource elements, with a deep understanding and accurate grasp of the rich connotation of the overall requirements of Party building in the new era, closely combined with the vivid practice of great struggle, great cause and great dream<sup>[6]</sup>, and comprehensively coordinating and promoting the overall goal of Party building, whether it is the party building work of the Ministry of public sports or the curriculum ideological and political reform, it is a long-term and arduous task Part of complex systems engineering. The education and training results of Party building for Party members and teachers are disseminated to young students through curriculum teaching, which is in line with the educational deployment of building a comprehensive, whole process and all-round "three complete education" pattern. At the same time, public physical education curriculum itself is also an excellent carrier for integrating curriculum thinking and politics and carrying out party construction. The ideological and political reform of physical education curriculum can provide inspiration and materials for Party construction. Excavating the new connotation of physical education spirit in the new era can promote and complement each other.

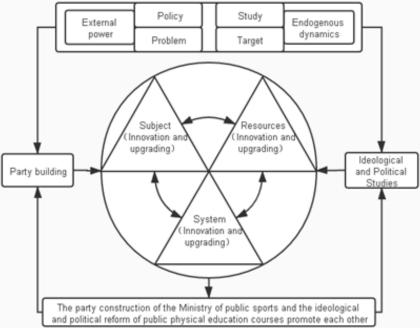


Figure 1 The coupling system between the party construction of the Ministry of public sports and the ideological and political reform of Public Physical Education Curriculum

# 4. The coupling system structure of the party construction of the Ministry of public sports and the ideological and political reform of Public Physical Education Curriculum

The coupling system between the party construction of the Ministry of public sports and the

ideological and political reform of public physical education curriculum is divided into: driving force subsystem and coupling subsystem. Among them, the driving power subsystem is composed of external power and endogenous power. The external power includes problem driving force and policy driving force, and the endogenous power includes goal driving force and learning driving force. The four driving forces are interrelated and jointly produce the driving force for the operation of the coupling subsystem. The coupling subsystem reflects the coupling mechanism between the party construction of the Ministry of public sports and the ideological and political reform of public physical education curriculum and its three core elements: subject, resources and system (Figure 1).

#### 5. Conclusion

Under the background of strengthening the construction of grass-roots party organizations in Colleges and universities, realizing the party's comprehensive leadership over the cultivation of talents in Colleges and universities, comprehensively promoting the ideological and political reform of public physical education courses, and running the ideological and political work through the public physical education in Colleges and universities, the coupling development of the party construction of the Ministry of public physical education and the ideological and political reform of public physical education courses in Colleges and universities is easier to know than to do in dealing with the "moral" education of public physical education, It is feasible to give full play to the value of physical education. Specifically: first, the goals and roles of the two parties are closely linked. It shows that the direction is consistent and the results promote each other. Second, the endogenous power is closely linked. Including the internal unity of the identity of Party members and teachers, the consistency of main elements and the complementarity of resource elements. However, the coupling structure and mechanism between the party construction of the Ministry of public sports and the ideological and political reform of public physical education curriculum still need to be further studied.

## Acknowledgement

Research on the construction of teachers' Party branches in public sports department of colleges and Universities.

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