

# *The Realistic Dilemma and Breakthrough Path of School Sports Competition Education*

Lingyan Zhang<sup>1</sup>, Dongqin Li<sup>2</sup>

1. School of Physical Education, Chongqing University of Arts and Sciences, Chongqing, 402160, China

2. School of Physical Education, Liaoning Normal University, Dalian, 116029, China

**Keywords:** School sports, Sports events, Competition education, Moral education

**Abstract:** In order to give full play to the educating effect of school sports events, research methods such as literature and logical analysis are used to comb and analyze the current practice process of school sports events in my country. It is found that the current development of school sports events in our country has problems such as insufficient education during the event process and solidification of the event management model. At the same time, it is proposed that school sports events in our country should uphold the principles of comprehensive education and adapting measures to the times, balance sports event education, and strengthen the scientific nature of event management science. In order to realize the fundamental task of comprehensively educating and cultivating people in the practice process of school sports events, promote the construction of a modern school sports event system.

## 1. Introduction

In the process of preparation, development and management of school sports events in our country, there are the characteristics of chain-locking development, and it has development advantages such as horizontal time frugality and vertical logic self-consistent. However, due to the progressiveness and relevance of the development mode of the ring lock, each part supports each other and forms a whole. Once there is a problem in the sub-part, it will inevitably become the ant hole for the collapse of the entire dam, and it will also have a greater impact on the spread of the spirit of the game. In view of this, in order to further promote the reform of school physical education, practice and do physical education, explore and improve the school physical education system. In-depth analysis of the status quo of process education and event management of school sports events in our country, analysis and sorting out the silt and accumulated drawbacks, in order to meet the needs of the times, build a school sports event education path in line with the development of the times.

---

Fund Projects: Chongqing Municipal “Three Alls Education” Comprehensive Reform Pilot Schools and Departments Construction Project; Chongqing University Humanities and Social Science Research Planning Project (21SKGH208)

The first author: Zhang Lingyan (1982- ), female, from Binzhou, Shandong, associate professor, master student, research direction is physical education.

Corresponding author: Li Dongqin (1997- ), female, from Jiulongpo, Chongqing, studying for a master's degree in physical education.

Address: Sports College, Chongqing University of Arts and Sciences, No. 319 Honghe Avenue, Yongchuan District, Chongqing

### **1.1 The Overall Lack of Education in the Process of Sports Events**

School sports events are divided into intra-school and inter-school. Since schools mostly use limited teachers to prepare for higher-level inter-school sports events, the training and education of inter-school sports events is mainly based on specialized physical education teachers. In school sports events, most of them are head teachers (mostly found in elementary and middle schools), class members or specialty students (mostly found in colleges and universities). As a result, the relevant competition education received by the students is uneven, and the comprehensiveness of the training process is not high. Regarding the issue of event participation, since the spectators of intra-school sports events are mainly students of the school, inter-school sports events are mainly composed of athletes or students who are active in participating in school sports. The enthusiasm for watching is higher, the audience effect is stronger, and the enthusiasm of the event is higher than that of the school sports event. On the other hand, in school sports events, due to the “skills, light spirit” educational stereotypes in school sports, students' awareness of sports events varies greatly. The participation enthusiasm of the student audience and the age of the students gradually showed an inverse trend [1], which led to the differentiation of the development of school sports events and weakened the educational value of school sports events. As the core culture leading the school sports events, the sports event spirit education is influenced by the ideas of interestism and championship doctrine. In the process of school sports events in our country, there are some undesirable phenomena such as “respecting the rankings and neglecting the spirit”.

### **1.2 The Solidification of Sports Event Management Mode**

As the core management of school sports events, event management plays an important pivotal role in maintaining order, organizing events, and coordinating management in school sports events. An orderly and efficient school sports event management system can not only ensure the normal development of events, but also manage, shape and optimize the atmosphere of the events to give full play to the education efficiency of school sports events. Nowadays, although the management of school sports events in our country is becoming more and more perfect, the scientific management system of school sports events has not been fully formed. Therefore, there are difficult or simple management problems in the management process. From the perspective of comprehensive management of sports events, under realistic conditions such as a large number of sports events in schools, a large number of participants, and a large amount of work but insufficient personnel, there are still problems in the organization and management of school sports events in our country, such as unclear division of labor and unclear powers and responsibilities [2]. From the perspective of the personnel arrangement of school sports events, for a long time, the development of school sports events in our country has been dominated by coaches, referees, and athletes. As for the principal and other school management personnel, they are mostly interspersed in the opening ceremony, closing ceremony and award ceremony [1]. This traditional organization and management model ignores the leadership role of school administrators such as principals. Due to the problems of “dualization” and insufficient practice of participation by school leaders in the practice of school sports events. As a result, it is difficult for school leaders to use the title of management to understand and control the educational value of school sports events under the traditional management mode of school sports events.

## **2. School Sports Event Education Path Design**

The times are fast, in order to strengthen school sports work, improve the school sports event system, build a normal campus sports competition mechanism, and meet the needs of social development. Implement the development goals of establishing morality and comprehensively educating people in school sports events, and design the education path of school sports events in our country in line with the times. Promote the deepening of the education function of school sports events in our country by improving the balance of school sports event education and strengthening event management, and promote the overall development of school sports events in our country, in order to build a new situation of school sports event education that meets the needs of the times.

### **2.1 Comprehensive Education, in-Depth Promotion of School Sports Event Education**

In order to solve the problem of the differentiation of athlete training education, grasp the core reason why there are too many physical education teachers, and seek support from college physical education departments in a timely manner, in order to meet the needs of education fairness in the training stage of school competitions. On the issue of participation in competitions, physical education teachers and coaches need to establish a comprehensive ideological concept of cultivating people, and in the process of studying education and training, follow the principles of cultivating the body and cultivating the mind. For students of different sports levels to shape the correct cognitive concepts of sports participation, to promote the formation of a sense of collectivism, to promote students to actively observe events, and to give play to the educational role of sports events to off-site spectators. Finally, on the issue of the spiritual education of the competition, first, the school should abide by the principle of education balance and adhere to the education concept of the unity of knowledge and action. Change the cognition of school leaders and teachers on school physical education, balance the division of labor and interaction between disciplines, and promote the equal distribution of physical education and cultural education. Then, school leaders need to have a deep understanding of the sportsmanship possessed by school sports events in the course of practice and the educational effect of this spirit on individuals. Take advantage of its physique externally and internally cultivated spirit of educating people, actively carry out school sports events, and create a strong campus sports cultural environment. By promoting and inheriting the sports spirit culture, promoting the spiritual development of all students, realizing the educational effect of the school sports event practice process on students, and assisting the school sports event to implement the educational mission of morality, cultivation and comprehensive education.

### **2.2 According to the Time Conditions, Scientifically Formulate the Competition Management System**

Nowadays, in order to effectively solve the problems of unclear division of labor, unclear rights and responsibilities, and improper arrangement of personnel in the process of organization and management of school sports in my country, the development requirements and ideas proposed in the content of the “Outline” can be used to solve the problems of school sports in my country. The management system of the event was developed and improved. First, sort out the operational structure of sports events in schools at all levels in our country, and optimize the management system of school sports events in a targeted manner. In the management system of school sports events, it can be used for its own use by referring to the management system of the youth competition system and the school competition system in the form of comprehensive selection. Adhering to the principles of transplantation and regeneration according to the time conditions, formulate a management system that is in line with the current school sports events, and form an event management system with

responsibilities to individuals and clear division of labor. Then, in order to be able to establish a multi-participant and sorted game management system that is compatible with the development of the times, it is necessary to re-division of labor arrangements for coaches, referees, supervisors and school management personnel such as principals. Let school leaders participate in the process of sports events, and even hand over some simple refereeing tasks or supervision tasks to school leaders, so that their participation is no longer “duplex”. Break the traditional arrangements and settings, realize the eradication of the school sports event system, and establish a strong external support for the realization of the school sports event's practical education goals.

### 3. Conclusion

In the new era, the task of perfecting the school physical education system and competition system is still continuing. With the continuous improvement of the school sports event education model, our country's school physical education system is also continuously optimized. In the passing time and the constant eradication of the old and the new era, the development of school sports events in our country will always adhere to the determination to blow up the madness and reach the golden age. Constantly advancing with the times and adapting measures to the current conditions, for the development of school physical education in the new era.

### References

- [1] Li Jingbo, Yang Bo. *Eight problems and countermeasures analysis of school sports competitions in my country* [J]. *Sports Culture Guide*, 2010(04): 89-91.
- [2] Yao Yuan, Li Junyan. *Research on the school sports event system in my country* [J]. *Sports Culture Guide*, 2018(12):119-124.