

# *The Construction of the Content System of Humanistic Care on Ideological and Political Education*

Lin Yixuan

Weinan Normal University, Weinan, Shaanxi, 714099, China

**Keywords:** Content system, Humanistic care, Ideological and political education

**Abstract:** Scientifically constructing the content system of ideological and political education in my country's universities, guiding and helping university students to establish correct outlook on life, world outlook and values, and correcting their ideological and political deviations are the fundamental manifestation of the important political advantages of ideological and political work in my country's universities, and it is also the construction of a harmonious society. Implement the strategy of strengthening talents, highlight social fairness and justice, and reflect the needs of a responsible government. At present, ideological and political education in my country's colleges and universities still has problems such as idealization, insufficient effectiveness, poor pertinence, and unclear content levels. According to the group characteristics of college students in my country in the new century and the actual status of ideological and political education in colleges and universities, the fundamental goal of ideological and political education in colleges and universities is to promote its all-round development, and the realistic goal is to enhance their enthusiasm, initiative and creativity. Work should be political and democratic. The fundamental principles of equality and the combination of virtuality and reality focus on the use of fundamental methods such as theoretical indoctrination, practical exercise, educating through the Internet, and network edification. The content of education focuses on strengthening the education of political, moral, employment, mental health, and creativity.

## 1. Introduction

Ideological and political work is the lifeblood of all the work of our party. For more than 80 years, the content of ideological and political education established by the party has been continuously innovated and developed in inheritance. The ideological and political education system has become increasingly scientific and its structure has become more reasonable. However, in contemporary times, the situation facing ideological and political education has undergone new changes. From an international perspective, with the continuous development of economic globalization, political multi-polarization, cultural diversification, and science and technology, Western capitalist countries have used economic advantages, political hegemony, cultural hegemony and other channels to develop their ideological values for young students. Infiltrate. From a domestic perspective, since the reform and opening up, with the profound transformation of my country's economic system, the profound changes in the social structure and the pattern of interests, college students have been significantly affected by various ideological trends, and the

ideological concepts of college students have undergone major changes, and their ideological activities have become independent. , Selectivity, variability, and differences are significantly enhanced. From the perspective of the development and changes of higher education, the implementation of the credit system, the socialization of logistics, the development of modern Internet technology, and the popularization of education have all had a certain impact on the thinking of college students. The new situation poses a severe challenge to the content system of ideological and political education for college students. Whether the original content system reflects its own openness and scientificity, and whether it can continue to adapt to the requirements of the new situation will be a worthy of in-depth discussion. The problem. Judging from the results achieved in the practice of ideological and political education of college students in recent years, there are still some problems, mainly as follows: these problems not only relate to the realization of the overall function of the ideological and political education system for college students, but also affect the realization of the goals of college students' ideological and political education. . Therefore, under the guidance of the scientific development concept, aiming at the problems existing in the content system of ideological and political education in colleges and universities, in-depth exploration of the laws of ideological and political education of college students, scientifically setting its system goals, standardizing its content system, and optimizing its content structure are important for promoting The innovation of the ideological and political education system for college students is of great practical significance to promote the construction of the ideological and political education system project for college students as a whole, and to enhance the effectiveness.

## **2. The Basic Principles of the Construction of the Content System of Ideological and Political Education in Colleges and Universities**

The ideological and political education of college students is clearly embodied in the goal orientation or value orientation of social development and human development, that is, the distinctive orientation. This kind of directionality is concentratedly manifested as class nature and advanced nature in a class society. The content of ideological and political education is a kind of social consciousness, which has class nature in class society, reflects the consciousness of a certain class, and reflects the requirements of a certain class to train people. Therefore, when constructing the content of ideological and political education in our country, we must adhere to the guiding position of Marxist theory in all contents, ensure the socialist nature of ideological and political education, and instill the political consciousness of the proletariat into the minds of contemporary college students. Establish a common ideal and firm belief in building socialism with Chinese characteristics, establish a correct world outlook, outlook on life and values, and promote the all-round development of college students. Secondly, the content of ideological and political education must be advanced and contain realistic and advanced practical activities. The role of ideological and political education in colleges and universities is to promote college students to abandon incorrect ideological concepts, so as to establish correct ideological concepts. Guide the development of college students' ideological concepts, predict and guide them in accordance with the law, and help them develop in a healthy and upward direction. This requires that the construction of the content of ideological and political education in colleges and universities should not only be based on the current social development, but also be consistent with the overall development trend of the society in the future, walking in the front of the actual life of the society and the development of college students, reflecting the distinctive advanced nature. In addition, the content of ideological and political education in colleges and universities is based on the most advanced ideological and theoretical foundations, and the advanced theories are used to educate college students so that

college students can truly understand the direction of social development and strengthen their ideals and beliefs.

The content of ideological and political education in colleges and universities is a whole formed by the organic combination of various ideological and behavioral norms. Each of these aspects is closely related, interacts, and restricts each other, forming an open content unit that meets the needs of many aspects of society. It is manifested in the following aspects: First, the ideological and political content of colleges and universities is a whole composed of various aspects. For example, there are core, important, and basic education such as ideal and belief education, patriotism education, and basic ethics education; there are also education in science and technology ethics, environmental ethics, and network ethics, as well as the cultivation of innovative, ecological, and global awareness. This kind of expansive, daily, and diversified content includes not only leading education such as political education and ideological education, but also basic education such as moral education, legal education, and psychological education; it includes both “as it should be” education content, Also includes the “real” educational content. Second, the content of ideological and political education in colleges and universities has the nature of overall coordination. The rich content is not simply patched and added, but on the basis of following the laws of education, following the requirements of social development, targeting the ideological reality of college students, and being simple. Deep, from the outside to the inside, the primary and secondary are clear, the key points are prominent, and the overall coordination. So that the overall display function of the content of ideological and political education in colleges and universities can be greater than the simple addition of each content.

Any content of ideological and political education in colleges and universities should not be a single level, but a multi-level structure with different depths. Due to differences in age characteristics and ideological and moral development levels, college students at different stages can accept different levels of ideological and political education in the breadth, depth, and intensity. In the ideological and political education of colleges and universities, high, middle and low grade students with different physical and mental development characteristics have different requirements and choices for content, and their ability to accept the same content, and their ideological understanding is also a step-by-step process from low to high levels. process. Therefore, in the setting of the content, it is necessary to fully consider the stages of the physical and mental development of college students and follow the law of ideological and moral development. There are both basic requirements for ordinary students and high-level requirements for advanced elements; there are also requirements for lower-grade students. Requirements, there are also requirements for senior students. When implementing the content of ideological and political education, it is divided into levels, focused, and gradual, and fully mobilizes the enthusiasm of all parts of students, so that students at all levels can make progress.

### **3. Construction of the Content System of Ideological and Political Education in Colleges and Universities**

Ideological education in colleges and universities is the core content of ideological and political education for college students in our country at this stage. We should carefully look at and accurately grasp the true connotation of ideological education in colleges and universities, and accurately grasp the key points of ideological education for college students at this stage: Carry out “four subjects” education, that is, education of scientific knowledge, scientific thought, scientific spirit, and scientific method, Popularize scientific knowledge, advocate scientific methods, disseminate scientific ideas, and promote scientific spirit. The four are an interconnected whole, in which scientific knowledge is the foundation, scientific thought and scientific spirit are the soul, and

scientific method is the basic way to realize scientific thought and promote scientific spirit. Strengthen the education of the “Four Beliefs” (belief, belief, confidence, and trust). The ideological education of college students must focus on the four major issues of belief in Marxism, belief in socialism, confidence in reform and opening up and modernization, and trust in the leadership of the party. There are differences and connections between the four, which is a dialectical unity. At present, my country’s reform and opening up and the socialist modernization drive are in the stage of tackling tough problems, and the world socialist movement is at a low ebb. In particular, it is necessary to highlight the “Four Beliefs” education to guide college students to correctly understand the historical process of socialist development, so as to strengthen their ideals and beliefs and strengthen their progress confidence. Carrying out the “Four Haves” civic education means “having ideals, morals, culture, and discipline.” They are united with each other and have clear levels of each other. From the point of view of its unity, it is a comprehensive reflection of people’s comprehensive quality education, including both ideological and moral quality education and scientific and cultural quality education; from the perspective of its level, it highlights the importance of ideological and political education as well as the importance of “having ideals”. To “have ideals” for college students is to establish the lofty ideal of communism and the common ideal of building socialism with Chinese characteristics.

Political education in colleges and universities is to educate students on patriotism, socialism, and the party’s line, principles, and policies, so that students can establish a political direction for the development of socialism with Chinese characteristics. It is “helping the educated to establish correct politics.” Direction, political stance, political views, political beliefs and political attitudes are essentially education that cultivates political beliefs.” After the reform and opening up, Deng Xiaoping pointed out that “schools should always put firm and correct political directions first.” He emphasized Putting the political direction in the first place is actually putting the political goals in ideological and political education first in the goals of ideological and political education, as the first goal. In the early stage of reform and opening up, in order to resist the encroachment of bourgeois liberalization on our country’s ideology and politics, the party and the state took the four basic principles as the basis of the party’s basic policies and regarded them as reform and opening up, social stability and unity, and the four modernizations. The foundation for the revitalization of China. With the continuous deepening of reform and opening up and socialist modernization, political education in colleges and universities has also added national conditions education, party’s basic line education, and class struggle education to the original content. For example, the 13th National Congress of the Communist Party of China formulated the basic line of the party’s ideological and political education. In the party’s basic line education, the education of insisting on reform and opening up and adhering to the four basic principles of the “two basic points” is the key content.

#### **4. Conclusion**

This article enriches and expands the content system of ideological and political education under the background of the new era, further defines the basic elements and specific components of the ideological and political content system, analyzes the content and realization methods of ideological and political education in domestic and foreign universities, and clarifies the ideological and political education The content system structure relationship lays the theoretical premise for the optimization and innovation of the content system of ideological and political education. Finally, the basic structure of the content system of ideological and political education in colleges and universities is constructed, which includes: ideological education, political education, moral education, psychological education, legal education and ability education, and the content system of

ideological and political education in colleges and universities is an organic whole, and they influence each other. Contact each other, and jointly serve the ideological and political education of college students.

## References

- [1] Meng Hui. *The content system construction of humanistic care in ideological and political education*. *Times Education*, 2014(3):90-90.
- [2] Liu Yan. *The content system construction of humanistic care in ideological and political education*. *Chi Zi*, 2014, 000(006):103-103.
- [3] Xing Menghua, Li Jun. *The content system construction of humanistic care in ideological and political education*. *Urban Family Education: First Half Month*, 2016(3):153-153.
- [4] Xiang Lihong, Li Hanchun. *The content system construction of humanistic care in ideological and political education*. *Scientific Research*, 2016(10):00168-00169.
- [5] Yang Anni. *Construction of Humanistic Care System in Ideological and Political Education*. *Journal of Xiangfan Vocational and Technical College*, 2007.