

On the Integration of Ideological and Political Education into College English Teaching

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Keywords: College English, Ideological and political education of curriculum, Traditional culture, Thinking ability

Abstract: With the advent of the Internet information age, people's work and life are more convenient, but the complex information has also caused some negative effects on values. College students are in the period of stereotyped outlook on life and values. In order to achieve all-round education, college English, as a basic compulsory course, should also play the role of classroom education channel, not only impart knowledge and skills, but also cultivate morality and cultivate students' good moral quality. This paper analyzes the problems existing in the current college English teaching and the importance of the ideological and political ideas of the curriculum, and on this basis, explores and discusses the ways to implement the ideological and political ideas of college English curriculum from the aspects of teachers' teaching ideas, school curriculum system, classroom teaching mode, etc.

1. Introduction

In recent years, the popularity of mobile Internet and the wide application of information technology not only promote economic development and social progress, but also infiltrate and integrate into all aspects of people's life, changing people's life and way of thinking. As one of the most active groups in the Internet world, college students rely on the Internet for information acquisition and communication [1-2]. A large number of low-level information inevitably erodes their thoughts and affects their world outlook, outlook on life and values. In this context, College English as a compulsory general course, how to integrate the ideological and political education into the course in the process of teaching reform, cultivate students' international vision, improve students' foreign language application skills, at the same time, achieve value guidance, establish morality and cultivate people, and cultivate reliable high-tech talents for the construction of the motherland has become a major topic worthy of exploration.

2. Problems in College English Teaching

College English, as a compulsory public basic course for college students, aims to cultivate their comprehensive quality and enhance their ability of sustainable career development. Therefore, English application ability, comprehensive cultural literacy, cross-cultural communication

awareness and learning ability should be the focus of College English teaching. However, in the process of curriculum setting and teaching implementation, due to the influence and restriction of social environment, students' quality and other conditions, there are still some common problems, which affect the achievement of teaching effect

From the perspective of curriculum, talent training programs in Colleges and universities are more and more focused on skills training and employment orientation. The time of professional practice and practice is longer. At the same time, the teaching hours of theoretical courses are shorter. The teaching hours of public basic courses, especially English, are greatly reduced to just one to two semesters. Because the teaching hours are very limited, English teachers often can only choose more practical teaching content, focusing on skills and ignoring culture. They hope to use valuable classroom time to teach more language knowledge and cultivate students' listening, speaking, reading and writing skills, while ignoring the understanding of cultural background and ideological guidance to students.

In the actual teaching process, on the one hand, with the pace of enrollment expansion in Colleges and universities, the quality of students has become worse, and the English foundation of students has also decreased a lot, showing the characteristics of low level but obvious polarization. Students themselves often lack good English learning habits, and some even have fear or resistance to learning. On the other hand, most college English teachers are English majors. In order to make students master authentic expression and avoid the negative transfer of mother tongue culture, they will advocate taking British and American culture as the center and adopting original texts to encourage students to appreciate western literature and films. Over time, students will inevitably be influenced by the negative outlook on life and values such as money first and individualism in western culture, but they will gradually become unfamiliar with their mother tongue culture, especially traditional culture, and even show “aphasia of Chinese culture”, unable to express Chinese unique culture and thoughts in English

3. The Importance of Integrating Ideological and Political Education into English Teaching

(1) It is helpful to promote English teaching

Contrastive learning is a very important learning method. For Chinese college students, English cognition is based on their mother tongue. Although English and Chinese belong to different language families, they also have their similarities at different levels. Many Chinese sayings and maxims have similar expressions in English. Through the comparison of Chinese and Western languages, students can more deeply understand and grasp the language structure, meaning and hidden cultural characteristics. In addition, a variety of studies have shown that the current college English classroom students' interest is not strong, in addition to their own basic level is limited, largely due to the limitations of teaching content, whether it is British and American literature or western culture, for most students, it is only the carrier of language acquisition, not closely related to their life. In this case, it is difficult for students to bring up interest. If English teaching content is combined with ideological and political courses, such as ideological and moral cultivation and legal basis or situation and policy, it can not only cultivate students' thinking ability, but also make English courses closer to students, so as to greatly improve students' interest in learning and alleviate students' learning anxiety [3].

(2) It is conducive to promoting “three complete education”

For a long time, the main body of education is often limited to the student managers and ideological and political teachers. In fact, all teachers have the responsibility of educating people, and the classroom of other courses can also be the auxiliary and supplement of educating people, playing the dual role of knowledge and skills inheritance and value guidance, so as to achieve the

educational effect of moistening things silently. As a language, English is not only a tool for communication between China and the west, but also has “humanity”, carrying a lot of western culture and playing the role of cultural exchange and dissemination. For the young students who lack the ability of identification and judgment, if there is no proper guidance and education, all kinds of information carried by English on the Internet will inevitably affect the students' thinking and values. Therefore, it is not only necessary to integrate ideological and political content into English classroom, but also can become an important link to improve the “three all education” (all staff, the whole process and all-round education) [4-6].

(3) It is conducive to the long-term development of students

For college students, professional application skills are important, but in the long run, good moral cultivation and professionalism are more valuable. College English is a compulsory course for the public foundation, which is usually arranged in the first and second semester. Whether from the teaching time or the audience, it is very conducive to the use of classroom to carry out Recessive Ideological and political education [7-8]. At the beginning of Freshmen's entering the University, it is the stage to lay the foundation for their future college life and employment. If English teachers can use various teaching methods and strategies to integrate ideological and political content while teaching English skills, they can cultivate students' quality of love and dedication, meticulous craftsmanship spirit, national self-confidence and patriotism, It can provide stamina and support for students' future career, and also serve for students' long-term development.

4. Ways of Integrating Ideological and Political Education into English Teaching

(1) Change teaching idea

For a long time, the focus of English teaching has been on language teaching. Whether it is the earliest grammar translation teaching method or the later communicative teaching method or task-based teaching method, it focuses on the acquisition of language and the cultivation of language skills, while the cultural function of language is ignored. To realize the ideological and political education of College English course, we need to change our ideas. On the one hand, we should let teachers know and realize that as a subject of Teaching Western language and culture, it plays an important role in preventing students from over westernization, improving students' cultural consciousness and self-confidence, and cultivating patriotism. The addition of Ideological and political elements will not dilute the professionalism and knowledge of English classroom, but can increase the ideological and cultural connotation of English classroom and play an auxiliary role in teaching. On the other hand, teachers must pay more attention to the cultivation of good Chinese culture, the improvement of Ideological and political literacy, be familiar with the content of Ideological and political education, and understand current affairs and policies at home and abroad. Only in this way can they integrate the knowledge and skills training of English subject with ideological and political theory, and understand the “what”, what to teach “and” how to teach “of Ideological and political course

(2) Practice of optimizing curriculum system

The ideological and political theory of College English course should not be applied mechanically, but put into English class. It is to integrate the two organically, and adjust and optimize the curriculum standards, curriculum content and other aspects. In short, the overall design of the curriculum system must be scientific, stable and effective, and on this basis, appropriate fine-tuning should be carried out according to different departments and majors to make teaching more targeted. In addition, we should optimize the teaching evaluation system, increase the proportion of process assessment and subjective assessment, so as to achieve the effect of promoting learning by evaluation.

(3) Change the teaching mode

In order to make students easy to accept, the ideological and political education of practical English course should be recessive and imperceptibly achieve the educational effect. It is more necessary to change the previous teacher's "one talk" teaching mode, truly build a student-centered classroom, make full use of various activities to give full play to the main role of students, so that students can get cultural influence in exploration, discussion, political education, and ideological and behavioral improvement. In the era of network information, the time and space of teaching extend beyond the classroom. Therefore, teachers should make full use of various methods, including information technology and social media, to actively carry out "second classroom". For example, organizing English speech contest with the theme of youth and dream, sharing Chinese culture English speaking MOOCs in wechat learning group, wechat class, launching English translation of traditional poetry recitation competition, etc.

Curriculum ideological and political education is a massive "ideological revolution", which requires a lot of human, material and financial resources to ensure the normal operation of the work. Therefore, local education departments and colleges and universities should actively strengthen policy coordination, co-ordinate the local financial funds for higher education and the central support funds for the reform and development of local colleges and universities, and increase the investment in promoting the construction of curriculum ideological and political system in Colleges and universities. For example, under the unified leadership of the Party committee, colleges and universities can use the special funds for ideological and political work to build the propaganda team of party affairs; Through the establishment of special funds for the construction of campus culture, it can be used for the construction of campus cultural facilities; We can set up a special fund for cultivating advanced people to encourage and commend the outstanding teachers and students and individuals in the ideological and political construction of the curriculum. In the new era, all kinds of courses and ideological and political theory courses should enhance the effect of collaborative education, and highlight the key role of Ideological and political education in implementing the fundamental task of moral education. While deepening the moral, intellectual, physical, aesthetic and labor education work, we should examine the ideological and political education of curriculum from the perspective of the great ideological and political curriculum, and comprehensively and dialectically analyze the connotation of the ideological and political education of curriculum with the purpose of problem awareness and goal orientation. We should constantly improve the hidden education, the unity of knowledge and practice, the level of teachers and the guarantee of supply, explore the long-term mechanism of the ideological and political construction of the curriculum, and improve the quality of the ideological and political construction of the curriculum in the teaching reform of colleges and universities.

5. Conclusion

"Teachers, so preach, teach and dispel doubts.". More important than imparting knowledge and dispelling doubts is preaching. College English teachers should teach students by words and deeds, and cultivate students' good personality, moral quality, national confidence and patriotism through education and guidance inside and outside the English classroom. Only when teachers change their ideas, optimize the curriculum system, and deeply change the teaching mode, can they truly implement the ideological and political education of the curriculum, achieve the effect of educating people with culture and cooperation, and truly achieve the fundamental purpose of education.

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