

# *On the Integration of National Singing and Bel Canto in Vocal Music Teaching in Normal Universities*

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**Abstract:** national vocal music has a strong national characteristics, at the same time absorb and learn from other excellent vocal music art elements into a new form of vocal music. Vocal music teaching in normal universities should be diversified, not formulaic, conceptualized and patterned. We should establish a professional vocal music teaching system as soon as possible, and perfect the national vocal music teaching in normal colleges and universities by using bel canto as reference. Under the influence of bel canto, it effectively improves the effectiveness of national vocal music teaching and promotes the integration and development of the two art forms.

## **1. Introduction**

In the process of vocal music teaching in normal colleges and universities, the goal should be to inherit the national vocal music. By drawing lessons from the Western vocal music art, the national vocal music can develop toward a scientific and international direction, and finally make the national vocal music become an art form favored by the general public. Based on this, it is of great significance to analyze the reference of bel canto to the teaching of national vocal music in normal universities.

## **2. Develop the Theoretical Basis of Ethnic Vocal Music Teaching in Colleges and Universities**

Strengthening the construction of traditional national vocal music theory is the foundation of national vocal music teaching in colleges and universities. The theoretical basis of Chinese national vocal music teaching is a theoretical system constructed on the basis of the development of Chinese traditional music culture, on the background of Chinese traditional philosophy and philosophy, and with the supporting points of Chinese vocal music's ideology, language characteristics, interest in reviewing customs and styles and schools. This work is often accompanied by special ways of thinking, special cultural tradition, special psychological structure and special linguistic features. The traditional vocal music theory in China is the result of historical development and accumulation, which has an objectivity that does not depend on human's will, namely the inherent inheritance of cultural development, no matter from its own characteristics or the value and significance of existence. On the basis of conforming to the development characteristics of modern culture, it is necessary for us to construct the teaching theory of national vocal music in a realistic sense, so that

it can not only endue this cultural tradition with new styles and structural characteristics, but also enter into the psychological structure of modern culture.

Protecting the national cultural genes of national vocal music is an important measure to form a good ecological environment of national vocal music culture. National culture is the most important factor for the growth of Chinese national vocal music. The diversity and richness of the vocal music art of the Chinese nation are the distinct characteristics of the vocal music art of China, and maintaining such characteristics is the foundation of the development of the vocal music of the Chinese nation, which is also the primary problem of the diversified development of the vocal music of the Chinese nation. In view of the current situation of national vocal music teaching, college teachers should first set up the correct concept of national vocal music examination and recognize the necessity of diversified development of national vocal music teaching. Only in this way can the teaching of national vocal music be further inherited and developed. The key to the teaching of national vocal music should be the ethnic culture education from the perspective of multi-culture, which is based on the foundation of art and teaches students according to their aptitude. In the actual teaching, students from different ethnic regions should fully respect the different characteristics of national vocal music, on this basis to give sound and technical practice will achieve our goal of multiple teaching.

### **3. Analysis of the Differences between Bel Canto and National Vocal Music**

#### **3.1 Analysis of Cultural Differences between Bel Canto and National Vocal Music**

As for bel canto, it is mainly originated from Italian opera, and it is a very unique form of artistic expression from the perspective of singing style. Its singing method was greatly influenced by Christian music and Greek culture, which made bel canto show diversified characteristics. In addition, the modern bel canto also incorporated the way of performance of musical drama, taking singing as the main form of artistic expression. But such singing method limits the singer's emotional expression to a certain extent. From the analysis of China's national vocal music, its art form is mainly originated from the people ask. The way of singing is a kind of emotional expression of People's Daily life. With the development of The Times, people's aesthetic and emotional changes have taken place, and the singing style and content of national vocal music have been further improved. At the same time, China has a vast territory and abundant resources, with 56 nationalities, each of which has its own characteristic vocal music art. Therefore, China's folk music has very rich characteristics in terms of content or form of expression. In the background of cultural differences, bel canto and national vocal music have formed a complementary relationship. The introduction of bel canto into the teaching system of national vocal music can effectively make up for the lack of teaching theory.

#### **3.2 The Difference between Bel Canto and the Use of National Vocal Breath**

Singing needs to rationalize the use of breath to ensure the stability of pronunciation. Therefore, both art forms pay great attention to the use of breath, but there is a certain difference between them

The difference between. When using breath, bel canto mainly pays attention to the continuity of breath. When singing bel canto, deep breathing should be carried out to make it the driving force for the transformation of true and false sounds. In the application of breath, the national vocal music is mainly in the way of “sinking the air into the fields”. To put it simply, when national vocal music is sung, it mainly relies on abdominal breath adjustment to carry on breathing. This way of breathing is more expressive of the singer's emotions. In modern national vocal music, some techniques of bel canto singing are used for reference, which makes the whole singing more joyful. For example: in

the teaching of “Flute”, we can learn from the bel canto singing technique of coloratura expression. Different styles of singing can be shown through breath adjustment.

### **3.3 The Difference between Bel Canto and the Vocalization of National Vocal Music**

There is a great difference between bel canto and national vocal music. Bel canto singing is mainly performed by mixing true and false sounds, while the vocalization of national vocal music mainly relies on breath adjustment, so it is very difficult to realize the mixed singing of true and false sounds. In the singing process, bel canto can freely switch between true and false sounds and sing in the way of mixed sounds, so as to make the whole singing work more coherent and make the audience hard to tell the true from the false when they appreciate it. Therefore, national vocal music can learn from the bel canto technique of true and false conversion, and maximize the maintenance of national language and characteristics.

### **3.4 The Difference between Bel Canto and the Resonance of National Vocal Cords**

If the combination of true and false resonance can be used in vocal singing, the sound will be more colorful and enhance the sounding of the voice. Bel canto mainly uses the nasopharyngeal cavity and pharyngeal resonance in vocal chord resonance, while the high pitch can be transferred to the head cavity, mouth and chest for resonance. Through such a transformation, the voice developed during singing can be more obvious, natural and pleasant to listen to. The oral resonance is usually used in the singing of national vocal music. The tone color shown by such a resonance mode is relatively concentrated, and the resonance position of the head cavity is mainly concentrated in the forward position.

## **4. The Integration of National Singing Method and Bel Canto in Vocal Music Teaching in Normal Universities**

### **4.1 Drawing on the Scientific Vocalization Training Mode of Bel Canto**

Bel canto has formed a set of mature training mode after more than one hundred years of development. Especially in the process of bel canto training, the scientific theory of vocalization and the training mode have become the basic theories highly praised in the current field of vocal music training. Bel canto has a very gorgeous timbre, which can enhance the appeal in the singing process, and its wide vocal range can also show the tension during singing. Although the development of China's national vocal music has a longer history, but some singing skills are mainly carried out in the way of “oral teaching”. To some extent, such a training model lacks the integrity and support of modern scientific theories. The analysis is made from the traditional breathing mode of Chinese national vocal music, which is mainly extended by singing, and the timbre is relatively high and bright due to the deep focus in singing. By using bel canto for reference, students in normal universities can have many parts in singing national vocal music and change the traditional pronunciation methods of national vocal music. Make more use of the nasal cavity and laryngeal position of the voice to the resonance of multiple vocal organs. Through this way of pronunciation, the national music can be sung with more levels, and a more full voice to express the emotion of the song. When using bel canto for reference, we can keep the crisp features of traditional national vocal music, so that the aesthetic displayed is more in line with the aesthetic habits of the public in China. During the teaching, students can appreciate the works of yan Weiwen, a famous Chinese singer, and feel the effect of bel canto and national vocal music. Through more scientific vocalization training mode, students in normal universities can freely unify the two forms

of artistic expression.

#### **4.2 To Improve the Appeal of National Vocal Music by Drawing Lessons from Bel Canto Resonance in the Timbre Area**

Bel canto has had a great influence on the development of vocal music in China since it was introduced into China. In this process, the traditional national vocal music constantly refers to the essence of bel canto, so that the national vocal music has been constantly improved, so that the national vocal music more in line with the contemporary public aesthetic. At the same time, bel canto also breaks the lack of systematic and complete vocal music theory, and begins to pay attention to the construction of the standardized theoretical system for the teaching of national vocal music. By standardizing the theoretical system, the teaching level of national vocal music in normal schools will develop faster. The students make the national vocal music more appealing and expressive after integrating bel canto. Therefore, the national vocal music is more complex, different regions and nationalities have their own distinctive singing styles. For example, the folk music of Jiangnan region is relatively fresh and graceful, while the folk music of northern region shows the bold and bold characteristics, while the folk music of western region shows the characteristics of plateau with the characteristics of chuang liang. Through bel canto in the middle resonance way, can be better

To expand the expression of national vocal music.

#### **4.3 Drawing Lessons from Bel Canto to Make Folk Music More in Line with Contemporary Aesthetic Habits**

After the training of bel canto vocalization and tone area resonance among the students in normal universities, the students' choice of national vocal music themes has been effectively expanded. Therefore, although many classic national vocal music works are highly dynamic, they are analyzed by modern aesthetics. To some extent, their works are not processed with enough delicacy of sound, and their range of vocal range is also relatively flat. Therefore, the bel canto singing method can be used for improvement, which can effectively improve the expression of national music, more in line with contemporary aesthetic habits, and promote the development of China's national vocal music. For example, in recent years, works such as Good Day and Mother have emerged, which are all excellent national vocal works combined with bel canto, and they are deeply loved by the public. It can be said that the national vocal music works after using bel canto for reference are the best way for the inheritance of China's national vocal music, which can provide a strong driving force for the development of China's national vocal music. In addition, using bel canto for reference can further enhance the artistic value of China's traditional national vocal music. It is worth mentioning here that bel canto should be used for reference in the teaching of national vocal music in normal colleges and universities in order to adhere to the principle of our traditional cultural characteristics.

### **5. Conclusion**

In short, the main purpose of both the reference of bel canto and the inheritance of national vocal music is to promote the sustainable development of China's traditional national vocal music. Therefore, it is necessary to find a set of systematic and scientific teaching mode of national vocal music to meet the current demand of teaching national vocal music in higher normal schools. By strengthening the education of national vocal music in normal colleges and universities. It can construct the standard, complete and national vocal music education with national characteristics. It not only promotes the development of national vocal music, but also benefits the inheritance of

traditional national vocal music, enabling China's national vocal music art to step on the world stage.

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