

# *Research on the Design of Reading Teaching Activities for English Majors Guided by the Theory of Multiple Intelligences*

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**Abstract:** Gardner's theory of multiple intelligences has brought many enlightenments to the curriculum reform of English majors in my country. The application of multiple intelligences theory in English majors' reading teaching activities can help students find suitable learning methods and improve students' English reading ability. This article will explore the theory of multiple intelligences and analyze the specific application of the theory of multiple intelligences in reading teaching for English majors.

## **1. Introduction**

The high-quality development of English reading teaching requires teachers to fully pay attention to the individual differences and individual learning needs of students, and carry out targeted education and training activities based on the students' actual learning foundation and acceptability. The theory of multiple intelligences meets the actual needs of reading teaching for English majors. Therefore, this article will discuss the practical application of the theory of multiple intelligences in reading teaching activities for college English majors, hoping to provide a certain reference for promoting the reform of reading teaching for college English majors.

## **2. A Basic Overview of the Theory of Multiple Intelligences**

### **2.1 The Concept of Multiple Intelligence Theory**

Gardner proposed the theory of multiple intelligences in the 20th century. The theory of multiple intelligences explores the limitations of traditional teaching on the theory of intelligence. Intelligence in the traditional sense refers to the ability to solve practical problems and the ability to create that people manifest in real life. Gardner does not approve of intelligence in the traditional sense. He believes that human intelligence is very rich in connotation, not just a single verbal and logical view of intelligence. Gardner divides human intelligence into seven categories, namely verbal intelligence, mathematical logic intelligence, musical intelligence, spatial intelligence, body movement intelligence, interpersonal communication intelligence, and self-cognition intelligence. Gardner believes that the school should be the agent of the student's curriculum. He advocates that students, teachers, and experts participate in curriculum design and common discovery and

application of intelligence.

## **2.2 The Core Concept of Multiple Intelligence Theory**

The core of the theory of multiple intelligences is that it focuses on the manifestation of the different abilities of each individual in solving practical difficulties. That is to say, each person has different intelligence, there are good parts, but also weak points. Each person's intelligence structure is unique and has obvious differences. To apply the theory of multiple intelligences to the reading teaching activities of English majors, it is necessary to fully consider and analyze the various differences in students, select teaching materials reasonably and carry out scientific teaching activity design to ensure the interest of teaching. The application of multiple intelligence theory teaching mode can effectively guide students to actively pay attention to learning content, mobilize and stimulate students' interest in learning, enable students to obtain further development on the existing level and foundation, and optimize the effect of English reading teaching.

## **3. Explore the Feasibility of Applying the Theory of Multiple Intelligences to the Design of Reading Teaching Activities for English Majors**

### **3.1 Contribute to the Good Development of Students' Multiple Intelligences**

The implementation of the new curriculum reform has brought about considerable changes in the education and training of English majors in my country. The original teaching concept has been broken through and updated, the teaching methods of English majors have become more abundant and diverse, and the training of English majors has paid more and more attention to the learning process of students and the development of students' comprehensive abilities. The application of multiple intelligences theory in English major reading teaching can not only promote the improvement of students' English reading ability, but also cultivate students' thinking ability, logical ability, language ability, creativity and other abilities. The multi-intelligence teaching model mobilizes students' interest in reading and promotes the development of students' comprehensive quality. The theory of multiple intelligences fully takes into account the individual differences of students' learning, can help students formulate a development direction that suits their actual conditions and interests, and help students to move toward the future more confidently and positively.

### **3.2 Promoting the High-Quality Development of Reading Teaching for English Majors**

The education and training of English majors still needs further reforms and innovations. This is the realistic requirement of the development of the times and also the realistic requirement of the comprehensive development of students. The theory of multiple intelligences pays attention to the individual differences of students and the development of students' various abilities. The theory of multiple intelligences is an important driving force for the reform and innovation of English majors, and it can break through the limitations of traditional teaching concepts and teaching models. The application of multiple intelligence theory has greatly improved and transformed the actual situation of English majors' reading courses, greatly mobilized students' interest in English reading, and promoted the improvement of the teaching effect of English majors' reading activities.

## **4. Explore the Design and Application of Multiple Intelligences Theory in the Teaching of Reading for English Majors**

#### **4.1 The Application of Multiple Intelligences Theory and the Principles to Be Followed in the Teaching of English Majors**

First, the systemic principle. The application of the theory of multiple intelligences to the teaching of English majors requires teachers to first conduct a comprehensive test of the students' intelligence level and master the students' English expression ability. Only by fully understanding students can the theory of multiple intelligences be combined with English reading teaching. After that, teachers should use the theory of multiple intelligences to carry out teaching activities and pay attention to observing, recording and analyzing students' classroom performance. Second, the principle of authenticity. Teachers should construct a real language environment when carrying out English major reading teaching, and let students practice English reading in the real language environment. Doing so can effectively strengthen students' understanding of text content and help students experience text emotions. Third, the principle of linguistic intelligence first. The priority of language intelligence refers to the importance of improving students' language intelligence as the first priority in reading teaching, taking into account the development of other intelligences of students. English is a language, and the most fundamental purpose of English reading teaching is to cultivate students' ability to master English and be able to communicate in English.

#### **4.2 English Reading Activity Design**

First, language intelligence activities. The language intelligence activities are designed in the English major reading class to effectively cultivate students' English speaking and writing skills. Teachers should take language intelligence activities as an important part of the design of reading activities. Teachers often arrange some typical language activities in English reading activities. Through practice, students can read through the full text in combination with the vocabulary they have learned, grasp the main idea of the text, and accumulate relevant vocabulary and grammar points. So as to consolidate the students' English professional knowledge and promote the improvement of students' speech ability. Second, logic and mathematics intelligence activities. English teachers should actively design logic and mathematics activities so as to effectively cultivate students' reading logic and reasoning abilities. Typical activities include sentence ordering, topic discussion, text analysis, and so on. Teachers should ask questions around English reading materials and students' actual life, and set up complete logical thinking and intelligence training activities for students to avoid making students feel obscure, boring, and boring. Teachers should create a life-oriented teaching situation, starting from the actual life of students, rationally selecting materials and resources for reading teaching, narrowing the distance between the classroom and students, and building a harmonious, close and vivid teaching atmosphere.

#### **5. Conclusion**

The application of the theory of multiple intelligences in the design of reading teaching activities for English majors can give full play to the main role of students, enhance students' interest and enthusiasm for reading activities, and promote the development of students' language ability, logical ability and other abilities. Relevant teachers should strengthen the study of the theory of multiple intelligences and apply them flexibly to English reading teaching, so as to effectively improve the overall effect and overall quality of English reading teaching, promote the development of professional knowledge and abilities of English majors, and promote the comprehensive quality of students. Improve and cultivate professional talents with comprehensive development of morality, intelligence, physical beauty.

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