

The Path of Cultivating Ecological Civilization Thought of College Students

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Abstract: College students are an important group among young people and can become the fresh force in the process of ecological civilization in the future. Strengthening the cultivation of the ecological civilization thought of college students and promoting the ecological civilization thought of college students are the requirements of the development of the times. Through the analysis of the present situation of the thought of ecological civilization of contemporary college students, we can innovate the educational path of ecological civilization, further promote the thought of ecological civilization of college students, and make college students become the main disseminator of ecological civilization thought and the practitioner of ecological civilization construction.

1. Introduction

The construction of ecological civilization is related to the whole world, and the improvement of ecological environment has become a global consensus. The development of higher education is faced with new requirements under the background of ecological civilization, and the cultivation of college students' ecological civilization thought has become an important choice in educational reform. It is the demand of the development of the times to educate the contemporary college students about ecological civilization. As the elite group of young people and the talents of the future, college students shoulder the important task of protecting the ecological environment and realizing the sustainable development.

2. The Current Situation of College Students' Integration into the Construction of Ecological Civilization

2.1. Current Situation of Ecological Civilization in College Students

Most college students show that they consciously integrate into the journey of ecological civilization construction, identify with the theory of human and natural community, and consciously achieve respect for nature, love nature, fear nature. They resolutely criticized the past blindly

conquer nature, overcome the wrong idea of nature. A considerable number of college students are willing to contribute to the cause of human coexistence with the earth.

2.2. Current Status of Ecological Behavior of College Students

The daily environmental protection habits of college students are increasing day by day. According to the survey, the proportion of college students who do well in turning off the faucet at any time is more than 85%, caring for flowers and plants, and doing well in not trampling on the lawn is more than 70% [1]. In reducing the use of plastic bags in shopping, the behavior habits of female college students are better than that of male college students; in refusing to use disposable chopsticks, male college students are better than female college students, but all need to be improved, and the daily life of college students still has a great room for improvement in the use of energy-saving products. In the aspect of social ecological activities, the participation of environmental protection activities through the form of visits is more, but the frequency of participation as environmental protection volunteers is not much.

2.3. Characteristics of College Students Contribute to the Promotion of the Spread of Ecological Civilization Ideas

Contemporary college students have incomparable characteristics, they have strong learning ability, strong ability to accept new things, strong ability to understand; rich inner feelings, enthusiasm for doing things, strong plasticity of values, these characteristics are conducive to the dissemination of ecological civilization ideas, and college students have a strong dependence on the network, can use new media under the correct guidance and guidance to propagate the correct ideas. But at present, due to the limitation of internal and external environment, the role of college students in spreading ecological civilization thought is not obvious, and the characteristics and abilities of college students are not fully demonstrated.

3. The Problems and Causes

3.1. College Students Have a Strong Sense of Ecological Civilization and Weak Mobility

At present, it is urgent for college students to cultivate good habits and form conscious behavior in practicing ecological civilization. In terms of saving resources, college students are generally able to correctly distinguish between dry, wet garbage and harmful garbage, and know how to put in recyclable and non-recyclable garbage. But some college students live lazy phenomenon is serious, for the use of waste batteries such as hazardous waste lazy in the battery recycling bin alone, but with other garbage into the bag and throw it. In low-carbon travel, college students choose buses to travel the vast majority, choose to share bicycles and walk less, take taxis and Didi Taxi more, indicating that some college students have lazy mood, only map fast and convenient, green travel awareness is weak, need to be further improved. As for green consumption, college students' awareness of green consumption is not high, and college students account for a high proportion in the current take-out consumer group, which becomes the main take-out consumer [2]. College students order take-out need disposable tableware become a habit, after the use of express delivery

box is also used to throw at hand, consumption process of environmental awareness is weak, poor consciousness.

The campus life of college students limits the scope of activities to a certain extent, so that they are limited in spreading the thought of ecological civilization, which leads them to drive and promote other groups to participate in the construction of ecological civilization.

3.2. College Students' Theory of Ecological Civilization Is Not Professional Enough

At present, there is insufficient supply in the education of ecological civilization in colleges and universities, and the curriculum of ecological civilization education is missing [3]. The idea of cultivating college students' ecological civilization accomplishment is not enough, the innovation in educational methods and methods is lacking, and the educational effect is insufficient. Some colleges and universities have not included the relevant courses of ecological civilization education in the talent training program, and some colleges and universities have only one or two courses in the relevant curriculum of ecological civilization education, and the number of courses is not enough. The limited scope and effect of education lead to the lack of students' professional knowledge, and the students' mastery of ecological civilization knowledge only stays on the surface of some environmental crises and environmental protection, and lacks the organic integration of deep ecological consciousness and values.

3.3. College Students Lack the Spirit of Struggle against Acts Contrary to the Idea of Ecological Civilization

College students encounter others to destroy the environment behavior is usually manifested as attitude inhibition, heart anger, but due to age, experience of self-assessment limited, dare not stop face to face, lack of fighting spirit. Some college students have the idea of stopping the violation of ecological civilization, but they are often confused with the appropriate and reasonable solution. There are also some college students because of improper methods of stopping, resulting in emotional agitation between the two sides is, quarrel, easy to cause psychological shadow or even form psychological obstacles, watering the enthusiasm of college students to continue to maintain the ecological environment, resulting in the face of the same situation when choosing to retreat from the bad cycle.

4. The Thought Path of Improving College Students' Ecological Civilization

4.1. Establishment or Increase of Courses Related to Ecological Civilization during the University Period

Higher education schools should include ecological civilization education in teaching reform. We can consider setting up or adding ecological civilization related courses in talent training programs, and set up compulsory courses and elective courses according to the actual situation of students of different majors. One is to strengthen the cultivation of the theory of ecological civilization of college students, theoretical knowledge is the basis, learning to understand is the premise of improving cognition. The second is to promote the concept of ecological responsibility of college

students, recognize ecological distress, and enhance students' sense of responsibility and responsibility. Third, enhance the concept of ecological legal system, enhance legal awareness, will use laws and regulations to solve problems and protect ecology.

4.2. Multi-channel Enhancement of College Students' Interest in Building Ecological Civilization

Strengthen the experience of ecological civilization emotion, stimulate the ecological subconscious of college students, encourage to do scientific research, cultivate the interest of exploring nature and exploring laws, and the study of the law of life of nature can help college students' moral practice. By means of academic seminars, debates, energy conservation and emission reduction knowledge competitions, and multimedia creation, we can achieve the effect of "moistening all things silently", realize the combination of recessive education and explicit education of ecological civilization thought, and realize the combination [4] instant education and gradual education. In addition, make good use of the characteristics of strong network dependence of college students, effectively cater to the network of ecological civilization education, guide college students to use the network platform to learn ecological civilization knowledge, watch film and television materials, and understand the global ecological situation. Leading college students to actively devote themselves to the construction of ecological civilization, to protect nature and protect the earth to play a theoretical advantage and professional expertise.

4.3. Social Practice Is an Important Way for College Students to Consolidate and Spread the Idea of Ecological Civilization

Social practice of college students is a favorable link to apply theory to practice. Social practice can consolidate the thought of ecological civilization of college students themselves, and can help college students to further spread the thought of ecological civilization. Specifically, one is to realize the organic unity of knowledge education and practical education. Carry out ecological environment protection practice activities, seize the time node, World Environment Day, Water Day, Meteorological Day and other anniversaries, so that college students pay more attention to, more willing to participate in ecological civilization construction activities. The second is to realize the integration of knowledge education and ability education. Use education propaganda, go deep into the mountains, go to rural schools, guarding their homes, to achieve learning. Constantly improve the vitality and richness of ecological civilization education of college students, make the thinking of ecological civilization internalize in the heart, guide the action of ecological values, and enthusiastically and actively spread the idea of ecological civilization. Third, expand the vision of college students and cultivate the mind of the world. Ecological civilization construction needs the [5] of international vision, colleges and universities play an important role in the carrier of international exchange, strengthen the display and exchange of achievements of ecological civilization construction, and promote the common development of the whole world.

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